



Thumbs Up Adventure Club Inc.
www.tuac.co.nz

“The Thumbs Up Adventure Club is a social and active group of people who enjoy living life to the fullest”

President:	David Verrall	630 2588	Committee:	
Treasurer:	Libby Lyver	021 137 1488	Alison Philcox	021 257 6741
Secretaries:)	Helene Harper	838 6742	Dianne Chisholm	027 494 1400
)	June Bell	817 3093	Irene Palmer	021 236 9422
New Membership:	Leonie Caskey-Hatton	480 2800	Hillary Scott	021 258 4186
Newsletter/Website:	Alan Grigg	027 493 6850	Jackie Humphrey	021 167 4253
			Raywyn Brinsden	021 455 863
			Gerry Smith	520 5795

Our account details: ASB Bank 12-3014-0118011-00 - For internet banking - state your name, cost and event you are paying for. Please deposit cheques directly into the Club's bank account and email Libby (libby.lyver@gmail.com) the same information.

CHECK WITH EVENT ORGANISER THAT PLACES ARE AVAILABLE BEFORE MAKING ANY PAYMENT

Non members may attend some club events. Members have priority and a surcharge will be applied. Contact the event organiser directly

If you have confirmed you wish to go to an event where the ticket is pre-paid by the organiser, please pay by the due date.
The ticket is still your responsibility to pay. You can sell it or give it away
If you cannot attend on the day, please advise the organiser immediately as they may have other people wishing to attend

March – April 2014

TAPAPAKANGA REGIONAL PARK CAMPING WEEKEND

Auckland Regional Park, Firth of Thames
Friday 28th Feb to 2nd March 2014

Campsite at Tapapakanga looks out to sea with views of the Firth of Thames. Facilities include toilets, tables, water, outdoor shower. 5 mins walk through bush to the beach side and historic farm house. Walking and mountain bike tracks. Fishing, canoeing, safe, sandy swimming tidal beach

See web site <http://www.arc.govt.nz/>

Bring: All camping gear/ tents/ gas stove or BBQ. Swimming togs, walking shoes, bikes and helmets. Own food/drink as nearest shop is Orere Point Campground. Shared meal on Saturday night.

Location: 60 minute drive from Auckland CBD. Drive south on SH1. Take the Manurewa off ramp, head for Clevedon. From Clevedon follow the signs to Kawakawa Bay and turn right at the shop. Go 12.5km (past Orere Point) and turn off into Deery Rd to the Tapapakanga Park.

Cost: \$13 per night per person. Campsite takes 40 people

Pay by: **ASAP**

Contact: David Verrall - 630 2588, 027 203 5508 or gundesenverrall@xtra.co.nz



ROUND THE BAYS 2014 – WALK OR RUN

Auckland Waterfront
Sunday 9th March 2014 – 8.30am

Join this iconic 8.4km fund raising walk or run from the city to St Heliers.

Race starts at 9.30am. Register online at www.roundthebays.co.nz

Meet at 8.30am at Goldie St, St Heliers near Vellenoweth Green and catch the shuttle buses to the start.

Alternative meeting point at 9am at the Shell Service Station on Quay St, opposite Tangihua Street. Car parking is usually available on Long Drive which is approx 5 to 10 mins walk to St Heliers.

Lunch afterwards in St Heliers

Cost: Buses cost around \$4.00 (cash only).

Entry fee ranges from \$27 to \$37 depending on when you register.

Lunch at your cost.

Pay by: Pay online when you register

Confirm by: Please let me know when you have entered

Contact: Libby Lyver - 021 137 1488 or libby.lyver@gmail.com



WINDSURFING AND STAND UP PADDLE BOARDING

Madloop Windsurfing, Lake Pupuke, 17 Sylvan Park Avenue, Milford.
Saturday 8th March 2014 - 11:30am for a 12:00 start

Two hours of fun to do both or concentrate on one. This includes instruction on a simulator on land first for beginners to wind surfing, wetsuits and life jackets. When booking please indicate if you want to do both or just one. Lake Pupuke is an ideal place for water sports as you don't have to contend with the surf or tides.

