



**Thumbs Up Adventure Club Inc.**  
**www.tuac.co.nz**

*"The Thumbs Up Adventure Club is a social and active group of people who enjoy living life to the fullest"*

<b>President:</b>	Mike Maran	846 5350	Raywyn Brinsden	021 455 863
<b>Treasurer:</b>	Libby Lyver	021 137 1488	Janice Calvert	027 460 5704
<b>Secretaries:</b>	June Bell	817 3093	Vonnie Hill	021 399 139
	Helene Harper	021 921 068	Mary Donald	021 846 066
<b>New Membership:</b>	Helene Harper	021 921 068	David Verrall	027 203 5508
<b>Newsletter:</b>	Alan Grigg	027 493 6850	Guy Phillips	027 603 5549
<b>Committee:</b>	Alison Philcox	021 257 6741	Ann Melrose	021 157 6005
	Peter Gerrard	027 696 4997		

**Our account details: ASB Bank 12-3014-0118011-00**

**For internet banking - state the event you are paying for. If paying your subs please enter invoice number. Please deposit cheques directly into the Club's bank account and email Libby ([libby.lyver@gmail.com](mailto:libby.lyver@gmail.com)) the same information.**

**CHECK WITH EVENT ORGANISER THAT PLACES ARE AVAILABLE BEFORE MAKING ANY PAYMENT**

**Non members may attend some club events. Members have priority and a surcharge may be applied to non members. Contact the event organiser directly to make a booking for any event.**

**If you have confirmed you wish to go to an event where the ticket is pre-paid by the organiser or accommodation booked, please pay by the due date. The ticket is still your responsibility to pay. You can sell it or give it away.**

**If accommodation has been made for you by the organiser, it is your responsibility to either pay the whole amount, or find someone else to take your place**

**If you cannot attend on the day, please advise the organiser immediately as they may have other people wishing to attend.**

## March 2017 – April 2017

### OREWA BEACH WALK, SWIM, BBQ

**Saturday 25<sup>th</sup> February 2017 from 2pm onwards**

Want to make the most of summer? Come along to David's Orewa house at 2pm, 11 Edgewater Grove and walk along Orewa Beach. Swim if you want. Return to David's for a sociable BBQ 5pm

**Bring:** Your own meat and a plate to share, BYO

**Confirm by:** 23<sup>rd</sup> February

**Contact:** David Verrall - 027 203 5508 or [gundesenverrall@xtra.co.nz](mailto:gundesenverrall@xtra.co.nz)



### BURGER AND BOWLS

**Onehunga Bowling Club, Selwyn Street, Onehunga**  
**Friday 10<sup>th</sup> March 2017 at 6pm**

**Bring:** Flat shoes

**Cost:** \$15.00 includes burger, chips and lawn bowls

**Confirm by:** 3<sup>rd</sup> March 2017

**Payment:** To TUAC account

**Contact:** Ann Melrose - 021 157 6005, 636 541 or [annmelrose@gmail.com](mailto:annmelrose@gmail.com)



### MUSIC IN THE PARK

**Myers Park - look for the TUAC flag**

**Sunday 26<sup>th</sup> February 12 noon – 5pm**

Myers Park Medley including Sal Valentine and the Baby Shakers, Esther Stephens & The Means, Kong Fooey, Hopetoun Brown and The Blackbird Ensemble: Carnivale

Get your feet stomping this summer. It's a little bit different, a little bit K' Road, and it is definitely Myers Park. Renowned for their showmanship, Sal and the Baby Shakers throws classic early rock 'n roll. Hot jazz, bebop and original compositions into a swinging mixer creating one of the country's hottest jazz acts

**Bring:** Snacks, water, sun protection etc. This is an alcohol free event

**Cost:** Free

**Confirm by:** 19<sup>th</sup> February

**Contact:** Mary Donald - 021 846 066 [mary.don@xtra.co.nz](mailto:mary.don@xtra.co.nz).

**David Verrall - 027 203 5508 or [gundesenverrall@xtra.co.nz](mailto:gundesenverrall@xtra.co.nz)**



### AONGATETE NATURE TRAIL

**Wright Road, Aongatete**

**Saturday 11<sup>th</sup> March 2017 at 11am**

A 3 hour loop walk in a beautiful scenic part of the Kaimai-Mamaku Forest followed by a swim at the hot pools at Sapphire Springs Thermal Pools, 274 Hot Springs Rd, Katikati

Meet at 11am at the Aongatete Outdoor Education Centre on Wright Road (approximately 8 kms, turn right just before the end of the road).

