

# THUMBS UP ADVENTURE CLUB INC.

www.tuac.co.nz



*"The Thumbs Up Adventure Club is a social and active group of people who enjoy living life to the fullest"*

<b>President:</b>	Faye Broughton	483 3371	<b>Committee:</b>	Jean Wardle	622 1191	Raywyn	021 455 863
<b>Treasurer:</b>	Libby Lyver	021-1371488		Helene Harper	838 6742	June Bell	817 3093
<b>Secretary:</b>	Betty Rankine	444 0174		Alan Grigg	414 7955	David Verrall	630 2588
<b>New Membership:</b>	Leonie Caskey-Hatton	480 2800		Gerry Smith	520 5795		
<b>Newsletter:</b>	June Isaacs	480 4469		Alison Philcox	021 2576741		

**SEND CHEQUES TO: TUAC, C/o Libby Lyver, P O Box 42262, Orakei 1745. Put the name of events you are paying for on the back of the cheque**

**PLEASE CHECK WITH EVENT ORGANISER THAT PLACES ARE STILL LEFT BEFORE SENDING YOUR CHEQUE**

Our account details: **ANZ Bank 01-0277-0139400-00** for those who prefer to send payment by electronic payment via the internet

**PLEASE** make sure you state your name, the cost and what event you are paying for

*Non-members may attend some club events. Members have priority and a surcharge will be applied. Contact the event organiser directly*

"I acknowledge and accept that neither the Thumbs Up Adventure Club ("the club"), nor any other party associated with any activity arranged by or through the club shall have any responsibility for any liability, financial or otherwise, which might arise whether or not by negligence, from any direct or indirect loss, injury or death which might be sustained by me or any other party directly or indirectly associated with me, from my intended or actual participation in any event or its related activities."

**If you have confirmed you wish to go to an event where the ticket is pre-paid by the organiser, please pay by the due date.**

**The ticket is still your responsibility to pay. You can sell it or give it away.**

**If you cannot attend on the day, please advise the organiser immediately as they may have other people wishing to attend.**

## MARCH / APRIL 2013

**PLEASE NOTE:** Address for sending cheques & account details for Internet payment are above

### BIKE RIDE AND/OR POT LUCK BBQ

**Saturday 9<sup>th</sup> March from 6 pm**

**Location: Ross & Trina Ballantyne, Manukau**

Anyone interested in riding the Totara Park Mountain Bike Trail before the BBQ, can arrive at 2pm for a fun ride through the park. Some downhill, approx 40 mins. Meet at Totara Park (Redoubt Road entrance). Bring own mountain bike and water. You can shower and change at the Ballantyne's afterwards before the BBQ. Address supplied on confirmation of attendance.

**Bring: BBQ meat and own drinks. A plate to share**

**Cost: Free**

**Confirm: by 1<sup>st</sup> March by email to Trina – [famis.nz@xtra.co.nz](mailto:famis.nz@xtra.co.nz)**

**Contact: Trina Ballantyne 021-1306270**



### ROUND THE BAYS - Walk or Run.

**Sunday 10<sup>th</sup> March - Start time is 9.30am**

Register on line at [www.roundthebays.co.nz](http://www.roundthebays.co.nz) or on the day.

**Adults \$15 Early** entry closes 22nd February. Late entry closes 8th March.

**Meet: At the Shell Service Station** on the left hand side of the road before the start line between 9.00 & 9.15am

**Join in for a post event get together BBQ at Kohimarama. Look out for June and Libby and meet at the left of the finish line.**

**Confirm: Could people please reply to June or Libby so we know how many to cater for.**

**Phone: June 021-2583013 and Libby 021-1371488 and we will walk back to the BBQ site**



**5 OR 10KM RUN AND WALK, Mauku Primary School, Union Franklin Rd 17<sup>th</sup> March – Starts 8am - Scenic undulating course.**

**Bring: Gear, lunch or food provided at little cost**

**Cost: 5km \$15, 10km \$20**

**Contact: Janie Taylor 09-2363654 [admin@mauku.school.nz](mailto:admin@mauku.school.nz)**

**Contact: Gerry 520-5795**



### WAITAKERE WALK - Fairy Falls

**Sunday 17<sup>th</sup> March - 9.00am**

2/12hrs, 5.5km loop. Moderate walk. Down from the Scenic Drive to Mountain Rd and back up the Old Coach Track.