Further info: www.madloop.co.nz

Bring: Bathing suit, towel

Cost: Our special discount rate of \$50.00 per person for 2 hours

Pay by: Book now to secure a place and pay as soon as possible

Contact: Alison - 021 257 6741 or a.philcox@clear.net.nz



KARIOTAHU BLO CARTING & BEACH BBQ - KARIOTAHU BEACH

Saturday 15th March 2014 at 12pm

The committee have purchased Grab One tickets for a 1 hour blo carting session on Kariotahi Beach with Aqua Air Adventures.

If you do not want to try this yourself, feel free to come along just for the BBQ and watch the others try their hand at getting the cart to go in the right direction!

Limited tickets available - first in gets them

Pot luck beach BBQ beforehand. Meet at beach at 12.00 for lunch.

Blo carting briefing booked for 1.30pm start

Driving directions will be provided.

Bring: Own meat, drink and a plate to share for BBQ

Togs/towel in case you want to swim

Comfortable clothes and shoes which you don't mind if they get wet

Cost: \$35.00

Pay by: On booking

Confirm by: 15th February 2014

Contact: Libby Lyver - 021 137 1488 or libby.lyver@gmail.com



CHELSEA WALKS

Saturday 8th March at 2pm

Arguably the most delightful inner harbour walk with views from accessible but mildly challenging tracks in an exquisite nature setting in the near heart of Auckland.

Charge up your fitness battery in a gentle way.

Details: Meet at the Chelsea School, Onetaunga Rd, Birkenhead

Bring: Water, snacks, money for coffee afterwards if desired

Cost: Nil

Contact: Leonie Caskey-Hatton – 480 2800, 021 222 8982 or leoniecas@gmail.com



JOKE:

Wife texts husband on a cold winter's morning

“Windows frozen, won't open.”

Husband texts back

“Gently pour some lukewarm water over it.”

Wife texts back 5 minutes later

“Computer really screwed up now.”

A NIGHT WITH THE STARS VARIETY SHOW

Takapuna RSA, 19 Northcote Rd, Takapuna
Saturday 15th March 2014

A variety show you can dance along with. The show starts at 7.30pm. with music to cater for all tastes. Includes songs by Neil Diamond, Stevie Wonder, Amy Winehouse, Joe Cocker, George Benson, Whitney Houston, Dean Martin, Gene Pitney, Lily Allen, Elvis and more.

You can have a meal before the show if you want to. Mains around \$14

Cost: \$10 for the show, optional meal at your cost

Confirm by: Friday 7th March as limited tickets are being held for TUAC

Contact: Guy Phillips – 027 603 5549 or icbm@woosh.co.nz

OKURA BUSH WALKWAY - HAIGH ACCESS ROAD

Sunday 16th March at 10am

Meet at the end of Haigh Access Road, off East Coast Road at 10am
2-3 hours bush and coastal walk

Bring: Suitable walking clothes and boots
Swimming togs if you want to swim
Lunch - food and drink - carry in pack

Cost: Nil

Contact: Gerry - 520 5795 or gerry181@xtra.co.nz



ICE SKATING – PARADISE ICE SKATING, BOTANY

490 Ti Rakau Drive, Botany

Saturday 22nd March at 5pm

Have places for 6 people at \$8 each. (Usual price \$17 each) - includes skate hire

For further info see website www.paradise.co.nz

Bring: Warm clothing, socks. Change of clothing if you are likely to fall!

Cost: \$8 cost for meal afterwards

Pay: ASAP (to Hillary)

Contact: Hillary Scott - 021 258 4186



MAGICAL MANGAWHAI - 15TH MANGAWHAI WALKING W/END

Friday 28th March to Sunday 30th March

Join in this annual event - Friday 28th begins with the Troubadour Trail along the coast and cliffs. This is a feast of storytelling, singing, music and magic.

Saturday and Sunday - Walks of your choice.

Saturday there is a wine and food festival at the Olive Grove with The Mermaids as entertainment. Jo Cotton is in this group.

Check out the walks on www.mangawhaiwalkingweekend.co.nz and pricing.

Packed lunches available for \$11 each day - pre booking essential

Book early to secure your place

Free camping available at Mangawhai at Bob Bell's place.

