



Thumbs Up Adventure Club Inc.
www.tuac.co.nz

"The Thumbs Up Adventure Club is a social and active group of people who enjoy living life to the fullest"

President:	David Verrall	027 203 5508	Committee:	
Treasurer:	Libby Lyver	021 137 1488	Alison Philcox	021 257 6741
Secretaries:)	Helene Harper	838 6742	Vonnie Hill	021 399 139
)	June Bell	817 3093	Gerry Smith	520 5795
New Membership:	Raywyn Brinsden	021 455 863	Mike Maran	846 5350
Newsletter	Alan Grigg	027 493 6850	Hillary Scott	021 258 4186
Website:			Peter Gerrard	0276 964 997
			Janice Calvert	0274 605 704
			Suzanne Caron	021 175 6994
			Ann Melrose	021 157 6005

Our account details: ASB Bank 12-3014-0118011-00 - For internet banking - state your name, cost and event you are paying for. Please deposit cheques directly into the Club's bank account and email Libby (libby.lyver@gmail.com) the same information.

CHECK WITH EVENT ORGANISER THAT PLACES ARE AVAILABLE BEFORE MAKING ANY PAYMENT

Non members may attend some club events. Members have priority and a surcharge will be applied. Contact the event organiser directly

If you have confirmed you wish to go to an event where the ticket is pre-paid by the organiser, please pay by the due date. The ticket is still your responsibility to pay. You can sell it or give it away
If you cannot attend on the day, please advise the organiser immediately as they may have other people wishing to attend

September – October 2015

POT LUCK DINNER & PARLOUR GAMES

160 Main Highway, Ellerslie
Saturday 29th August at 6.30pm

After dinner, those who want to can team up to play a modern version of an old parlour game. Lots of laughs guaranteed.

Bring: Food to share and own drinks. Please advise if you are bringing a main, salad, vegetable dish or dessert

Cost: Nil

Confirm by: 22nd August

Contact: Jackie Humphrey - 525 1164, 021 167 4253 or jackiehumphreynz@yahoo.com



SATURDAY MORNING WALK – ORAKEI BASIN

Saturday 12th September at 10am

Meet at 2/36 Ngapipi Road, Orakei at 10am for a walk around Orakei Basin - around Shore Road to Parnell. We will have lunch at La Cigale market then walk back along Tamaki Drive. Duration approx 3 hours

Bring: Jacket and walking shoes, money for market

Cost: Nil

Confirm by: Just arrive

Contact: Gerry – 09 520 5795



GRABONE - COROMANDEL ESCAPE

Abbey Court Motel, Coromandel
Saturday 5th to Sunday 6th September

Catch the 360 Discovery ferry at 8.45 am on the Saturday with your bike if you have one, or you can catch the free shuttle into Coromandel if not bringing a bike. Overnight at Abbey Court Motel (shared accommodation). Dinner out on Saturday at a local pub.

Sunday optional kayaking or explore Coromandel by bike or on foot. Return ferry 4.30 Sunday afternoon (2hr trip). Further details to follow once GrabOne voucher/ticket purchased

Cost: \$45.00 for the return ferry trip if you get the GrabOne special, otherwise full fare is \$90 return. Accommodation around \$46.50 per person.

Kayaking around \$35 each for 3 hrs (to be confirmed)

Pay by: GrabOne (by credit card when you buy the voucher if purchasing yourself – otherwise pay to Libby if bought for you). If you have your own GrabOne account, log into www.grabone.co.nz and search for 360 Discovery. Click on the \$45 figure and this will take you to the Buy page.

Accommodation and kayaking on arrival in Coromandel.

Contact: Libby Lyver - 021 137 1488 or libby.lyver@gmail.com

FULLY BOOKED

MOVIE WALK IN THE WOODS - OPTIONAL DINNER & DRINKS

Rialto Cinema Broadway Newmarket

Sunday 13th September at 5pm

Meet at the Rialto Food Court at 5pm. Movies start around 6pm. Can confirm the time closer to the day. In this new comedy adventure, celebrated travel writer, Bill Bryson, instead of retiring to enjoy his loving and beautiful wife and large and happy family, challenges himself to hike the Appalachian Trail - 2,200 miles of America's most unspoiled, spectacular and rugged countryside from Georgia to Maine, with one of his oldest friends.

