



Thumbs Up Adventure Club Inc.
www.tuac.co.nz

"The Thumbs Up Adventure Club is a social and active group of people who enjoy living life to the fullest"

President:	David Verrall	630 2588	Committee:	
Treasurer:	Libby Lyver	021 137 1488	Alison Philcox	021 257 6741
Secretaries:)	Helene Harper	838 6742	Raywyn Brinsden	021 455 863
)	June Bell	817 3093	Gerry Smith	520 5795
New Membership:	Leonie Caskey-Hatton	480 2800	Suzanne Caron	021 175 6994
Newsletter	Alan Grigg	027 493 6850	Hillary Scott	021 258 4186
Website:	Jayne Beacham	021 0295 3214		

Our account details: ASB Bank 12-3014-0118011-00 - For internet banking - state your name, cost and event you are paying for.
Please deposit cheques directly into the Club's bank account and email Libby (libby.lyver@gmail.com) the same information.

CHECK WITH EVENT ORGANISER THAT PLACES ARE AVAILABLE BEFORE MAKING ANY PAYMENT

Non members may attend some club events. Members have priority and a surcharge will be applied. Contact the event organiser directly

If you have confirmed you wish to go to an event where the ticket is pre-paid by the organiser, please pay by the due date.

The ticket is still your responsibility to pay. You can sell it or give it away

If you cannot attend on the day, please advise the organiser immediately as they may have other people wishing to attend

July – August 2014

LONG BAY WALK

Sunday 29th June at 9am

Meet at the children's playground car park on the North side at 9am
This beautiful scenic walk is approximately 6km and follows the coast.
It will take 2-3 hrs depending on whether you want fitness or relaxed
and scenic, followed by coffee and/or lunch at Long Bay Cafe, 2001
Beach Road.



Bring: Sun screen, hats, wet weather gear depending on forecast for the day

Cost: Free - Pay for what you purchase at the cafe

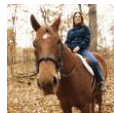
Confirm by: Advise Irene by Friday 27th if you are coming please

Contact: Irene – 021 236 9422 or Irenecpalmer@gmail.com

HORSE RIDING, Shiloh Farm, 42 Kaipara Flats Rd, Warkworth

Saturday 5th July at 9.30am

Meet at 9:30am to get saddled up for a 10am start. They have horses to suit all riding abilities, so when replying to me, please say if you just want to walk the beautiful countryside or be a bit more adventurous and go for a gallop as well. You can also book for 1 hour or 2 hours. We are trying a different venue so we don't have a repeat of last month's unexpected cancellation.



<http://truenz.co.nz/horsetrekking/auckland/Horse-Riding-Warkworth>

Car pooling can be arranged. Lunch afterwards in Warkworth.

Bring: Water, sunscreen, dress according to the weather on the day.

Cost: \$80 for 2 hours, \$40.00 for 1 hour per person

Pay: ASAP to secure a place

Contact: Alison Philcox - 021 257 6741 or a.philcox@clear.net.nz

LAVA CAVING AUCKLAND, 84 Landscape Road, Mt Eden

Saturday 12th July at 1.45pm

Experience Lava Caves under Mt Eden. You will be amazed what is under our roads and houses. Our guide will be Paul Crossley, a caver with over 40yrs experience.

Duration 1-1/2 hrs

Bring: A TORCH!! Wear appropriate clothes, helmet/beanie, gloves, old shoes/gumboots. Change of clothes, if raining could be some dampness

Cost: \$10 – Limit 10 people

Pay by: 5th July

Contact: June - 817 3093, 021 258 3013 or fiveofsix48@hotmail.com

WALKING AROUND THE HARBOUR

Sunday 13th July at 10am

Meet at Gerry's – 2/36 Ngapipi Road at 10am to walk Orakei Basin then around the harbour to Parnell.

Lunch at La Cigale, St Georges Bay Road on Market day then walk back to Tamaki Drive then to Ngapipi Road

Walk is 3 hours including lunch

Bring: Normal walking gear

Cost: Nil - pay for your lunch

Contact: Gerry – 520 5795 or gerry181@xtra.co.nz



WAIKOWHAI COAST EPIC WALK – ONEHUNGA BAY RESERVE

Saturday 19th July 2014 at 10am

Meet at Onehunga Bay Reserve. We will be walking approximately 11kms along the coast and through bush reserves. The walk is undulating with about 4 sections that involve a reasonable degree of uphill walking. Along the route there will be 2 places for short stops and we will stop for a longer lunch break at Waikowhai Reserve. The walk finishes at Lynfield at the end of Giletta Road. I will organise transport back to the beginning once I know how many people are coming. There is one toilet stop about halfway at Waikowhai



Bring: Plenty of water (1-2 litres) hat, sun screen and dress according to weather. Wear good walking shoes or boots as some parts of the coastal walk may be muddy.