Contact: June Bell for camping details - 817 3093, 021 258 3013 or fiveofsix48@hotmail.com



MOUNT AUCKLAND ATUANUI WALK

Saturday 5th April 10am

Meet at Corner Glorit-Kaipara Coast Hwy 16 and Kaipara Hills Rd about 21km north of Kaukapakapa

The tramp is 1hr 45min to the summit. The walkway follows an airstrip and a logging track along a ridge to the Atuanui forest, which has fine stands of regenerating rimu and kauri. A lookout at the summit (305 metres) provides panoramic views.

Bring: Suitable walking clothes and footwear
Lunch - food and drink - carry in day pack.

Cost: Nil

Contact: David Verrall- 630 2588, 027 203 5508 or gundesevverrall@xtra.co.nz if interested and for car pooling



WHENUAPAI HALF MARATHON, 10KM & 6KM FUN RUN

Whenuapai School, Airport Rd, Whenuapai

Sunday 6th April 2014

The course is through rural Whenuapai with gently rolling country roads, circum navigates the Whenuapai RNZAF base and finishes in front of the Whenuapai School Hall.

We will meet at the school before the start of the race at 7.15am half marathon starts at 7.30am and 10km walk at 7.45am. After the race we will go to Hallertau for drinks and lunch. They usually have some entertainment on as well. There will be a sausage sizzle after the race at the school and drinks run by the school. It's very reasonable.

Bring: Energy, enthusiasm, water, something to change into for after, some money for refreshments & lunch

Cost: Half marathon \$45, 10km walk/run \$35, 6km \$15. The website will have all the details regarding when the race starts, where to park and where you pick up your race packs

Pay by: Register on the website www.whenuapaihalf.co.nz or you can contact Shaun Collins 09 817 7621 or email: shaun@lactic-turkey.co.nz
Any problems with registering let me know and I can help you with it

Contact: Helene - Heleneh47@xtra.co.nz, 838 6742 or 021 921 068

Be sure to let me know if you are coming so I can look out for you.



OREWA HALF MARATHON, 10KM & 5KM FUN RUN/WALK

Orewa Beach

Sunday 13th April 2014

Do the walk/run and finish with a BBQ at Sheila Jenkins place

Web-site to book for run/walk -

<http://www.orewabeachhalfmarathon.com/>

Or just support the team and come to the BBQ

Bring: Own food for the BBQ and BYO. Salad will be provided.
Chair for outside use and togs/towel for a swim

Contact: Sheila Jenkins - 021 479 256, or sjenks@clear.net.nz



EASTER ON THE EAST CAPE - NAPIER

Friday 18th to Monday 21st April 2014

4 day tour of Napier and surrounding region. Mainly focused around biking the cycle trails, including visiting wineries, but the weekend is free for people to choose their own activities.

Optional Gannet Colony tour, either ride or boat to Clifton Beach where tour departs.

Optional extra days can be added to the edge of Easter if you want to make the weekend longer. Carpooling and a shared itinerary available on request.

Accommodation has been booked (twin or triple share/own unit)

Bring: Own bike and helmet

Cost: Approx \$165 per night per person for motel depending on how many in each unit. Share costs carpooling.

Gannet colony tour \$42.00 adults/\$37.00 seniors.

Pay by: To be advised

Confirm by: 1st March 2014

Contact: Libby Lyver - 021 137 1488 or libby.lyver@gmail.com



ROTORUA MARATHON - 50TH MARATHON

Saturday 3rd May 2014

Fancy walking or running a marathon which combines both history and geography in a beautiful piece of NZ

Multiple distances of your choice - marathon, half marathon, 10km or 5km

Check out website and register on www.rotorouamarathon.co.nz

Limited accommodation is available at Alpine Motel

Cost: \$125 per night for 2 people with an additional charge of \$20 for each extra adult. Some units will sleep 3. This will be for 2 nights, ie. Friday 2nd May and Saturday 3rd May

Last date for accommodation 1st April

Bring: Plenty of energy

Contact: June - 817 3093, 021 258 3013 or fiveofsix48@hotmail.com



THE IMPORTANCE OF BEING EARNEST

Howick Little Theatre, 1 Sir Lloyd Drive, Pakuranga

(near Howick Historical Village)

Saturday 10th May at 8pm

This is one of Oscar Wilde's most famous plays. So amusing.

Check out www.hlt.org.nz

Bring: Expectation to be entertained

Cost: \$28

Pay by: Hillary by 18th April. I will book tickets for the number of paid up members when booking office opens on 22nd April.