**Meet: Lopdell House Car Park cnr Titirangi Rd and Sth Titirangi Rd for an 0900 departure**

**Wear/bring: Good footwear, water, morning tea. Lunch/coffee on way home**

**Contact: June 817-3093 or 021-2583013 [fiveofsix48@hotmail.com](mailto:fiveofsix48@hotmail.com)**



### SULLIVAN'S BAY CAMPING, Mahurangi

**Friday & Saturday nights, 22-23 March**

I have only been able to book 13 people for two nights so if you are interested contact me ASAP

**We will most likely have a combined meal Friday and Saturday nights**

**Bring: Tent, sleeping bag, food**

**Cost: \$12 a night... total \$24**

**Pay by: Do not pay to TUAC until you know that there is a place for you.**

**Contact: Alan [a.grigg@xtra.co.nz](mailto:a.grigg@xtra.co.nz) or 027-4936850**



### FLIGHT SIMULATOR FOR HALF AN HOUR

**Ardmore Airport - but we'll car pool.**

**March / April time to be confirmed**

1/2 hour flying a plane in the simulator. Guy has booked for 4 people

**Bring: Money for coffee afterwards**

**Cost: \$20 for 1/2 an hour**

**Pay by: As soon as your booking is confirmed**

**Contact: Guy on 027603 5549 Email: [icbm@xtra.co.nz](mailto:icbm@xtra.co.nz) or 302 4807**



### MOTUTAPU - RANGITOTO TRAVERSE

**Saturday 23<sup>rd</sup> March**

Come, I have registered for the 30k mountain bike option - starts at 9:30am. This one is a single loop course starting at Home Bay on the Eastern side of Motutapu and includes gravel road, single track forest & volcanic lava sections, grass tracks and trails. A once a year opportunity. At no other time throughout the year are mountain bikes allowed to be taken over to the island and ridden. All mountain bikes will be **securely stored** at the event registration expo site and transported to the event base at Home Bay, Motutapu via Fullers for you prior to race day. Mountain bikes are racked at the event base on Motutapu and await your collection when you come off the ferry for your race. Mountain bikes are again racked after your event and transported back to the Fullers ferry terminal in Auckland City where they are again **securely stored** and ready to be collected once you come off the ferry. The ferry for this event leaves Auckland at 7am Saturday. If you are camping please read details on the Dual website for ferry times etc. Lots of options for getting back to Auckland.

**There is a Dual concert starting at 12:00noon and finishing 7:00pm**

**Do your own booking & let me know when done. Nos limited so book now.**

**Further info: [www.thedual.co.nz](http://www.thedual.co.nz)**

**Cost: depends on what you are doing plus \$30.00 return ferry. This needs to be booked also.**

**Contact: Alison Philcox 021 2576741 or email [a.philcox@clear.net.nz](mailto:a.philcox@clear.net.nz)**



### EASTER ROAD TRIP-THE FORGOTTEN WORLD HIGHWAY

**Friday 29<sup>th</sup> March to Monday 1<sup>st</sup> April**

Explore the Forgotten World Highway, Stratford & New Plymouth over 4 days. Bush walks, museums (optional), sightseeing/historical places etc, lunch at the famous Whangamomona Hotel on Saturday planned. Carpooling can be arranged. Because of accommodation being tight over Easter, if you would like to come along on this event exploring this region by car, on foot and/or by bike (optional), I need a commitment by next Monday 4<sup>th</sup> March. Further details on what is planned can be obtained by ringing/emailing me. Accommodation has been reserved but must be confirmed by next week.

**Bring: List provided on request**

**Cost: Accommodation approximately \$150 twin share for the 3 nights, own food, share petrol costs**

**Confirm by: Monday 4<sup>th</sup> March**

**Contact: Libby Lyver 021 137 1488 or [libby.lyver@gmail.com](mailto:libby.lyver@gmail.com)**

## GERRY & THE PACEMAKERS / THE SEARCHERS

Bruce Mason Theatre, Takapuna  
Sunday 7<sup>th</sup> April at 7.00pm

These tickets will probably sell quickly.

**Cost: \$80** (plus admin. charges if applicable).

**Pay by: Immediately**

**Contact: Pauline Sommerville**

[paulinesommerville@hotmail.com](mailto:paulinesommerville@hotmail.com)



## 14<sup>TH</sup> ANNUAL MANGAWHAI WALKING WEEKEND

5<sup>th</sup> to 7<sup>th</sup> April 2013

**REGISTRATIONS OPEN 1<sup>ST</sup> JANUARY 2013 AND YOU MUST BOOK EARLY FOR ALL EVENTS**



Join over 700 others who trek north for this fabulous event. There are some amazing walks and activities to take part in and plenty of variety to suit everyone's interest and ability. All walks are guided with a wide range of abilities catered for. Carpooling can be arranged from Auckland to Mangawhai.