Cost: Nil

Contact: Alison Philcox - 021 257 6741 or a.philcox@clear.net.nz

JOKE

A married couple both 60 years old were celebrating their 35th wedding anniversary

During their party, a fairy appeared to congratulate them and grant them each a wish

The wife wanted to travel around the world

The fairy waived her wand and -- poof -- the wife had tickets in her hand for a world cruise

Next, the fairy asked the husband what he wanted

He said "I wish I had a wife 30 years younger than me"

So the fairy picked up her wand and --poof-- the husband was 90 years old.

SOCIAL EVENING

House of Chang Thai Restaurant, 44 William Pickering Drive, Albany
BYO

Thursday 24th July 2014

Bring: Yourself and a friend if you want

Cost: Meal and drinks

Pay by: On the night

Contact: Alan Grigg 0274 936 850 or alangrigg11@gmail.com



GLOWORM NIGHT KAYAKING - LAKE KARAPIRO/WAIKATO

Saturday 26th July 2014

This fantastic kayak adventure offers something very special for everyone and after doing this event last year, with requests for a repeat, we are holding it again. At this time of year, the glow-worms are more vibrant than in summer. We start from Epworth camp and kayak our way down a truly beautiful section of the Waikato River, to the Pokewhaenua stream. With stunning twilight lake views, we head under the Pokewhaenua Bridge and into the glow-worm canyon. Draped with native ferns, the canyon offers a true slice of New Zealand beauty and as the light fades away, the unique incandescence of the glow-worms start to shine from the surrounding walls. After a glass of some of New Zealand's finest wines (or tea/coffee/cocoa) complimented with some tasty cheeses had over the warmth of a campfire, it's back in the boats, drifting slowly downstream using only the light from the glow-worms. Numbers are limited so be in quick to book. No single kayaks, doubles only provided by operator

Further info: Meet at 3pm at The Boatshed, 21 Amber Lane, Lake Karapiro. Trip runs from 3:00 p.m. till 7:30 p.m. Times could vary slightly. Followed by dinner in Cambridge (optional). Carpooling can be arranged on request.

Bring: Warm clothing – jacket/beanie, comfortable pants (jeans not recommended), sneakers, towel, gloves (optional). Waterproof life vest and pants provided.

Cost: \$59.00 plus dinner at your cost.

Payment and confirmation by: Friday 11th July.

Contact: Libby Lyver - 021 137 1488 or libby.lyver@gmail.com

WALK TO ARATAKI VISITORS CENTRE VIA EXHIBITION DRIVE, TITIRANGI

Saturday 2nd August at 10am

Park in the carpark below Lopdell House in Titirangi at 10am. We will walk from there. On return, we will have lunch at 'The Block' cafe in Blockhouse Bay.

The track is an all weather track so is not muddy in the winter. For all abilities.

Bring: Rain gear and good walking shoes

Cost: The cost of lunch

Contact: Suzanne - 828-8506 or 021 175 6994



MANGAMANGAROA WALK & SAUSAGE SIZZLE, COCKLE BAY

Saturday 9th August at 10.30am

Meet at Jayne's house at 10.30am and we will walk from Cockle Bay along the beach, then follow the Mangamangaroa bushwalk to Point View Drive and return the same way. There are plenty of steps, but not too many in one hit. There are some lovely views over the estuary and across towards Waiheke. The walk takes about 2 hours, and we can stop half way for morning tea, before returning to Jayne's house for a sausage sizzle.

Meet at 2/35 Pah Rd, Cockle Bay (down driveway – sorry no parking down drive)

Bring: Comfortable shoes, raincoat, water, snacks etc

Cost: Please bring \$1 for a sausage

Contact: Jayne - 021 0295 3214 or jaynebeacham@gmail.com



TARAWERA FALLS

Staying at 1285 SH30 Rotoiti

Friday 15th to Sunday 17th August 2014

Maximum 10 people – 2 cars of 5 people

On Saturday we will drive to Kawerau (30 minutes) to get the permit to enter the forest, then a further 30 minutes to the start of the track. After seeing the Falls we will go on the Tarawera Outlet Track (5km – 2 hrs) and have lunch somewhere en route – see www.doc.govt.nz for information on the area. After lunch we will head home so we can finish the afternoon off in the Hot Pools. A reasonable level of fitness required.

Accommodation: Empty 4 bedroom bach. Firewood available. I will bring kettle, tea bags, instant coffee, milk and microwave. There is NO fridge. Will have BBQ on Saturday night. I will bring cutlery, crockery and BIG chilli bin to hold everyone's meat for Saturday night.

Arrive Friday night. Get own evening meal en route.

Bring: Own breakfast and packed lunch for Saturday. Meat and something for Saturday night Pot luck dinner
Sleeping bags, camping beds etc. Alcohol, food as above, hot water bottles as it can be very cold in Rotoiti

Cost: \$20 each

Book: ASAP – filling fast

Contact: Hillary - 021 258 4186, 520 5844 or hillary.scott.54@gmail.com



MONTANA HERITAGE TRAIL, WAITAKERE DAM & WAITAKERE TRAMLINE WALK

Saturday 23rd August at 10am

Meet 10am in the carpark.

