



Thumbs Up Adventure Club Inc.
www.tuac.co.nz

"The Thumbs Up Adventure Club is a social and active group of people who enjoy living life to the fullest"

| | | | | |
|-----------------|-----------------|--------------|----------------|--------------|
| President: | David Verrall | 027 203 5508 | Committee: | |
| Treasurer: | Libby Lyver | 021 137 1488 | Alison Philcox | 021 257 6741 |
| Secretaries:) | Helene Harper | 838 6742 | Vonnie Hill | 021 399 139 |
|) | June Bell | 817 3093 | Gerry Smith | 520 5795 |
| New Membership: | Raywyn Brinsden | 021 455 863 | Mike Maran | 846 5350 |
| Newsletter | Alan Grigg | 027 493 6850 | Hillary Scott | 021 258 4186 |
| Website: | | | Peter Gerrard | 0276 964 997 |
| | | | Janice Calvert | 0274 605 704 |
| | | | Ann Melrose | 021 157 6005 |

Our account details: ASB Bank 12-3014-0118011-00

**For internet banking - state the event you are paying for. If paying your subs please enter invoice number
Please deposit cheques directly into the Club's bank account and email Libby (libby.lyver@gmail.com) the same information.**

CHECK WITH EVENT ORGANISER THAT PLACES ARE AVAILABLE BEFORE MAKING ANY PAYMENT

Non members may attend some club events. Members have priority and a surcharge will be applied. Contact the event organiser directly

**If you have confirmed you wish to go to an event where the ticket is pre-paid by the organiser, please pay by the due date.
The ticket is still your responsibility to pay. You can sell it or give it away
If you cannot attend on the day, please advise the organiser immediately as they may have other people wishing to attend**

November – December 2015

ART AND HISTORY WALK

Cnr Hopetoun Street and Ponsonby Road
Saturday 31st October 10am - 11.30am

Arrive 10 mins prior - Explore Ponsonby and K Road areas with a guide – see website below. Easy walk

Optional lunch at a café after if anyone is interested. Café yet to be decided – I will check some out and let you know

Cost: \$15 book online at www.eventfinder.co.nz/2015/art-and-history-walk-explore-ponsonby
\$25 pay on the day

Confirm by 15th September 2015 if you want lunch so we can make a booking at a nice café

Contact: Ann - 021 157 6005, 636 5417 or annmelrose@gmail.com



ELLERSLIE STABLES THEATRE - THE PLAYBOY OF THE WESTERN WORLD

Ellerslie Stables Theatre, Cnr Main Highway & Arthur Street
Saturday 7th November at 7pm

Christy Mahon stumbles into Flaherty's Tavern in county Mayo on the west coast of Ireland. Christy claims he is on the run because he has just killed his own father. What follows is a tragi/comedy full of twists and turns in the best Irish tradition.

Meet at 160 Main Highway, Ellerslie at 7pm for a glass of bubbles or OJ and nibbles. Then we walk to the theatre two doors away in time for the show at 8pm.

Cost: \$30 inc drinks, nibbles & show

Pay by: Friday 23rd October

Confirm by: Friday 23rd October. Numbers are limited so please check with the organiser before making payment

Contact: Jackie – 021 167 4253 or jackiehumphreynz@yahoo.com



AUCKLAND MARATHON, HALF MARATHON & 12KM RUN/WALK

Finish line at Victoria Park
Sunday 1st November 2015

The Auckland Marathon has several runs/walks to choose from and is a major Auckland event which has overseas entrants from various countries. All events except the 5km Run/Walk go over the Harbour Bridge.

I will be doing the 12km Walk which starts at Smales Farm and will be catching an event bus from Victoria Park at 8am. As everyone goes at their own pace we will organise a meeting place at Victoria Park at the end.

The Marathon and Half Marathon starts in Devonport. This event sells out quickly so you need to book early before entries close.

Cost: \$75 for the 12km Run/Walk which includes a tee shirt.
See Auckland Marathon web page for cost of other events

Pay by: Book on the website

Confirm by: Let me know by 15th October so I can organise meeting places etc

Contact: Helene Harper - 021 921 068 or Heleneh47@xtra.co.nz



ROTARY WHEELS ON WAIKATO

Anne Street, Hamilton
Sunday 8th November

Like to bike somewhere new and scenic? Ride from Anne St, Hamilton to Horotiu Bridge Park via the Te Awa, The Great NZ River Ride along the bike path beside the Waikato River. This is a free community fun day run by Rotary with food and drink, spot prizes and raffles. Bring your bikes and ride to Horotiu - you can be picked up there or ride back to Hamilton. It's around 10 kms each way.

