

Thumbs Up Adventure Club Inc. www.tuac.co.nz

"The Thumbs Up Adventure Club is a social and active group of people who enjoy living life to the fullest"

027 203 5508 President: David Verrall Committee: Treasurer: Libby Lyver 021 137 1488 Alison Philcox 021 257 6741 Helene Harper 838 6742 Vonnie Hill 021 399 139 Secretaries: June Bell 817 3093 Gerry Smith 520 5795 New Membership: Raywyn Brinsden 021 455 863 Mike Maran 846 5350 Newsletter Alan Grigg 027 493 6850 Hillary Scott 021 258 4186 Peter Gerrard 0276 964 997 Website: Janice Calvert 0274 605 704 Suzanne Caron 021 175 6994 Ann Melrose 021 157 6005

Our account details: ASB Bank 12-3014-0118011-00 - For internet banking - state your name, cost and event you are paying for. Please deposit cheques directly into the Club's bank account and email Libby (libby.lyver@gmail.com) the same information.

CHECK WITH EVENT ORGANISER THAT PLACES ARE AVAILABLE BEFORE MAKING ANY PAYMENT

Non members may attend some club events. Members have priority and a surcharge will be applied. Contact the event organiser directly

If you have confirmed you wish to go to an event where the ticket is pre-paid by the organiser, please pay by the due date.

The ticket is still your responsibility to pay. You can sell it or give it away

If you cannot attend on the day, please advise the organiser immediately as they may have other people wishing to attend

October - November 2015

OREWA BEACH AND ESTUARY WALK & BBQ

Sunday 27th September - Meet at 1.30pm

Meet at Orewa Surf Club beach front parking area, off Hibiscus Coast Highway. Beach and Orewa River estuary walkway. Flat and easy to walk – can be extended for the keen and super fit. Followed by a BBQ at 11 Edgewater Place, Orewa

Bring: Walking shoes, warm clothing and snack/drink for

approx 2 hour walk.

Food: If you are staying for the BBQ - BYO meat and drinks and a plate to

share – salad/nibbles/dessert

Cost: No cost

Contact: David Verrall - 027 203 5508 or gundesenverrall@xtra.co.nz

TABLE TENNIS ROUND ROBIN - GIVE IT A GO

Auckland Table Tennis Association, 99a Gillies Avenue, Newmarket (Parking available)

Saturday 3rd October 3pm - 5pm

Meet at 2.30pm. Will play 5 games as single or doubles, depending on numbers Dinner afterwards at Doolan Brothers, 414 Khyber Pass Road, Newmarket

Bring: Suitable shoes for table tennis

Cost: \$15

Contact: Hillary - 021 258 4186, 520 5844 or hillary.scott.54@gmail.com

A NIGHT AT THE RACES

Alexander Park Raceway, Greenlane Friday 9th October at 6pm

If you fancy a flutter on the horses, an exciting night at the Alexander Park Trotting Raceway awaits you.

Minimum bet is \$1 or whatever you're prepared to invest. If you don't want to bet then come along and soak up the atmosphere. If you don't know how to bet, then Mike or his friend Alan (not a TUAC) member will be happy to assist. You can pick and bet on a favourite or outsider.

. All weather facilities are inside. There is a race each half hour, with 10 races on the night.

For those wanting a meal we can go up to the $1^{\rm st}$ floor Lyall Room Bistro Bar \$18.50 per person. Please let me know in advance so we can book a table. Meet at 6pm inside the main entrance lobby at Alexander Park. There is plenty of parking around the raceway complex.

Cost: \$18.50 if you're having dinner (your money refunded if you can pick a winner or place bet). Pay direct to Alexander Park

Contact: Mike Maran – 846 350, 0274 784 779 or

mikemaran10@gmail.com



Auckland Art Gallery, Corner Wellesley and Kitchener Streets, CBD Saturday ${\bf 10^{th}~October}$

Wunderruma: New Zealand Jewellery is curated by two of the country's most prominent jewellers, Karl Fritsch and Warwick Freeman, and displays the largest collection of contemporary New Zealand jewellery. The exhibition shows treasures the curators found in their exploration of adornment in Aoteaora New Zealand. It includes works from more than 75 contemporary artists, as well as Māori taonga (treasure) and Pacific and historical jewellery.