**Friday 5<sup>th</sup> April (Optional event) Troubadour Trail \$10**

An afternoon of entertainment on the beach. As the trail winds round the beach and cliff five different groups of paid professional performers appear at specific spots on the trail. Relax on the grass or sand to soak up the autumn seaside surroundings as the musical and magician shows, light up the afternoon. Some steps. Choose your time **2.30pm – 3.00pm – 3.30pm**

**SATURDAY 6<sup>th</sup> April 2013** - 2 different walks to choose from:

**Tanekaha Forest Track – Mangawhai's newest walk. \$20 1<sup>st</sup> choice**

**Departs 9.15am, 4hrs Grade 3**

Climb a trig in the Brynderwyns, on a brand new track and on the way cross an elegant swing bridge, pass through some beautiful native forest, and enjoy wonderful views of Bream Bay and the Whangarei Heads. Enjoy lunch marvelling at the outlook.

**Estuary to the Ocean – time out \$20 2<sup>nd</sup> choice**

**Departs 9.20am, 4-5hrs Grade 3**

Birds, seaside plants, sand and ocean will be experienced on this memorable walk with a lifelong resident of Mangawhai. Learn the amazing story of the bund wall and the importance of the bird refuge to all of New Zealand. Discover the native riparian plants that line the estuary. Stories to be told. Time for a swim and a climb up the sand hill if you wish. Led by members of the Fairy Tern Trust. Carpool.

**Optional: Kayaking – makes a change \$35**

**Departs 8.30am, 4-5hrs Grade 2**

Paddle a kayak on the estuary. Beginners welcome. Professional instruction will be given. The tide will be the deciding factor when it comes to the route we take. Come prepared.

**Wine & Food Festival 3pm till 7pm. \$25 entry only. Food & drinks your cost.**

**Live Band: Room2Groove**

**SUNDAY 7<sup>th</sup> April 2013** – Gourmet breakfast 8.15am. \$10 followed by 2 different walks to choose from:

**Bald Rock and Pukekaroro** – that's the hill on SH1 near Kaiwaka \$20 1<sup>st</sup> choice

**Departs 9.45am, 3-4hrs Grade 3**

This walk via private property takes us through a deer farm to the DOC administered volcanic hill with the double top where evidence of Maori population abounds. The track is relatively steep but short through excellent regenerating kauri bush. We will then drive round to and take the short climb up Bald Rock. This distinctive landmark of white rock sits on one of the last areas still owned by the Coates family. These two areas are rich in local history and were very familiar to Mangawhai people of the past. Now another generation can enjoy these local favourites. Carpool.

**Historic Ramble** – relive the 1900s \$20 2<sup>nd</sup> choice

**Departs 9.45am, 4hrs Grade 1**

We begin our ramble in historic Tara with a visit to the old Tara Road School, currently under restoration. We have the opportunity to visit a bog garden created by springs that feed the river. Across the road is the old stone house and dairy with a NZHPT category rating, certified organic orchard with exotic fruit trees and a walk to the waterfall. Then it is lunch at the school. A short drive takes us to Louis Wintle's home where we hear stories of the pioneers and the furniture now at Mansion House. Take a peek at the bush reserve. Learn of the great value this special piece of volcanic land contributes to the area, past and present. Carpool.

**Accommodation:** Tenting available free at Rob Bell's property or choose your own accommodation from the wide range of choices available depending on how much you want to spend. Solar shower and flushing toilet at campsite. Fridge available to use. Bring extra water for the weekend

**Further Info & Costs:** Details available from me with the registration form and all the details of the walks and costs for the weekend. Check out [www.mangawhaiwalkingweekend.co.nz](http://www.mangawhaiwalkingweekend.co.nz) for further information on the events and accommodation choices. Register/pay online or post a cheque.

**YOU MUST BOOK IN EARLY** as there are over 700 people who attend this annual event and spaces on the walks and accommodation fill up well in advance.