Further info: Carpooling arranged from Auckland.

Event starts in Hamilton at 11am until 1pm. We would have to leave Auckland at around 9am.

Bring: Your bike, helmet, water and maybe a raincoat if weather looks doubtful

Cost: Free. Share carpool costs. Lunch at your cost

Confirm by: Friday 6th November

Contact: Libby Lyver - 021 137 1488 or libby.lyver@gmail.com



XMAS IN THE PARK REHEARSAL

Auckland Domain
Friday 11th November

A great night to go to this event without the crowds. Meet from 4.30pm onwards in front of the stage. Look out for the TUAC banner. Remember there is no alcohol allowed at these events, so bring a hip flask.

Bring: Chair, dinner and refreshments

Cost: Free

Contact: June Bell - 021 258 3013 or fiveofsix48@hotmail.com



ONETANGI TO MAN O'WAR BAY WALK, WAIHEKE ISLAND

Sunday 15th November 2015

Walk is 16kms and will take about 5 hours. Starts at 8.30am at Charley Farley's Cafe, The Strand, Onetangi. Walk is graded as medium so need a good level of fitness. Walking on mostly metal road with a bit of track and some long steady hills. A nice little climb takes us to through the Onetangi Forest and Bird Reserve to Pohutakawa Lookout and from there enjoy rural Waiheke's open rolling countryside with often glimpses of open ocean and the Coromandel in the distance. Hear some of the history of the 'Eastern End' and of Stoney Batter's role in WW2. End the afternoon at the Man O'War tasting room, famous for its big reds and iconic setting. Charter bus back to Matiatia.

Catch the 7am ferry from Downtown, 7.10am from Devonport and include a single bus fare to Onetangi. There will be a charter bus from Man O'War which will take us back to Matiatia after the walk. Cost of charter still to be confirmed but likely to be about \$15.

For further info: <http://www.waihekewalkingfestival.org>

Bring: Water, snacks, lunch, sun block, good walking shoes/boots.

Cost: Ferry \$36 plus bus \$4.50 plus \$15 charter bus. Seniors free on ferry but need to pay bus fares

Pay by: On the day

Confirm by: 1st October as numbers are limited.

Contact: Alison Philcox - 021 257 6741 or a.philcox@clear.net.nz



BIKING WITH THE BIRDS

Saturday 21st November 2015

Ambury Park Farm Coastal Track. The distance from the Kiwi Esplanade carpark return is approx 22kms and will take approx 2 to 3 hours. The ride will not be suitable for road bikes, but okay for hybrid and mountain bikes. There are two biking options for the day, a longer A ride, and a shorter B ride. 'A' riders meet at 8.15am for 8.30am start at end of Hugo Johnson Drive. Bike 5kms along cycleway past Waikaraka Park, across the old Mangere Bridge to meet up with 'B' riders in the Kiwi Esplanade Carpark.

'B' riders please be at this point at 8.45am for 9am start. We will bike about 15 minutes along Kiwi Esplanade to Ambury Park Farm where we will ride out to Puketutu Island. There are one or two spots where we can stop along the way for refreshments and bird viewing. The paths are gravel and in most places wide enough for two riders. There are some areas of loose gravel but most of the surface is hard packed.

Bring: Warm clothing, sweater and rainwear, sunscreen, plenty of water and snack foods. Expect 4 seasons in one day, it's coastal.

Cost: Lunch at your cost. (Two options for lunch: either BYO and picnic at Kiwi Esplanade reserve on the grass or eat at the cafes at Mangere Bridge which provide a good range of food)

Confirm by: Sat 14th November and let me know which distance option you are doing.

Contact: Peter Gerrard - 027 696 4997 or p.gerrard29@gmail.com



ROROHARA COASTAL WALK, WAIHEKE ISLAND

Sunday 22nd November 2015

Property owner Bruce Plested will guide us around the beautiful coastal areas of his property. He will showcase the extensive planting that has been done as part of his conservation programme, to restore the land back to its traditional native bush state. Walk is graded as medium. Walk starts at 10am and will take about 3 hours.

Catch the 8.15am ferry from downtown Auckland. Please note this ferry does not stop at Devonport. Catch the bus to Onetangi where we will be met and transported to Rorohara.