Meet at 10.30am outside front entrance. Optional lunch nearby afterwards

Bring: A friend if you like
Cost: Free
Confirm by: Wed 7th October

Contact: Libby Lyver - 021 137 1488 or libby.lyver@gmail.com

KOWHAI FESTIVAL - WARKWORTH

Saturday 17th October - Meet at 10am, Carpool

Meeting place advised closer to date

The Huge Day Out starts at 9am. Festivities and stalls are set amongst gorgeous scenery, with delicious food and wine, talented artists and musicians. www.kowhaifestival.co.nz to read more.

Cost: Entry by gold coin

Contact: David Verrall - 027 203 5508 or gundesenverrall@xtra.co.nz

JOKE

While crossing the US-Mexican border on his bicycle, the man was stopped by a guard who pointed to two sacks the man had on his shoulders.

"What's in the bags?" asked the guard. "Sand," said the cyclist "Get them off – we'll take a look," said the guard.

The cyclist did as he was told. Emptied the bags, and proving they contained nothing but sand, reloaded the bags, put them on his shoulders and continued across the border.

Two weeks later, the same thing happened. Again the guard demanded to see the two bags, which again contained nothing but sand. This went on every week for six months, until one day the cyclist with the sand bags failed to appear.

A few days later, the guard happened to meet the cyclist downtown. "Say friend, you sure had us crazy", said the guard. "We knew you were smuggling something across the border. I won't say a word — but what is it you were smuggling?"

"Bicycles!"



RIVERHEAD CRUISE - TAVERN DINNER

Pier Z Westhaven Marina

Saturday 17th October 6.45pm - Midnight

Come join in a night of fun on the MV Hogwash. Disco and cash bar on board. No eftpos. Please ensure you are on time as the vessel cannot wait to leave due to tidal constraints of the cruise.

Due to the expected number of our group, the Tavern insist on a set menu. It is 3 courses with 3 choices of main and desserts. If you have any dietary requirements please let me know 7 days before departure. You may view the menu on the Riverhead Tavern website.

Parking is pay and display. It is \$14 and coins only. You must park between the yellow lines. Where possible car pool to share expenses.

Please DO NOT board the boat at Pier Z or Riverhead without signing on with the

organiser.

Bring: Warm jacket for the boat trip, no high heels on board and good behaviour. Anyone planking, pole dancing etc will be thrown overboard. **Cost:** \$70 – Boat is \$35, Tavern dinner \$35 (Members \$60)

Drinks at your own expense

3rd October 2015 Pay by:

Both the boat and Tavern need to be prepaid. Please ensure payment by the due date so I can confirm our numbers. You are welcome to bring a friend.

Looking forward to a great night

Contact: June Bell - 021 258 3013, 817 3093 or

fiveofsix48@hotmail.com. Please put TUAC in subject line

ROTORUA ACTIVITIES WEEKEND

Rotorua, Whirinaki Forest & Lake Rotoiti

Saturday 24th October to Monday 26th October

3 day weekend of fun activities planned or choose your own to do.

SATURDAY - leave AKL at 8am. Afternoon - Skyline Adventure Pass \$139 which covers gondola, sky swing, 5 luge rides & zoom zipline or gondola & 3 luge rides \$45 or gondola assisted mountain biking half day \$55

Other options - Wingspan falcons, Zorb, Paradise Valley lions, Mamaku rail cruising, Redwoods forest walk, mud pools or anything else you choose. Group dinner at the motel.