Bring: Yourself and a friend if you like.

Cost: Movie around \$18.00 pay on the night. Dinner and drinks optional.

Confirm by: Thursday 10th September for movie and or dinner.

Contact: Raywyn - raywynbrinsden@gmail.com or 021 455 863



HOWICK LITTLE THEATRE – MARY'S WEDDING

1 Sir Lloyd Drive, Lloyd Elsmore Park, Pakuranga.

Saturday 19th September at 8pm

A thunderstorm creates a chance meeting between a young man and woman, both seeking shelter in the same barn in rural Canada. She's an English immigrant, he's a local about to do his duty in World War I. As their love story unfolds through honest, intimate storytelling, *Mary's Wedding* provides an elegant and theatrical look at life, love and war using a captivating dreamscape to weave past and present together.

Cost: \$28 (seniors with Gold Card \$24)

Book online at www.hlt.org.nz or ring Theatre ph.534 1406

Confirm by: Saturday 5th September

Contact: Janice Calvert - 027 460 5704 or jcalvert@slingshot.co.nz



CURLING

Paradise Ice Rink, 150 Lansford Crescent, Avondale

Sunday 6th, 13th, 20th or 27th September 5pm - 7pm

Dinner afterwards at Doolan Brothers, 570 Hillsborough Road, Lynfield

Please express your interest to me ASAP - we need a minimum of 8 people.

I will let you know when Paradise comes up with an available date

Bring: Wear warm clothing

Cost: \$25 for Curling – fees, equipment and instruction

Pay by: When date confirmed by Paradise

Contact: Hillary - 021 258 4186, 520 5844 or hillary.scott.54@gmail.com

CANCELLED

COAST TO COAST VIA BUS, WALK AND RAIL

Onehunga to Onehunga

Sunday 20th September at 10am

TUAC event to experience and utilise all forms of Auckland transport. Meet at 10am outside the main entrance at the Onehunga railway station bottom of Onehunga Mall. The rail station carpark has a P60 sign, so you may have to park nearby in the surrounding streets. From here we will walk across the road to catch the 10.10am No 334 bus to Newmarket. We will get off at Newmarket and walk to the city via some of the interesting side streets via Middleton/Basset Road to St Stephens Road and join up on the Tamaki Drive onto the Britomart Rail Station to return back to Onehunga on the new electric trains.

The trains depart on the half hour. We can stop for brunch at any of the multitude of cafes on route.

This trip is rated as easy and suitable for all and should take us up to 3½ hours to complete.

Bring: Walking shoes, water and snacks.

Cost: Cash or your Hop card for the bus and train fare

Contact: Mike Maran – 846 350, 0274 784 779 or mikemaran10@gmail.com



WUNDERRUMA JEWELLERY EXHIBITION

Auckland Art Gallery, Corner Wellesley and Kitchener Streets, CBD

Saturday 10th October

Wunderrūma: New Zealand Jewellery is curated by two of the country's most prominent jewellers, Karl Fritsch and Warwick Freeman, and displays the largest collection of contemporary New Zealand jewellery. The exhibition shows treasures the curators found in their exploration of adornment in Aotearoa New Zealand. It includes works from more than 75 contemporary artists, as well as Māori taonga (treasure) and Pacific and historical jewellery.

Meet at 10.30 outside front entrance. Optional lunch nearby afterwards

Bring: A friend if you like

Cost: Free

Confirm by: Wed 7th October

Contact: Libby Lyver - 021 137 1488 or libby.lyver@gmail.com

KOWHAI FESTIVAL - WARKWORTH

Saturday 17th October - Meet at 10am, Carpool

Meeting place advised closer to date

The Huge Day Out starts at 9am. Festivities and stalls are set amongst gorgeous scenery, with delicious food and wine, talented artists and musicians. www.kowhaifestival.co.nz to read more.