For further info: <http://www.waihekewalkingfestival.org>

Bring: Water, snacks, lunch, (or can have lunch on the island) sun block, good walking shoes/boots.

Cost: Ferry \$36 plus bus \$9 return. Seniors free on ferry but need to pay bus fares.

Pay by: On the day

Confirm by: 1st October as numbers are limited.

Contact: Alison Philcox - 021 257 6741 or a.philcox@clear.net.nz



RED BULL TROLLEY DERBY

Auckland Domain

Sunday 22nd November at 10am

Where Genius meets Ridiculous! The world famous Red Bull Trolley Grand Prix returns to New Zealand for the 5th time, complete with a new and challenging race track winding down the Auckland Domain. Watch 50 teams of five from around New Zealand race the most creative and ludicrous trolley designs. Will it be a taco torpedo, a steaming bull, or a colossal fry pan complete with giant eggs? Actual event runs from 11am until 4pm. Meeting time 10am by the band rotunda near the Wintergarden. Picnic lunch in the domain. Stay as long as you like.

Bring: Picnic lunch, chair or picnic rug and camera for those action shots.

Cost: Free

Confirm by: Friday 20th November

Contact: Libby Lyver 021 137 1488 or email libby.lyver@gmail.com

OMOKOROA & MATAKANA ISLAND EXPLORER WEEKEND

Omokoroa, Bay of Plenty

Friday 27th to Sunday 29th November

Come and explore the sunny Bay of Plenty.

Friday - For those who can make it to Omokoroa late morning, walk the garden trail at Te Puna Quarry Garden. Time to be advised.

Saturday - Omokoroa Estuary walk with a lunch stop. Pot luck BBQ dinner.

Sunday - Day trip to Matakana Island for guided tour (either walking or biking) departing at 9am, returning on 2.30pm ferry

Further info: Cabins available at Omokoroa Kiwi Holiday Park. Various prices with lots of choice of configurations. Must book direct either online

www.omokoroa.co.nz or email stay@omokoroa.co.nz

Ask me for further info on cabins available and I can email you these.

Bring: Tramping/walking shoes, day pack, bike, helmet & cycling gear, togs & towel (hot thermal pools at Holiday Park).

Cost: Te Puna Gardens, gold coin donation
Matakana car ferry walkers \$10, cyclists \$14 return fare.
Guided tour \$15

Pay by: Accommodation by credit card when you book
Other costs pay on the day

Confirm by: Accommodation must book direct with holiday park by 12th September to secure your cabin as they are booking up fast

Contact: Guy Phillips - 0276 035 549 or icbm@xtra.co.nz

XMAS PARTY/CHAMPAGNE BRUNCH

Saturday 5th December at 10am

TUAC Annual Xmas Party at Cornwall Park

An email will be sent to all those who have RSVP'd Yes, with a map of which picnic spot has been chosen for this event.

Please let me know if you are vegetarian.

Secret Santa present: This year you can either re-gift something that you have been given that you didn't want/like or need (can be any value but must be unused and preferably still in its packaging) or you can buy a \$5 gift.

Bring: Deck chair, wine glass and a Secret Santa present (as above)

Cost: Nil for the brunch / \$5 for Secret Santa gift

Contact: David Verrall - 027 203 5508 or gundesenverrall@xtra.co.nz



POT LUCK BEACH BBQ

Kohimarama Beach

Sunday 13th December 2015 from 5pm onwards

Want to take a break from the hectic rush of Xmas shopping? Come along for a pot luck beach BBQ at the yacht club end of Kofi Beach on Tamaki Drive. Plenty of parking available. Join in the fun of beach volleyball or frisbee, swim or just relax with a glass of wine in your beach chair. If enough people attending, fun games may be organised. Will be held unless raining too heavily as we have the large club gazebo to shelter under this year.

Bring: Your own meat, cutlery, glass & plate, alcohol & chair and plate to share. Please indicate what type of plate you are bringing so I can co-ordinate food so we don't double up. Please bring serving utensils for your shared dish.

Cost: Free

Confirm by: Friday 11th December

Contact: Libby Lyver - 021 137 1488 or libby.lyver@gmail.com



WEST COAST WILDERNESS CYCLING TRAIL & ARTHURS PASS DAY WALKS

Saturday 26th December 2015 to 4th January 2015

Anyone keen to join in for part or all of the adventure??

Basic itinerary - 26th December fly to Christchurch, shuttle to Greymouth and spend four days cycling the West Coast Wilderness Trail 31st December - Shuttle to Arthurs Pass and spend four days doing day walks from Arthurs Pass Village or relaxing
For more detailed information contact Jeanette ASAP as flights and accommodation booking up.