Contact: Hillary Scott - 021 258 4186 or 520 5844



MID MAY MADNESS TUAC SLEEP OVER PARTY

225 Gills Road, Albany

Friday 23rd May 2014

A TUAC Get-Together - Dinner, music, open fire if cold, buffet

dinner provided. Bring your own alcohol and music

Focus will be on everyone having fun. Music and dancing in the bottom lounge and talking in the top lounge.

Beds, couches & mattresses available as well as parking for campervan to plug in.

Bring: Your party clothes, dance shoes, your own alcohol, sleeping bags, pillows & your favourite CD's

Cost: \$25 per head to cover the costs of the food.

Pay \$25 to confirm your place by 10th May

Contact: Irene - 021 236 9422 or Irenecpalmer@gmail.com



WINTERLESS NORTH WEEKEND

Paihia and Opononi

Friday 30th May to Monday 2nd June 2014

Planned adventures: Haruru Falls walk, cycle one section of the Coast to Coast Cycle Trail, sand canyons walk or mountain bike ride along the beach, with a possible Russell/Pompallier House visit thrown in.

An expression of interest required to book accommodation.

Further info: To follow

Cost: To be advised

Pay by: To be advised

Contact: Alison Philcox or Libby Lyver – 021 257 6741

a.philcox@clear.net.nz or 021 137 1488 libby.lyver@gmail.com

PIRONGIA FOREST PARK LODGE WEEKEND AWAY

Pirongia Forest close to Raglan in Waikato

Friday 6th June to Sunday 8th June

Arrive Friday night for a weekend of hiking, orienteering, plus indoor sports and games. Wining & dining around an open fire in evenings.

Friday night Tapas & Sangria party, Saturday night Pot Luck Dinner Party.

Bring: All your own alcohol & food for the above, plus breakfasts & lunches. Wet weather & tramping gear. Togs if brave enough. Sleeping bags & pillows, insect repellent, toilet paper, rubbish bags.

Cost: \$60 per person. Minimum 12p – Maximum 16p. Price includes 2 nights accommodation, cleaning charges & extra firewood if cold.

Pay by: Book your place with a \$30 deposit by 20th March
Final payment by 20th May

Contact: irenepalmer@gmail.com or 021 236 9422

TOUGH GUY AND GAL CHALLENGE

Woodhill Sands Equestrian Centre

(12 mins from end of North Western Motorway)

Saturday 21st June 2014

It is time to get down and dirty for the third year in a row and join us in this challenging fun event. The course includes water trails, crawling under barb wire obstacles, swamp crossings, bush trail, equestrian obstacles open paddock running hill climbs and sand crawls. I am doing 6k older brutes and beauties (over 40yr olds) which starts at 11:10am but feel free to do 12k 2 laps which starts at 11:00. Timing chip provided.

Prize giving 1:45. Hot showers, cafe and plenty of car parking. Each competitor will receive a Hydra8 zero sports drink, 'I survived' coffee mug and sponsor products in a goodie bag. Amazing spot prizes. Car pooling can be arranged.

Let me know when you have registered.

Further info: www.toughguyandgal.co.nz

Bring: Wear thermal polyprop top preferably. Prizes for best dressed if you want to dress up. Shoes to run in. Towel for shower afterwards. Dry warm clothing for after the event. Snacks. Cash if you want to buy drinks and food. EFTPOS not normally available.

Cost: \$65.00 before end of April. \$70.00 before 9th June. \$80.00 after 9th June

Pay by: Book online

<http://www.eventpromotions.co.nz/ToughGuyandGalChallenge>

Contact: Alison Philcox - 021 257 6741 or a.philcox@clear.net.nz

VODAFONE WARRIORS v BRISBANE BRONCO'S - NRL

Mt Smart Stadium

Saturday 21st June 7.30pm

Come along and enjoy an evening at the Warriors home ground.

Be there live - enjoy electric atmosphere, the crowd, the big hits, the Tries.

A Fun Night.

Meet at 6pm at the Main Gate Ticket Box at Beasley Ave Entrance, off Church Street. You can park in Neilson Street.

So you can see the 2nd half of the Vodafone Junior Warriors, buy a meal/drink and be ready for the main game at 7.30pm.