Park in parking area in front of the driveway to the Education Centre, next to the fence stile.

Lunch half way round about 12.30pm

**Bring:** Packed lunch, water, hiking boots, pole, togs & towel, sunscreen

**Cost:** Hot pools - Adults \$5.50 / Seniors \$4.50

**Pay by:** On the day

**Confirm by:** Sunday 5<sup>th</sup> March

**Contact:** Guy Phillips - 027 603 5549 or [icbm@xtra.co.nz](mailto:icbm@xtra.co.nz)



### WALKING 'CAR' RALLY IN THE DOMAIN & VISIT TO THE SPECIAL MUSEUM EXHIBITION *MAKING MUSIC IN AOTEAROA*

**Sunday 5<sup>th</sup> March at 10am**

Meet at the Domain Grandstand. Park anywhere in the Domain or surrounding streets.

It's time to exercise your brain as well as your legs. Follow the clues and answer the questions. This is our 3<sup>rd</sup> walking rally and will encompass a treasure hunt of interesting and educational aspects of this area. The walking rally will take about 2 hours and will take you to familiar areas of the Domain and unexpected parts of Parnell. We will divide up into teams of 2 to 4 and leave at 5 minute intervals. Prizes awarded for the most correct answers.

After lunch, for those interested, we will walk up to the museum to the special exhibitions hall to view making music from 1950's to present day in Aotearoa.

**Cost:** Free entry to the museum and exhibition on proof of ratepayers local ID.

**Bring:** A pen, sunhat, walking shoes and water.

**Contact:** Mike Maran – 846 5350, 0274 784 779 or

[mikemaran10@gmail.com](mailto:mikemaran10@gmail.com).

**Peter Gerrard – 027 696 4997 or [p.gerrard29@gmail.com](mailto:p.gerrard29@gmail.com)**

### HILLARY TRAIL, WAITAKERE RANGES

**Saturday 11<sup>th</sup> March 2017**

This is the last section that we will be doing - Bethells to Muriwai.

Distance 16km and will take 5 to 6 hours so it's not a stroll down the beach.

**Bring:** Proper clothing, proper footwear, lunch, snacks and water

**Confirm by:** 7<sup>th</sup> March 2017

Once I have numbers I will sort out the carpooling

**Contact:** Alan Grigg – 0274 936 850 or [alangrigg11@gmail.com](mailto:alangrigg11@gmail.com)



## FAMILY FEUD NIGHT

Friday 17th March at 7pm

Mt Eden War Memorial Hall, Cnr Dominion and Balmoral Road

For those who have watched Family Feud on TV3, this will be a replica for a fun filled evening which includes entertainment and a catered dinner. Every group or family of 4 who buy tickets will automatically go into the draw to be a competing family in the game show. Hopefully TUAC members will be able to enter as a team. More fun will be added on the evening as it's St Patrick's Day, so dress up in green. There will be also raffles, spot prizes for the best dressed and a catered meal is included.

The family feud night is a Western Springs Rotary Club project to support the charities of our club - Breast Cancer, Youth Mental Health & Women's Refuge.

**Cost:** \$60 pp meal inclusive. Drinks extra.

Tickets can be booked/purchased through Mike Maran or Eventfinda

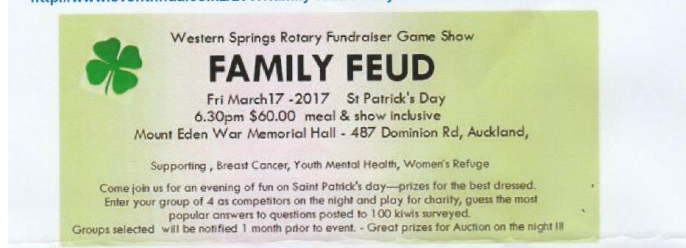
**Confirm by:** 1st March.

There is a carpark behind Mt Eden Hall or park in one of the side streets.

Tickets can be bought from your friendly Western Springs Rotarian member or on line from



<http://www.eventfinda.co.nz/2017/family-feud-rotary-fundraiser/aukland/balmoral>



**Contact: Mike Maran - 846 5350, 0274 784 779 or**

[mikemaran10@gmail.com](mailto:mikemaran10@gmail.com)

## WHITE NIGHT - Location to be advised

Saturday 18th March 6pm – late

Calling for expressions of interest

A unique opportunity created by the Auckland Arts festival.