SUNDAY – 11 kms tramp in the virgin Whirinaki Forest with lunch along the way. Optional mountain bike trail instead of walk. Carpooling organised. Hot soak in the thermal pool back at the motel. Thai dinner in Rotorua.

MONDAY - Scenic Lake Rotoiti, Hot Thermal Pool and Glow-worm Cave Kayak Tour 3½ hour tour with 2 hrs in double sea kayaks. Enjoy a scenic sea-kayak tour past the cascading native bush including Pohutukawas. View classic kiwi holiday homes dotted amongst the cliffs and coves. Explore the quiet lake's edge with abundant birdlife before parting the bush to enter the glow worm cave. Relax in the natural thermal hot pools. Enjoy the myths and legends of the Maori people linked to Lake Rotoiti. \$120 (rate could reduce depending on numbers)

Staying at Alpin Motel, 16 Sala Street - 2 sharing a unit is \$70 Further info: per person per night (own room). 3 the rate comes down. All activities are optional.

Bring: Tramping gear, mountain bike (optional), togs & towel, wetsuit for

kavaking (optional)

See above. Meals and food extra. Carpooling organised Costs: Accommodation to be paid by 1st October. Other costs on the day Pay by:

Confirm by: Accommodation must be confirmed by 26th September Contact: Ann Melrose - 021 157 6005 <u>annmelrose@gmail.com</u> or Libby Lyver - 021 137 1488 <u>libby.lyver@gmail.com</u>

ART AND HISTORY WALK

Cnr Hopetoun Street and Ponsonby Road Saturday 31st October 10am - 11.30am

Arrive 10 mins prior - Explore Ponsonby and K Road areas with a

guide - see website below. Easy walk

Optional lunch at a café after if anyone is interested. Café yet to be decided - I

will check some out and let you know

Cost: \$15.00 book online at www.eventfinder.co.nz/2015/art-and-

nisto<u>ry-walk-explore-ponsonby</u>

\$25.00 pay on the day

Confirm by 15TH September 2015 if you want lunch so we can make a booking

at a nice café

Contact: Ann - 021 157 6005, 636 5417 or annmelrose@gmail.com

AUCKLAND MARATHON, HALF MARATHON & 12KM RUN/WALK Finish line at Victoria Park

Sunday 1st November 2015

The Auckland Marathon has several runs/walks to choose from and is a major Auckland event which has overseas entrants from various countries. All events except the 5km Run/Walk go over the Harbour Bridae.

I will be doing the 12km Walk which starts at Smales Farm and will be catching an event bus from Victoria Park at 8am. As everyone goes at their own pace we will organise a meeting place at Victoria Park at the end.

The Marathon and Half Marathon starts in Devonport. This event sells out quickly so you need to book early before entries close.

\$75 for the 12km Run/Walk which includes a tee shirt. Cost:

See Auckland Marathon web page for cost of other events

Book on the website Pay by:

Confirm by: Let me know by 15th October so I can organise meeting places etc Contact: Helene Harper - 021 921 068 or Heleneh47@xtra.co.nz

ELLERSLIE STABLES THEATRE - THE PLAYBOY OF THE WESTERN WORLD

Ellerslie Stables Theatre, cnr Main Highway & Arthur Street Saturday 7th November at 7pm

Christy Mahon stumbles into Flaherty's Tavern in county Mayo on the west coast of Ireland. Christy claims he is on the run because he has just killed his own father. What follows is a tragi/comedy full of twists and turns in the best Irish tradition.

Meet at 160 Main Highway, Ellerslie at 7pm for a glass of bubbles or OJ and nibbles. Then we walk to the theatre two doors away in time for the show at 8pm.