Cost: Entry by gold coin

Contact: David Verrall - 027 203 5508 or gundesenverrall@xtra.co.nz



MUSICAL - HAPPY DAYS

Glen Eden Playhouse Theatre, 15 Glendale Road, Glen Eden

Saturday 26th September 2015 at 8pm

Happy Days is a new musical based on the TV series featuring the unforgettable 'King of Cool' Arthur 'The Fonz' Fonzearelli

It includes 21 original songs by Oscar, Grammy and Golden Globe award winning Hall of Fame songwriter Paul Williams including the much loved Happy Days theme song from the TV show. *Happy Days* is guaranteed to get feet tapping, hearts warmed and is bound to rock the night away. We will have dinner at the nearby La Rosa Italian Restaurant at 6pm

Bring: Yourself, a friend and money for dinner

Cost: \$30 for seniors, \$35 for others

Pay by: 1st September 2015

Confirm by: 1st September 2015

Contact: Helene Harper - 021 921 068 or Heleneh47@xtra.co.nz



OREWA BEACH AND ESTUARY WALK & BBQ

Sunday 27th September - Meet at 1.30pm

Meet at Orewa Surf Club beach front parking area, off Hibiscus Coast Highway. Beach and Orewa River estuary walkway. Flat and easy to walk – can be extended for the keen and super fit. Followed by a BBQ at 11 Edgewater Place, Orewa

Bring: Walking shoes, warm clothing and snack/drink for approx 2 hour walk.

Food: If you are staying for the BBQ - BYO meat and drinks and a plate to share – salad/nibbles/dessert

Cost: No cost

Contact: David Verrall - 027 203 5508 or gundesenverrall@xtra.co.nz



TABLE TENNIS ROUND ROBIN - GIVE IT A GO

Auckland Table Tennis Association, 99a Gillies Avenue, Newmarket (Parking available)

Saturday 3rd October 3pm - 5pm

Meet at 2.30pm. Will play 5 games as single or doubles, depending on numbers

Dinner afterwards at Doolan Brothers, 414 Khyber Pass Road, Newmarket

Bring: Suitable shoes for table tennis

Cost: \$15

Pay by: 1st September 2015

Confirm by: 15th August 2015

Contact: Hillary - 021 258 4186, 520 5844 or hillary.scott.54@gmail.com



A NIGHT AT THE RACES

Alexander Park Raceway, Greenlane

Friday 9th October at 6pm

If you fancy a flutter on the horses, an exciting night at the Alexander Park Trotting Raceway awaits you.

Minimum bet is \$1 or whatever you're prepared to invest. If you don't want to bet then come along and soak up the atmosphere. If you don't know how to bet, then Mike or his friend Alan (not a TUAC) member will be happy to assist. You can pick and bet on a favourite or outsider.

All weather facilities are inside. There is a race each half hour, with 10 races on the night.

For those wanting a meal we can go up to the 1st floor Lyall Room Bistro Bar \$18.50 per person. Please let me know in advance so we can book a table.

Meet at 6pm inside the main entrance lobby at Alexander Park. There is plenty of parking around the raceway complex.

Cost: \$18.50 if you're having dinner (your money refunded if you can pick a winner or place bet). Pay direct to Alexander Park

Contact: Mike Maran – 846 350, 0274 784 779 or mikemaran10@gmail.com



ROTORUA ACTIVITIES WEEKEND

Rotorua, Whirinaki Forest & Lake Rotoiti

Saturday 24th October to Monday 26th October

3 day weekend of fun activities planned or choose your own to do.

SATURDAY – leave AKL at 8am. Afternoon - Skyline Adventure Pass \$139 which covers gondola, sky swing, 5 luge rides & zoom zipline or gondola & 3 luge rides \$45 or gondola assisted mountain biking half day \$55

Other options – Wingspan falcons, Zorb, Paradise Valley lions, Mamaku rail cruising, Redwoods forest walk, mud pools or anything else you choose.