One night only, an ever-changing roster of artists take over the city, bringing you a diverse range of art, music and theatrical events on and off the streets and in spaces and places you may not even know exist. The full *White Night* programme including listings of visual arts shows, tiny parades, acrobats, light activations, art demonstrations, poetry readings and conversations plus much more will be available on the *White Night* mini site from late February 2017.

Our final choice of event will be influenced by those who respond to Mary before 1st March. So, have a browse on the website – search White Night Auckland 2017. Mary will contact everyone on the list as soon as the programme is available online

**Bring:** To be advised

**Cost:** Free performances. Free bus serviced between locations. Only cost is refreshments along the way

Expressions of interest by 1st March (Mary will contact everyone on the list as soon as the programme is available on line)

**Contact: Mary Donald - 021 846 066 or [mary.don@xtra.co.nz](mailto:mary.don@xtra.co.nz)**

## KAYAKING - RAGLAN

Saturday 25th and Sunday 26th March

Travel to Raglan Saturday morning. Lunch, then explore the many and varied shops in Raglan. If you don't want to see the shops, there are some walks to do in the Raglan area varying from 3½ hours to short walks around the Raglan Harbour.

Dinner on Saturday evening.

On Sunday morning, we will do a kayak trip for 3 hours from 8am to 11am with Raglan Kayak & Paddleboard. After this – we can either have lunch in Raglan then visit the Bridal Veil Falls before travelling back to Auckland or after the kayaking we could travel up to Wrights Waterfall Cafe in Patumahoe for lunch and have a look around the gardens. (There is a \$10/\$12 charge for the gardens.) This would take about 1hr 50mins to get there but is on the way back to Auckland. We can discuss this later.

At this stage I have booked two tourist flats at the Raglan Kopua Holiday Park for Saturday night at \$110 a night for up to 2 people. They sleep up to 4 people (1 dble bed, and a bunk set). There is a kitchen, bathroom with toilet and shower, linen provided.

Other accommodation if required are kitchen cabins (\$85 night) and studio units (\$105 night). Tent sites are available at \$18 a night.

**Cost:** Kayaking – \$75 per person (includes coffee and snacks)

**Accommodation:** To be advised depending on numbers.

**Confirm by:** ASAP due to booking of extra accommodation but no later than Saturday 4th March.

**Contact: Janice Calvert – 527 4407, 0274 605 704 or**

[jcalvert@slingshot.co.nz](mailto:jcalvert@slingshot.co.nz)



## TREE IDENTIFICATION WALK AROUND UNITEC CAMPUS

Saturday 1st April at 10am

Meet and park at the carpark, behind KFC, Great North Rd, Pt Chevalier  
An informative educational guided walk around the Unitec campus with Mike Maran. The campus is well known for its many notable and historic trees. The informative walk will assist with your knowledge of how to identify trees and of the importance of how trees are valued in our environment. On site are also Auckland's largest community vegetable gardens and we will return via the Oakley Creek walkway to also view Auckland's only inland waterfall. Mainly level and one moderate short hill. The walk will take 2½ -3hrs return. We will stop at one of the many cafes in Pt Chevalier shops after.

**Bring:** Usual day trip gear, water and good walking shoes.

**Cost:** Nil

**Contact: Mike Maran – 846 5350, 0274 784 779 or**

[mikemaran10@gmail.com](mailto:mikemaran10@gmail.com)

## AUCKLAND HOUSE & GARDEN TOUR

Friday 7th April 2017

Meet at a central location so we can carpool and travel together or drive yourself. Location and address to be advised.

In association with NZ House & Garden magazine and in support of the NZ Breast Cancer Foundation experience a selection of some of our country's most beautiful homes and garden

**Cost:** \$70pp Each ticket goes into the draw to win 15 day luxury all-inclusive magnificent Europe river cruise valued at \$20,000 including airfares.

Buy your tickets now at [www.nzhouseandgardentours.co.nz](http://www.nzhouseandgardentours.co.nz)

Please inform Mike when you have booked.

**Contact: Mike Maran - 846 5350, 0274 784 779 or**

[mikemaran10@gmail.com](mailto:mikemaran10@gmail.com)



## BIRD WATCHING AT AMBURY

Ambury Farm Regional Park, 43 Ambury Rd, Mangere Bridge

Sunday 9th April at 9.30am

Meet at 9.30am. at the Information Stable at the farm park (turn left inside the gate)

Free bird tour organised by Manukau Harbour Restoration Society. Bring along your own binoculars if you have them (some will be provided if you don't) and see if you can identify spoonbills, oyster-catchers, stilts, godwits, dotterels and more. The tour takes approximately an hour and is guided by experts from Birds NZ.