Bring: Warm clothing, wet weather gear

Cost: \$40 – Pay ASAP so I can make a group booking

Confirm by: ASAP

Contact: David Verrall - 630 2588, 027 203 5508 or

gundesenverrall@xtra.co.nz



RIDE THE PARADISE TRAIL, LAKE WAKATIPU, QUEENSTOWN

Anniversary W/end Saturday 24th to Tuesday 27th January 2015

Pedal through Paradise - the Most Beautiful Guided Cycle Tour in the World

An expression of interest is sought for a group of 12 people to ride the

Paradise Trail - a 4 day, 3 night fully guided and supported boutique

cycle tour around Lake Wakatipu, through parts of Mt Aspiring and

Fordland National Parks. 3 days cycling, 1 day tramping on the

Routeburn Track with accommodation at historic Kinloch Lodge and

Paradise Homestead.

Further info see website www.revolutiontours.co.nz or contact 0800 274 3348

Bring: Clothes suitable for cycling/tramping

Cost: \$1685 includes 3 nights' accommodation, use of bikes and helmets, all

food (including snacks), TSS Earnslaw steamer ride, water taxi transport, support

vehicle, luggage transport, and transport back to Queenstown.

10% deposit at time of booking, balance due 28 days before start of tour date

Expressions of interest by 31st May 2014.

Contact: Sheila Jenkins - 021 479 256 or sjenks@clear.net.nz



EXPRESSIONS OF INTEREST FOR GOLDFIELDS CAVALCADE OTAGO

Sometime in February 2015

Tramp, ride a horse or ride in a covered wagon over the Otago Goldfields.

Check out the link <http://cavalcade.co.nz/about>

Cost: Depends on the trail we decide on.

Between \$300 - \$600 per person.

Let me know what you would be interested in doing by checking out the 2014

trail options and giving me the name of the trail boss you would have chosen.

Contact: irenepalmer@gmail.com

WATCH THIS SPACE FOR POSSIBLE EVENTS

- | | |
|--|-------------|
| ➤ Port Waikato weekend | Raywyn |
| ➤ BMW Racing | Irene/Libby |
| ➤ Auckland city events | Gerry |
| ➤ Wanganui River kayaking | Irene |
| ➤ Monthly Dance Nights Ponsonby Sailing Club | Helene |

A BLAST FROM THE PAST

Events from 1994

HORSE TRECKING

Sunday 21st August

PARADISE VALLEY RANCH (Helensville) here we come Lydia and Neal are rounding up 20 of their trusty steeds for a cowboy/girl adventure over Farm Forestry and Beach trails. We've negotiated a special deal for a 3-3 1/2 hour Trek with an option of a special deal at Palm Springs Hot Pools (Parakai) afterwards we can soak and barbecue!

Cost \$37.00

FOUR WHEELIN'

September 11th (tentative)

If bouncing through the bush or across the beach revs your motor, be sure to call or sign up early! We need to know who is interested, who has a 4WD vehicle and how many wild riders we have, so call or sign up by the August meeting!

PADI SCUBA CLASSES

October 8-9, 15-16

Scuba classes have been rescheduled to warmer weather! The full PADI course will be October 8-9 for pool and class work, then off the Goat Island the following weekend to play with the fish! Summer has always has lots of water activities so get prepared. Those who need refresher work can be included in our group in the specific parts you need. The special discount rate from Adventure Club is only \$300.

RAINBOWS END

Saturday 19th November Open until 5pm

Bring your kids, spend the day on a Superpass (which includes all rides) and have a lovely BBQ lunch with all your friends. Our group will furnish part of the lunch and you bring or buy the rest. Buy your tickets from Barbara up to one week prior to the Big Day.

Cost includes group discount

Adult \$25, Child (4-13) \$16, under 4 free

MEMBERS – INTRODUCE A NEW MEMBER

If you introduce a new member and they join the Club you will get a credit of \$10 on your next TUAC membership renewal account

"I acknowledge and accept that neither the Thumbs Up Adventure Club ("the club"), nor any other party associated with any activity arranged by or through the club shall have any responsibility for any liability, financial or otherwise, which might arise whether or not by negligence, from any direct or indirect loss, injury or death which might be sustained by me or any other party directly or indirectly associated with me, from my intended or actual participation in any event or its related activities."