Group dinner at the motel.

SUNDAY – 11 kms tramp in the virgin Whirinaki Forest with lunch along the way. Optional mountain bike trail instead of walk. Carpooling organised. Hot soak in the thermal pool back at the motel. Thai dinner in Rotorua.

MONDAY – Scenic Lake Rotoiti, Hot Thermal Pool and Glow-worm Cave Kayak Tour 3½ hour tour with 2 hrs in double sea kayaks. Enjoy a scenic sea-kayak tour past the cascading native bush including Pohutukawas. View classic kiwi holiday homes dotted amongst the cliffs and coves. Explore the quiet lake's edge with abundant birdlife before parting the bush to enter the glow worm cave. Relax in the natural thermal hot pools. Enjoy the myths and legends of the Maori people linked to Lake Rotoiti. \$120 (rate could reduce depending on numbers)

Further info: Staying at Alpin Motel, 16 Sala Street - 2 sharing a unit is \$70 per person per night (own room). 3 the rate comes down. All activities are optional.

Bring: Tramping gear, mountain bike (optional), togs & towel, wetsuit for kayaking (optional)

Costs: See above. Meals and food extra. Carpooling organised

Pay by: Accommodation to be paid by 1st October. Other costs on the day

Confirm by: Accommodation must be confirmed by 26th September

Contact: Ann Melrose - 021 157 6005 annmelrose@gmail.com or Libby Lyver - 021 137 1488 libby.lyver@gmail.com

ART AND HISTORY WALK

Cnr Hopetoun Street and Ponsonby Road
Saturday 31st October 10am - 11.30am



Arrive 10 mins prior - Explore Ponsonby and K Road areas with a guide - see website below. Easy walk

Optional lunch at a café after if anyone is interested. Café yet to be decided - I will check some out and let you know

Cost: \$15.00 book online at www.eventfinder.co.nz/2015/art-and-history-walk-explore-ponsonby
\$25.00 pay on the day

Confirm by 15th September 2015 if you want lunch so we can make a booking at a nice café

Contact: Ann - 021 157 6005, 636 5417 or annmelrose@gmail.com

AUCKLAND MARATHON, HALF MARATHON & 12KM RUN/WALK

Finish line at Victoria Park
Sunday 1st November 2015



The Auckland Marathon has several runs/walks to choose from and is a major Auckland event which has overseas entrants from various countries. All events except the 5km Run/Walk go over the Harbour Bridge.

I will be doing the 12km Walk which starts at Smales Farm and will be catching an event bus from Victoria Park at 8am. As everyone goes at their own pace we will organise a meeting place at Victoria Park at the end.

The Marathon and Half Marathon starts in Devonport. This event sells out quickly so you need to book early before entries close.

Cost: \$75 for the 12km Run/Walk which includes a tee shirt.
See Auckland Marathon web page for cost of other events

Pay by: Book on the website

Confirm by: Let me know by 15th October so I can organise meeting places etc

Contact: Helene Harper - 021 921 068 or Heleneh47@xtra.co.nz

RED BULL TROLLEY DERBY

Auckland Domain

Sunday 22nd November

The world famous Red Bull Trolley Grand Prix returns to New Zealand for the 5th time, complete with a new and challenging race track winding down the Auckland Domain

Watch 50 teams of five from around New Zealand race the most creative and ludicrous trolley designs. Will it be a taco torpedo, a steaming bull or a colossal fry pan complete with giant eggs?

Meeting time and place to follow once start time is announced. Picnic lunch in the Domain

Bring: Picnic lunch, chair or rug and camera for those action shots

Cost: Free

Confirm by: Friday 20th November

Contact: Libby Lyver - 021 137 1488 or libby.lyver@gmail.com

OMOKOROA & MATAKANA ISLAND EXPLORER WEEKEND

Omokoroa, Bay of Plenty

Friday 27th to Sunday 29th November

Come and explore the sunny Bay of Plenty.

Friday - For those who can make it to Omokoroa late morning, walk the garden trail at Te Puna Quarry Garden. Time to be advised.