Morning tea afterwards at Mangere Bridge.

**Bring:** Walking shoes, raincoat and sunhat  
(covers all the vagaries of the Auckland weather)

**Cost:** Free for the tour. Morning tea at your cost

**Confirm by:** Thursday 6th April

**Contact: Libby Lyver - 021 137 1488 or [libby.lyver@gmail.com](mailto:libby.lyver@gmail.com)**

## THE BIG EASY, NAPIER

Easter 2017 Friday 14th to Monday 17th April

The motel units are already booked! Bring your bike for the 45km Big Easy ride from Havelock North to Napier. This is run on Easter Saturday from 10am and includes a concert at Church Bay Winery after the ride till 6pm. Lots of buskers en route and great discounts off food & drinks while biking along Napier's fabulous bike paths. Carpooling organised if needed (share costs). Limited accommodation available so get in quick. Sunday ride to brunch along the wine trails.

**Bring:** Own bike and all biking gear

**Costs:** Big Easy ride \$35 including T-shirt and concert entry.

\$10 transport to start of ride at Havelock North.

Buy tickets online at [www.bigeasy.co.nz](http://www.bigeasy.co.nz)

Accommodation approx \$50-\$70 a night shared motel rooms. (costs depend on how many sharing).

**Confirm by:** 17th March

**Contact: Libby Lyver - 021 137 1488 or [libby.lyver@gmail.com](mailto:libby.lyver@gmail.com)**



## ROTOROA ISLAND EXCURSION

Saturday 23rd April 2017

Meet 7.45am for 8am departure at the Auckland Ferry Terminal. Rotoroa Island is a unique arts, heritage and conservation island nestled among a chain of islets off Waiheke's east coast, Only a 75minute ferry ride away from Downtown Auckland. Easily traversed in a day, so bring your walking shoes, pack a picnic and explore the island. The island is the Hauraki Gulf's newest wildlife sanctuary and in partnership with Auckland Zoo, the Rotoroa Island Trust has begun to release endangered native species on the island, including kiwi, saddlebacks, reptiles and takahe

**Bring:** Walking shoes, packed lunch

**Cost:** \$52 per person return

**Pay/Confirm by:** 2nd April 2017

**Contact: Mary Donald - 021 846 066 or [mary.don@xtra.co.nz](mailto:mary.don@xtra.co.nz)**



### **THE CRIPPLE OF INISHMANN - (A BLACK COMEDY)**

Dolphin Theatre, 12 Spring Street Onehunga

**Saturday 13<sup>th</sup> May at 8pm**

Optional Dinner at Thai Archer, 1 Campbell Road Royal Oak at 6pm

**Costs:** \$24 Seniors, \$28 Adults play only

[www.dolphintheatre.org.nz](http://www.dolphintheatre.org.nz)

**Pay:** TUAC Account

**Confirm:** 5<sup>th</sup> May 2017 or ASAP limited tickets due to small theatre

**Contact:** Ann Melrose - 021 157 6005, 636 5417 or

[annmelrose@gmail.com](mailto:annmelrose@gmail.com)



### **BIG BIKE FILM NIGHT 2017**

Academy Theatre, 12 Lorne Street, Auckland City

**Tuesday 16<sup>th</sup> May at 8pm**

Called Muscle & Dreams – Creating the Old Ghost Road, plus an

assortment of short films, [www.bikebigfilmmight.nz](http://www.bikebigfilmmight.nz)

Meet at 7.45pm in the Foyer

Optional Dinner at Elliott Stables, Elliott Street at 6 –6.30pm

**Cost:** \$20 movie only – please pay into TUAC account

**Confirm:** ASAP – Limited Tickets available.

I will book a block booking once I know how many members wish to attend.

**Contact:** Ann Melrose - 021 157 6005, 636 5417 or

[annmelrose@gmail.com](mailto:annmelrose@gmail.com)



### **JUBILEE SAILING TRUST DAY TRIP ON THE TALL**

**SAILING SHIP, HMS TENACIOUS**

**Saturday 17<sup>th</sup> June 8.30am to 5pm**

Ship departs from the wharf alongside the Maritime Museum left side of Princess wharf.