Contact: Jeanette - 416 5574 or jeanettemc@orcon.net.nz



QUEEN CHARLOTTE SOUNDS

Tuesday 29th December 2015 to Saturday 2nd January 2016

We have 18 people already booked in the lodges, so if you are interested, you must get in now.

Details: A standard 5 day Independent Walk Package, 4 days tramping - 3 days tramping (3rd day a long 8 hour tramp) to The Portage, stay for 2 days over New Year then the final day to Anakiwa.

Further info: Packs transported. We will also be staying in lodges at night (no camping I can hear the sigh of relief already!). The track is 70kms long

Package includes water taxi to and from your Picton accommodation to the track, luggage transfers, packed lunch each day and information pack including track guide.

Cost: \$810 pp - single room an additional \$410 pp
A \$200 pp deposit is required with booking with the remainder due one month prior to departure.
Credit card details can be safely submitted on a secure online system at www.wildernessguidesnz.com

Contact: Alan - alanrigg11@gmail.com



CYCLE RIDE WITH COMBINED WINE TASTING SWANSON TO KUMEU

Saturday 16th January at 10am

A cycle ride with a difference. Meet at 10am and park at the Metro carpark on Swanson Road. The Metro carpark is free and is located behind the Challenge Petrol Station, which is just before the Swanson Railway Station. From here we will cycle along Swanson Road on the footpath, then turn into Waitakere Road which is a quiet rural road cycling through Taupaki onto the Kumeu main road roundabout. From here we will cycle on the footpath to our 1st wine tasting at Soljans, then our 2nd wine tasting at Kumeu Winery Estate. We can have lunch after at the Bakehouse Cafe in Kumeu or bring your own lunch and have it in the Taupaki Domain

Further Info: The cycle ride is approx 14 km one way. Waitakere Rd is mainly flat with only 2 moderate hills each way. Although there are no cycle lanes, if we cycle in a single file with hi-vis jackets we should be safe. Lunch stop at Soljans is not recommended as it is up market and you need to book in advance. For those who do not have a car and want to join us for wine tasting, you are welcome. Please note the wineries charge for wine tasting - 6 different varieties

Bring: Your bike, snacks, water, hi- vis vest.

Lunch if you are not eating at the cafe.

Cost: Soljans \$6 per person. Kumeu Estate \$5 per person. Cost of lunch.

Pay by: Pay direct to Wineries.

Confirm by: Please let Mike know a few days in advance before so he can advise the wineries of the numbers and arrival time.

Contact: Mike Maran – 846 5350, 0274 784 779 or mikemaran10@gmail.com



TAWHARANUI REGIONAL PARK CAMPING WEEKEND

Auckland Regional Park, 1181 Takatu Road, Tawharanui

Friday 18th March to Sunday 20th March 2016

(Please note change of date)

Tawharanui Regional Park boasts some of Auckland's most beautiful white sandy beaches, rolling pastures, shingle bays, native coastal forest and regenerating wetlands.

Beachfront campsite facilities include toilets, tables, water, outdoor shower, walking in native sanctuary for NZ birdlife, canoeing and safe sandy swimming tidal beach.

See web site <http://www.arc.govt.nz/>

Bring: All camping gear/ tents/ gas stove or BBQ. Swimming togs, walking shoes, kayak if you want to. Own food/drink as nearest shop is Matakana.

Shared meal on Saturday night.

Cost: \$15 per night per person.

Pay by: Please pay TUAC **ASAP** as I have only 16 sites booked and paid for already.

Location: Take State Highway 1 North to Warkworth. Follow the signs to Matakana. Just past Matakana turn right at the Omaha turnoff, drive along Takatu Road and the Tawharanui Park is well sign posted.

(Note: The last 6km is narrow gravel road.)

Contact: David Verrall – 09 426 9588, 027 203 5508 or gundesenverrall@xtra.co.nz



V8 JET BOAT SPRINTS, DRAGWAY ROAD, MEREMERE

Sunday 14th February 11am to 4pm

This is the best action powered sport you will ever see. A day of fast moving spectacular thrills and excitement. The motorised jet boats go round at extreme speeds on a figure 8 and multi bend water canals.

The canals on a purpose built natural amphitheatre next to the Waikato River. For the audience there is an excellent vantage and viewing points from all locations.