Cost: \$30 inc drinks, nibbles & show

Pay by: Friday 23rd October

Friday 23rd October. Numbers are limited so please check with the Confirm by:

organiser before making payment Contact: Jackie - 021 167 4253 or jackiehumphreynz@yahoo.com

ONETANGI TO MAN O'WAR BAY WALK, WAIHEKE ISLAND Sunday 15th November 2015

Walk is 16kms and will take about 5 hours. Starts at 8.30am at Charley Farley's Cafe, The Strand, Onetangi. Walk is graded as medium so need a good level of fitness. Walking on mostly metal road with a bit of track and some long steady hills. A nice little climb takes us to through the Onetangi Forest and Bird Reserve to Pohutakawa Lookout and from there enjoy

rural Waiheke's open rolling countryside with often glimpses of open ocean and the Coromandel in the distance. Hear some of the history of the 'Eastern End' and of Stoney Batter's role in WW2. End the afternoon at the Man O'War tasting room, famous for its big reds and iconic setting. Charter bus back to Matiatia. Catch the 7am ferry from Downtown, 7.10am from Devonport and include a single bus fare to Onetangi. There will be a charter bus from Man O'War which will take us back to Matiatia after the walk. Cost of charter still to be confirmed but likely to be about \$15.

For further info: http://www.waihekewalkingfestival.org

Water, snacks, lunch, sun block, good walking shoes/boots. Ferry \$36 plus bus \$4.50 plus \$15 charter bus. Seniors free on Bring: Cost:

ferry but need to pay bus fares

On the day Pav bv:

1st October as numbers are limited. Confirm by:

Contact: Alison Philcox - 021 257 6741 or a.philcox@clear.net.nz

ROROHARA COASTAL WALK, WAIHEKE ISLAND

Sunday 22nd November 2015

Property owner Bruce Plested will guide us around the beautiful coastal areas of his property. He will showcase the extensive planting that has been done as part of his conservation programme, to restore the land back to its traditional native bush state. Walk is graded as medium. Walk starts at 10am and will take about 3 hours.

Catch the 8.15 ferry from downtown Auckland. Please note this ferry does not stop at Devonport. Catch the bus to Onetangi where we will be met and

transported to Rorohara.

For further info: http://www.waihekewalkingfestival.org

Bring: Water, snacks, lunch, (or can have lunch on the island) sun block, Bring:

good walking shoes/boots.

Ferry 36.00 plus bus \$9 return. Seniors free on ferry but need to Cost. pay bus fares.

On the day

Pav bv: Confirm by:

1st October as numbers are limited.

Contact: Alison Philcox - 021 257 6741 or a.philcox@clear.net.nz

RED BULL TROLLEY DERBY

Auckland Domain

Sunday 22nd November

The world famous Red Bull Trolley Grand Prix returns to New Zealand for the 5th time, complete with a new and challenging race track winding down the Auckland

Watch 50 teams of five from around New Zealand race the most creative and ludicrous trolley designs. Will it be a taco torpedo, a steaming bull or a colossal fry pan complete with giant eggs?

Meeting time and place to follow once start time is announced. Picnic lunch in the Domain

Bring: Picnic lunch, chair or rug and camera for those action shots

Cost: Confirm by: Friday 20th November

Contact: Libby Lyver - 021 137 1488 or libby.lyver@gmail.com



OMOKOROA & MATAKANA ISLAND EXPLORER WEEKEND

Omokoroa, Bay of Plenty

Friday 27th to Sunday 29th November

Come and explore the sunny Bay of Plenty.

Friday - For those who can make it to Omokoroa late morning, walk the garden trail at Te Puna Quarry Garden. Time to be advised.

Saturday - Omokoroa Estuary walk with a lunch stop. Pot luck BBQ dinner. **Sunday** – Day trip to Matakana Island for guided tour (either walking or biking)

departing at 9am, returning on 2.30pm ferry

Further info: Cabins available at Omokoroa Kiwi Holiday Park. Various prices with lots of choice of configurations. Must book direct either online

www.omokoroa.co.nz or email stav@omokoroa.co.nz

Ask me for further info on cabins available and I can email you these.

Tramping/walking shoes, day pack, bike, helmet & cycling gear, togs & towel (hot thermal pools at Holiday Park). Bring:

Te Puna Gardens, gold coin donation Cost:

Matakana car ferry walkers \$10, cyclists \$14 return fare.