Saturday - Omokoroa Estuary walk with a lunch stop. Pot luck BBQ dinner.

Sunday - Day trip to Matakana Island for guided tour (either walking or biking) departing at 9am, returning on 2.30pm ferry

Further info: Cabins available at Omokoroa Kiwi Holiday Park. Various prices with lots of choice of configurations. Must book direct either online www.omokoroa.co.nz or email stay@omokoroa.co.nz.

Ask me for further info on cabins available and I can email you these.

Bring: Tramping/walking shoes, day pack, bike, helmet & cycling gear, togs & towel (hot thermal pools at Holiday Park).

Cost: Te Puna Gardens, gold coin donation
Matakana car ferry walkers \$10 cyclists \$14 return fare.
Guided tour \$15

Pay by: Accommodation by credit card when you book
Other costs pay on the day

Confirm by: Accommodation must book direct with Holiday Park by 12th September to secure your cabin as they are booking up fast

Contact: Guy Phillips - 0276 035 549 or jcbm@xtra.co.nz

MEMBERS - INTRODUCE A NEW MEMBER

If you introduce a new member and they join the Club you will get a credit of \$10 on your next TUAC membership renewal account

"I acknowledge and accept that neither the Thumbs Up Adventure Club ("the club"), nor any other party associated with any activity arranged by or through the club shall have any responsibility for any liability, financial or otherwise, which might arise whether or not by negligence, from any direct or indirect loss, injury or death which might be sustained by me or any other party directly or indirectly associated with me, from my intended or actual participation in any event or its related activities."

ANNUAL XMAS PARTY - SAVE THE DATE

Cornwall Park

Saturday 5th December

Further information to follow in next newsletter

Cost: Free to financial club members



WEST COAST WILDERNESS CYCLING TRAIL & ARTHURS PASS DAY WALKS

Saturday 26th December 2015 to 4th January 2016

Anyone keen to join in for part or all of this adventure??

Basic itinerary - 26th December fly to Christchurch, shuttle to Greymouth and spend four days cycling the West Coast Wilderness Trail
31st December - Shuttle to Arthurs Pass and spend four days doing day walks from Arthurs Pass Village or relaxing

For more detailed information contact Jeanette ASAP as flights and accommodation booking up.

Contact: Jeanette - 416 5574 or jeanettemc@orcon.net.nz



QUEEN CHARLOTTE SOUNDS

Tuesday 29th December 2015 to Saturday 2^d January 2016

We have 18 people already booked in the lodges, so if you are interested, you must get in now.

Details: A standard 5 day Independent Walk Package, 4 days tramping - 3 days tramping (3rd day a long 8 hour tramp) to The Portage, stay for 2 days over New Year then the final day to Anakiwa.

Further info: Packs transported. We will also be staying in lodges at night (no camping I can hear the sigh of relief already!). The track is 70kms long

Package includes water taxi to and from your Picton accommodation to the track, luggage transfers, packed lunch each day and information pack including track guide.

Cost: \$810 pp - single room an additional \$410 pp
A \$200 pp deposit is required with booking with the remainder due one month prior to departure.

Credit card details can be safely submitted on a secure online system at www.wildernessguidesnz.com

Contact: Alan - alangrigg11@gmail.com



JOKE

A man walks into his doctor's office and puts a note on the table for the doctor to read.

It said "I can't talk! Help me!"

The doctor nodded and instructed the man to put his thumb on the table. The man thinks to himself that his thumb has nothing to do with his inability to talk but he does as the doctor ordered.

The doctor quickly picked up a big book and whacks the man's thumb with it as hard as he could.

"AAAAAAAAAAAAAAAAA!!!" the man yelled.

"Good good" the doctor said.

"Come back tomorrow and we'll work on the `B'."

FOR SALE

Vaque tramping boots US size 10 /41.5 Euro size.

Worn twice in like new condition.

Retail value \$379.00 - Sale price \$130.00

Contact: Helene Harper -021 921 068 or heleneh47@xtra.co.nz