A unique opportunity to assist on sailing a large sailing vessel and participate in all aspects of the adventure of tall ship sailing. The ships primary purpose is to assist those with physical and intellectual disabilities and to encourage self-discovery while increasing life skills with active participation while enjoying yourself and making new friends. The Tenacious has a permanent crew who will assist you through any tasks that you want to get involved in. These tasks are voluntary which include assisting with disabled passengers, assisting the crew in sailing the vessel or just relaxing on the ship. The Tenacious is the largest operating timber hulled vessel in the world and is operated as a UN accredited charity under the Jubilee Sailing Trust NZ. For more info on the trust go to [www.jst.org.nz](http://www.jst.org.nz)

**Bring:** Not sure if lunch is included, will update you in the next newsletter. You will need your usual gear for water based activities, warm jacket, hat and other day wear gear.

**Cost:** \$205 per person. If we have a minimum of 10 TUAC members, the Trust will discount the fare by 15%. = \$174.25. Payable to our TUAC bank account.

**Confirm/pay:** By 1<sup>st</sup> June. Or please let me know asap so I can inform the Trust of the numbers of members expected.

**Contact:** Mike Maran - 846 5350, 0274 784 779 or

[mikemaran10@gmail.com](mailto:mikemaran10@gmail.com)



### **Trade Me**

Tramping boots – St elias GTX. Size US 10 or Euro 41 \$80

Walking pole – Fizan Anti shock and locking system \$10

Coleman camp stretcher Free

For more information:

**Contact:** Helene 021 921 068 or [heleneh47@xtra.co.nz](mailto:heleneh47@xtra.co.nz)

### **MEMBERS – INTRODUCE A NEW MEMBER**

If you introduce a new member and they join the Club you will get a credit of \$10 on your next TUAC membership renewal account.

"I acknowledge and accept that neither the Thumbs Up Adventure Club ("the club"), nor any other party associated with any activity arranged by or through the club shall have any responsibility for any liability, financial or otherwise, which might arise whether or not by negligence, from any direct or indirect loss, injury or death which might be sustained by me or any other party directly or indirectly associated with me, from my intended or actual participation in any event or its related activities."

### **BIKE WITH LIGHTS NIGHT RIDE - OREWA ESTUARY**

**Saturday 24<sup>th</sup> June at 5pm**

Meet and park at 5pm for a 5.30 to 6pm start at the Orewa Western Reserve. Drive over the Orewa bridge and take the 1<sup>st</sup> entrance on your left. Park beside the toilets.

Those members with bikes it's time to light up at night. This will be TUAC's significant spectacular winter event. We are going to involve and invite all the Orewa bike community and any other bicycle organisations and clubs who would like to attend. We are hoping to have a multitude of bikes participating to make it a visual night time event and are going to cycle around the Orewa Estuary, which is about 7km. Millwater is halfway at 3.5kms and returning to Western Reserve.

The cycleway is mostly on tar sealed and concrete paths with some of the cycleway still on compacted gravel. The event will be advertised in the local paper and any TUAC members will be encouraged to hand out leaflets encouraging new members to join.

You can light up your bike by purchasing LED lights and batteries from the \$2 shops or similar. The club is hoping to have good media coverage.

**Bring:** Usual bike gear, warm jacket, camera

**Cost:** Free.

Dinner after at your own cost at a café or restaurant in Orewa

**Contact:** Rob Arnett – 022 644 7886 or [gyporob@yahoo.co.uk](mailto:gyporob@yahoo.co.uk) or

David Verrall - 027 203 5508 or [gundesenverrall@xtra.co.nz](mailto:gundesenverrall@xtra.co.nz)



### **WEB-SITE 'GALLERY?'**

For all you Event participants who take wonderful photos -why not share them with everyone else on our web-site. Email your photos to Rob Bell on [trekkerrob48@gmail.com](mailto:trekkerrob48@gmail.com)

### **JOKE**

**An elderly couple had dinner at another couple's house, and after eating, the wives left the table and went into the kitchen.**

**The two gentlemen were talking, and one said,**

**'Last night we went out to a new restaurant and it was really great.**

**I would recommend it very highly.'**

**The other man said, 'What is the name of the restaurant?'**

**The first man thought and thought and finally said,**

**'What's the name of that flower you give to someone you love? You know, the one that's red and has thorns.'**

**Do you mean a rose? Yes, that's the one,' the man replied.**

**He then turned towards the kitchen and yelled, 'Rose, what's the name of that restaurant'**