Guided tour \$15

Pay by: Accommodation by credit card when you book

Other costs pay on the day

Confirm by: ACCOMMODATION MUST BOOK DIRECT WITH HOLIDAY PARK BY 12TH September to secure your cabin as they are booking up fast Contact: Guy Phillips – 0276 035 549 or icbm@xtra.co.nz

ANNUAL XMAS PARTY - SAVE THE DATE

Cornwall Park Saturday 5th December

Further information to follow in next newsletter Free to financial club members Cost:



WEST COAST WILDERNESS CYCLING TRAIL & ARTHURS PASS DAY WALKS

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Saturday 26th December 2015 to 4th Journal 2015

Anyone keen to join in for part or all Duventure??

Basic itinerary – 26th December file Diristchurch, shuttle to Greymouth and spend four days cycling the West Coast Wilderness Trail

31st December - Show Darrhurs Pass and spend four days doing day walks from Arthurs Pass Village or relaxing

For more detailed information contact Jeanette ASAP as flights and

accommodation booking up.

Contact: Jeanette - 416 5574 or jeanettemc@orcon.net.nz

QUEEN CHARLOTTE SOUNDS

Tuesday 29th December 2015 to Saturday 2d January 2016 We have 18 people already booked in the lodges, so if you are

interested, you must get in now.

A standard 5 day Independent Walk Package, Details:

4 days tramping - 3 days tramping (3rd day a long 8 hour tramp) to The Portage, stay for 2 days over New Year then the final

day to Anakiwa.

Further info: Packs transported. We will also be staying in lodges at night (no

camping I can hear the sigh of relief already!). The track is

70kms long

Cost:

Package includes water taxi to and from your Picton

accommodation to the track, luggage transfers, packed lunch each day and information pack including track guide.

\$810 pp - single room an additional \$410 pp

A \$200 pp deposit is required with booking with the remainder due

one month prior to departure.

Credit card details can be safely submitted on a secure online

system at www.wildernessquidesnz.com

Contact: Alan - alangrigg11@gmail.com

TAWHARANUI REGIONAL PARK CAMPING WEEKEND Auckland Regional Park, 1181 Takatu Road, Tawharanui Friday 11th March to Sunday 13th March 2017

Tawharanui Regional Park boasts some of Auckland's most beautiful white sandy beaches, rolling pastures, shingle bays, native coastal forest and regenerating wetlands.

Beachfront campsite facilities include toilets, tables, water, outdoor shower, walking in native sanctuary for NZ birdlife, canoeing and safe sandy swimming tidal beach.

See web site http://www.arc.govt.nz/

Bring: All camping gear/ tents/ gas stove or BBQ. Swimming togs, walking

shoes, kayak if you want to. Own food/drink as nearest shop is

Matakana.

Shared meal on Saturday night. \$15 per night per person.

Cost: Pay by: Please pay TUAC ASAP as I have only 16 sites booked and paid for

Location: Take State Highway 1 North to Warkworth. Follow the signs to

Matakana. Just past Matakana turn right at the Omaha turnoff, drive along Takatu

Road and the Tawharanui Park is well sign posted. (Note: The last 6km is narrow gravel road.)

Contact: David Verrall – 09 426 9588, 027 203 5508 or

gundesenverrall@xtra.co.nz

MEMBERS - INTRODUCE A NEW MEMBER

If you introduce a new member and they join the Club you will get a credit of \$10 on your next TUAC membership renewal account

"I acknowledge and accept that neither the Thumbs Up Adventure Club ("the club"), nor any other party associated with any activity arranged by or through the club shall have any responsibility for any liability, financial or otherwise, which might arise whether or not by negligence, from any direct or indirect loss, injury or death which might be sustained by me or any other party directly or indirectly associated with me, from my intended or actual participation in any event or its related activities.