Take Te Henga Rd off the northern end of the Scenic Drive, then turn left onto Falls Rd after 1.5km. Continue through the golf course to the car park

This is a medium tramp with some steep areas. For a change we will go up the Fenceline track on the boardwalk, which is extensive, across the Dam and down to and along the Tramline Walk. We will then retrace our steps to the Fenceline Track to Simla, along Long Rd Track to the Upper Kauri track and home to the car park. The Montana Heritage Trail is an all year track, mostly metal and boardwalks. Approx 4 hrs walking - 12kms.

If you wish to carpool, please give me a call.

Bring: Sturdy shoes/boots, coat, lunch, drinks, whistle

Cost: Nil

Contact: June - 817 3093, 021 258 3013 or fiveofsix48@hotmail.com



SHOP TILL U DROP AND LUNCH, GLEN INNES

Saturday 30th August at 10am

Recycling at its best. There are 3 Op shops in Glen Innes where you can bag a bargain and help do your bit in not only recycling/reusing, but supporting SPCA and Hospice charities at the same time. All are within a few minutes' walk of each other. Followed by a delicious lunch at Nosh Café, Apirana Ave. Meet at 10am at the Dove Hospice Shop, Apirana Ave, Glen Innes (opposite PakNSave). Plenty of parking on site.

Cost: Lunch at your cost.

Contact: Libby Lyver - 021 137 1488 or libby.lyver@gmail.com



HOMES & GARDENS TOUR – MATAKANA/POINT WELLS

Sunday 9th November, 10am – 4pm

Take a tour of some very special homes and gardens in Matakana and Point Wells. Enjoy a fabulous day out in a very special part of Auckland, with shopping opportunities, raffles, and refreshments available.

Funds raised are for Warkworth Wellsford Hospice who provide services for terminally ill patients to help make each day the best day possible.

Cost: \$45 discounted to \$40 when you buy 4 tickets in one booking
Tickets will go on sale in August.

Contact: Sheila Jenkins – 021 479 256 or sjenks@clear.net.nz



TARANAKI RHODODENDRON FESTIVAL

31st October – 9th November 2014

Expressions of interest are sought for a weekend visiting the Rhododendron Festival in Taranaki. Minimum of 10 required to cover costs.

For further information:

Contact: Mike Maran – 0274 784 779 or mikemaran10@gmail.com



MANGAWHAI WALKING WEEKEND

40a Lincoln St. Mangawhai

Friday 28th to Sunday 30th November 2014

Join in a springtime weekend of walking and having fun
Saturday - Tanekaha Falls track, onto the Brenderwyn trig and then returning via the Tanekaha Forest Track - 4 hrs
Sunday - Logues Bush or walk of your choice

Bring: All camping and tramping gear
Food: Breakfasts, lunches AND DRINKING WATER
Friday night, BBQ provided
Saturday night, Dinner at 'The Club'

Cost: Nil – Free camping

Contact: June – 817 3093, 021 258 3013 or fiveofsix48@hotmail.com



ART DECO EXTRAVAGANZA – NAPIER

19th to 22nd February 2015

Expressions of interest are sought for this famous Art Deco event. Napier, New Zealand's Art Deco capital, celebrates its annual festival with the whole of the city becoming a stage set, with over 200 events including outdoor concerts, dinner dance extravaganzas, vintage car parades, fashion shows, steam train rides, great Gatsby picnics and more. Dressing up in 1930's style is not compulsory, but will be great fun if you want to do so. The programme of events will be published in October 2014. Accommodation is already reserved (shared motel units) and there is the option of extending your stay for the week, exploring further afield, or by biking around the wineries and going to the Mission Concert the following weekend. No details on the concert are out until later in the year and until this is announced, we do not know if it will follow on from the Art Deco weekend.

Cost: To be advised when programme is published

Pay by: end Dec 2014

Contact: Libby Lyver - 021 137 1488 or libby.lyver@gmail.com





WELL DONE TO ROB CORNE - The only one to guess the correct answer.

NO IT'S NOT: (1) Umbrella stand (2) A cattle feeder (3) Sundial (4) Sculpture (5) Water sprinkler

It was a **Disc Golf Catcher** - A game where you have to throw the disc into it.

MEMBERS – INTRODUCE A NEW MEMBER

If you introduce a new member and they join the Club you will get a credit of \$10 on your next TUAC membership renewal account

"I acknowledge and accept that neither the Thumbs Up Adventure Club ("the club"), nor any other party associated with any activity arranged by or through the club shall have any responsibility for any liability, financial or otherwise, which might arise whether or not by negligence, from any direct or indirect loss, injury or death which might be sustained by me or any other party directly or indirectly associated with me, from my intended or actual participation in any event or its related activities."