Further info: Dragway Road is located on the right hand side just past the old Meremere Power Station on State Highway 1. There is plenty of parking on site. For those wanting to carpool, I suggest we meet at 10am and park at Countdown Greenlane. Let Mike know. He can take 6 extra passengers. For those driving direct, meet at the entrance to Dragway Road at 11am.

Bring: Water, sunscreen, deck chairs, sun umbrella lunch or snacks. There are food caterers on site.

Cost: \$20 entry includes car parking

Pay by: Direct to gate attendants

Confirm by: Please advise Mike if you are driving direct or prefer to car pool. We can also leave earlier than the last race if you have had your fill of thrills and spills.

Contact: Mike Maran – 846 5350, 0274 784 779 or mikemaran10@gmail.com



THE BIG EASY, NAPIER

Easter 2016 Friday 25th March to Monday 28th March 2016

Save the date for this event. The motel units are already booked! Bring your bike for the 45km Big Easy ride from Havelock North to Napier. This is run on Easter Saturday and includes a concert in one of the vineyards after the ride. Lots of buskers en route while biking along Napier's fabulous bike paths. Other activities will be planned over the weekend.

Costs: To be advised when they come to hand

Contact: Libby Lyver - 021 137 1488 or libby.lyver@gmail.com



BRISBANE CYCLE TOUR

Late August/Early September 2016

Expressions of interest are wanted for this week long bike tour covering the Brisbane city bike paths and incorporating the Whale Trail Tour. The tour will be personalised for TUAC members by Bushranger Bikes. Check out their website for more info on the Whale Trail component of this tour.

<http://www.bushrangerbikes.com.au/Southeastqldwhaletrail.htm>

Great cycling, fantastic accommodation and food, and a brilliant package that offers the ultimate relaxing cycling adventure holiday. Sun, sand, blue water and skies and whales – perfect!

Costs: Work on around \$2000 all-inclusive plus airfare

Contact: Libby Lyver - 021 137 1488 or libby.lyver@gmail.com



SHAKESPEARE'S TWELFTH NIGHT

Pop-Up Globe Theatre (To be built in the carpark at the rear of Q Theatre and The Basement Theatre at 38 Greys Ave.)

Saturday 27th Feb 2016 at 8pm

Experience Shakespeare's brilliant comedy in the temporary full scale replica of the Globe Theatre that was originally built in 1614. I will book the Gentlemen's room on the middle gallery (up 1 staircase) for the first 6 people that pay. This is a private room overlooking the stage. Catering can be arranged for canapés and cocktails, room service will be available throughout the evening and dessert can be served during the interval. Don't know prices of these extras yet. If that is booked out, then I will book the Upper Gentleman's room on the upper gallery (3rd level up 2 staircases). If that is booked out 3rd option is the B reserve seats as I don't fancy standing for 2 hours in the "Penny stinkards" in the Groundlings.

Further info: www.popupglobe.co.nz

Bring: All seated areas are roofed but dress warmly as it may get cold later on.

Cost: \$114.00 each

Pay by: As soon as possible. Seats are going fast.

Contact: Alison Philcox - 021 257 6741 or a.philcox@clear.net.nz



JOKE

Two women were playing golf.

One teed off and watched in horror as her ball headed directly toward a foursome of men playing the next hole...

The ball hit one of the men.

He immediately clasped his hands together at his groin, fell to the ground and rolled around in agony.

The woman rushed down to the man, and immediately apologised.

'Please allow me to help! I'm a physical therapist and I know I could relieve your pain if you'll let me,' she told him.

'Oh, no, I'll be all right! I'll be fine in a few minutes!' the man replied.

He was in obvious agony, lying in the foetal position, still clasping his hands into his groin.

At her persistence, however, he finally allowed her to help.

She gently took his hands away and laid them to the side, loosened his pants and put her hands inside.

She administered tender and artful massage for several long moments and asked, 'How does that feel?'

'It feels great,' he said. 'But I still think my thumb's broken'

MEMBERS – INTRODUCE A NEW MEMBER

If you introduce a new member and they join the Club you will get a credit of \$10 on your next TUAC membership renewal account

"I acknowledge and accept that neither the Thumbs Up Adventure Club ("the club"), nor any other party associated with any activity arranged by or through the club shall have any responsibility for any liability, financial or otherwise, which might arise whether or not by negligence, from any direct or indirect loss, injury or death which might be sustained by me or any other party directly or indirectly associated with me, from my intended or actual participation in any event or its related activities."