**Contact: Libby 021 137-1488 or [libby.lyver@gmail.com](mailto:libby.lyver@gmail.com)**

## WHENUAPAI HALF MARATHON AND 10KM FUN RUN/ WALK

Sunday 14<sup>th</sup> April

Whenuapai School, Airport Road, by Whenuapai Airport

**Starts:** At 7.45am

**Cost:** \$35 for the 10km walk / run

**Registration closes:** April 8<sup>th</sup>

**Meet:** At the Whenuapai School at 7.30am.

Let me know in advance so I can look out for you.

**Register:** Go to website to register. Whenuapai Half Marathon

**Contact: Helene mob 021 921068 Hm: 838-6742**

[helene.harper@nz.huhtamaki.com](mailto:helene.harper@nz.huhtamaki.com)



## WALK MOUNT KAKEPUKU 8km south of TE AWAMUTU

**ANZAC Day Thursday 25<sup>th</sup> April (Day Trip)**

A distinctive landmark volcanic cone south of Te Awamutu 449m.

Climb through original forest and regenerating bush for an amazing view of Waipa. Find 4 pa sites - full of history about the Tainui. 3 1/2 hours return.

**Directions:** From Te Awamutu, take Bank Street, then Puniu Road out of town.

This becomes Pokuru Road. Turn off at Te Mawhai Road and Kakepuku Roads. The track is marked on the right. A toilet and information panel is marked here.

Carpooling can be arranged.

**Meet:** At carpark by information panel at 11am

**Wear:** Suitable walking clothes and walking shoes/boots

**Bring:** Day pack for snacks, drink, lunch and wet weather gear

**Cost:** Share carpool petrol

**Confirm:** by 21<sup>st</sup> April

**Contact:** David [gundesenverrall@xtra.co.nz](mailto:gundesenverrall@xtra.co.nz) 6302 588, or 027-2035508



## WARRIORS V BULLDOGS - WELLINGTON

Saturday 11<sup>th</sup> May at 7.30pm at Wellington

Fly down Saturday morning, return Sunday.

**Cost:** Return air fares \$110 at the moment

Tickets for the game are not on sale yet.

**Stay:** At the Quest Atrium. Studio. Double \$135

or the YHA. Double or twin \$80.

**Contact:** David Verrall. **I need to know if you are interested ASAP.**

Hm 630-2588 or 027 2035508 [gundesenverrall@xtra.co.nz](mailto:gundesenverrall@xtra.co.nz)



## 5 OR 10KM RUN AND WALK, Hobsonville Point Runway

Sunday 26<sup>th</sup> May

This is a fun event. with good prizes and no costs

Entry Forms can be obtained from Hobsonville Point Runway

Challenge website [susanb@totalsport.co.nz](http://susanb@totalsport.co.nz)

**Bring:** Gear, food, good restaurants with good food available

**Cost:** Nil

**Contact:** Gerry 5205795



## WATCH THIS SPACE FOR POSSIBLE EVENTS ►

- > Wine/Jazz events – to be watched for
- > Waiheke Weekend/hire house
- > Out in the Stix/Otorohanga walk – David
- > Parongia Walk – David
- > Matamata Walk/Cycle – David
- > Adventure Waikato – Faye
- > Whanganui River Kayak – Faye

## Members - Introduce a New Member:

**If you introduce a new member and they join up you will get a credit of \$10 on your next TUAC membership renewal account.**

## Peak Caps & Visors with TUAC logo for sale

Available in black, white and cream.

If you are interested in buying one (and looking cool like me!) please get in touch with me  
**\$10 each – Contact Alan [A.grigg@xtra.co.nz](mailto:A.grigg@xtra.co.nz)**



## TUAC T.Shirts for sale

Ladies shaped or straight (as shown in photos below)  
Small, Medium and Large - V or Round neck and a good choice of colors  
Logos are embroidered on the t.shirt  
**only \$32.50 each - Contact: Alan [A.grigg@xtra.co.nz](mailto:A.grigg@xtra.co.nz)**



## BUY ME?

**Tramping Boots** - Sito Women's - Grey/Navy - Uppers Leather, Sole Rubber- size US8.5- hardly used \$70 ono  
Contact: Betty 444 0174, 021-1173050 [bettyr67@vodafone.co.nz](mailto:bettyr67@vodafone.co.nz)

**Tramping sandals, new**  
size 8.5 \$40.00 Contact Helene 021-921068

**Fairy Down 60L Pack** - 3 yrs old  
Adjustable frame, attachable day pack  
\$50. Contact Helene 021-921068

