

Thumbs Up Adventure Club Inc.

www.tuac.co.nz



"The Thumbs Up Adventure Club is a social and active group of people who enjoy living life to the fullest"

President:	Raywyn Brinsden	021 455863	Committee:			
Deputy President:	David Verrall	630 2588	Alison Philcox	021 2576741	Irene Palmer	021 2369422
Treasurer:	Libby Lyver	021-1371488	Gerry Smith	520 5795	Hillary Scott	021 2584186
Secretaries:	Helene Harper	838 6742	Dianne Chisholm	0274 941400	Jackie Humphrey	021 1674253
	& June Bell	817 3093				
New Membership:	Leonie Caskey-Hatton	480 2800				
Newsletter:	Alan Grigg	414 7955				

PLEASE DEPOSIT CHEQUES DIRECTLY INTO THE CLUB'S BANK ACCOUNT & ADVISE LIBBY (libby.lyver@gmail.com) WHAT THE DEPOSIT WAS FOR ALSO PLEASE CHECK WITH EVENT ORGANISER THAT PLACES ARE STILL LEFT BEFORE DEPOSITING YOUR CHEQUE

Our account details: ASB Bank 12-3014-0118011-00 for those who prefer to send payment by electronic payment via the internet PLEASE make sure you state your name, the cost and what event you are paying for

Non-members may attend some club events. Members have priority and a surcharge will be applied. Contact the event organiser directly

"I acknowledge and accept that neither the Thumbs Up Adventure Club ("the club"), nor any other party associated with any activity arranged by or through the club shall have any responsibility for any liability, financial or otherwise, which might arise whether or not by negligence, from any direct or indirect loss, injury or death which might be sustained by me or any other party directly or indirectly associated with me, from my intended or actual participation in any event or its related activities."

NOTE: If you have confirmed you wish to go to an event where the ticket is pre-paid by the organiser, please pay by the due date.

The ticket is still your responsibility to pay. You can sell it or give it away.

If you cannot attend on the day, please advise the organiser immediately as they may have other people wishing to attend.

JULY / AUGUST 2013

PLEASE NOTE: Payment by cheques

& account details for Internet payment are above

BURGEN TOUGH GUY AND GAL CHALLENGE

[Woodhill Sands Events Centre on SH16 Woodhill, 12 minutes from the end of the North Western Motorway.](#)

Saturday 6th July

It's that time again to get down and dirty! Challenge yourself on a course that includes swamp crossings, water trails, equestrian obstacles, a spiders web net climb, crawl under barbed wire, open paddock running, wire rope bridge, a sand crawl, bush trails and a range of natural and man-made obstacles, and mud. You can run, walk, push, crawl or climb.

Wear thermal polypropylene top and running shoes during the event. You **will** get wet and muddy. A dry set of clothing, beanie and jacket for after the event. Football or Rugby boots with moulded studs are acceptable, running spikes or boots with aluminium studs are not permitted. There will be hot showers so bring a towel.

Good parking and the Woodhill Sands café nearby.

I am doing the 6km event on Saturday 6th July which starts at 11:15. Feel free to join me or you can book for the Sunday. Last year each competitor got a Loaded sports drink on the finish line, a complimentary hot Barkers drink, and a Tough Guy & Gal survivors coffee mug to prove they did it! Not sure what is on offer this year yet. Spot prizes and medals will be awarded at the prize giving at 1:45.

Further info: <http://www.toughguyandgal.co.nz>

Cost: Online entry is \$60.00 if booked during April. After that \$70.00. Please let me know who is coming and when you have booked. Carpooling can be arranged.

Contact: Alison 021-2576741 or email a.philcox@clear.net.nz

ECOZIP ADVENTURES, WAIHEKE

Saturday 13th July, 10:45am

Join us in this exhilarating flying fox zipline. There are 3 x 200m dual rides then the 1.5k interpretive forest walk back up to the start.

Catch the 9am ferry from downtown. This also calls into Devonport. We will be picked up from Matiatia for a mini tour en route to Trig Hill. Afterwards we can be dropped off anywhere for a bit of lunch or go straight back to Matiatia.

Tour is 2.5-3hrs from pickup to drop off approx. The trip will only be cancelled if winds are above 35knots. If it is rainy, dress appropriately. Full body harness and helmet is supplied. Camera or smart phone can be attached to your harness or if it is an average size camera or phone can be put in the pouch that is attached to your harness. **Further info:** www.ecozipadventures.co.nz

Bring: If cold bring a warm fleece or jersey. Footwear must be buckled, laced or zipped.

Cost: \$99 plus ferry to Waiheke

Pay by: 20th June as we need to confirm numbers. This is limited to the first 11 people who apply so get in quick.

Contact: Alison Philcox 021 2576741 or email a.philcox@clear.net.nz

MID WINTER WEEKEND GETAWAY, TeAroha

Saturday 20th – Sunday 21st July

This is a weekend with something in it for everyone – exploring Saturday markets in Thames, Saturday brunch/lunch at the Cheese Barn at Matatoki, walks, optional mountain biking, thermal hot pools, art galleries in Morrinsville, antique shops in Paeroa, discovering TeAroha's gold mining history and many historical buildings and the Mokena Geyser. So many choices. Many lovely scenic walks close by.

Accommodation at the TeAroha Holiday Park www.tearohaholidaypark.co.nz Payment accepted by Visa & MasterCard (no EFTPOS) or you can direct credit payments to BNZ 02-0436-0024441-00 with reference to your name and dates of the booking (reserved under Thumbs Up Adventure Club). To secure your accommodation you must pay at least a 50% deposit. Accommodation is limited at this venue. If you would like to stay elsewhere in TeAroha please email me for a list of places available.

Bring: Walking/tramping boots, togs, own bike (optional)

Cost for Accommodation:

Standard cabin x 3 \$53.00 for 2 people

Quality accommodation for travellers on a budget in cosy wooden cabins, private settings under trees, most of them have their own little deck.

Choose the cabin option if you don't mind the short walk to our communal toilets, kitchen and showers. All cabins have a fridge, running water, kettle and toaster, microwave, heater and a T.V. These cabins have either a double bed or twin arrangement.

Cottages: \$70.00 for 2 people

Poppy is our cosiest Cottage, with a large private deck, hidden from the rest of the Park. **Apple** is the most tucked away Cottage, a bit smaller but very private. Both have own TV, and en-suite. small breakfast making facility, include a microwave, kettle and a toaster plus a double hot plate. Basic cutlery and crockery for 2, including wine glasses are provided.

Poppy is situated closest to the mount TeAroha and next to the Hydro jet SPA pool. There is a queen sized bed, electric blanket and all linen supplied. The bathroom has a shower and a toilet.

1 x Caravan \$ 45 twin (2p)

1 x Caravan \$ 25 (1p)

Pay by: Immediately. To book the accommodation, contact them direct on 07 884 9567 or email tearohacamp@gmail.com

Contact: Libby Lyver 021 137 1488 libby.lyver@gmail.com or David Verrall 027 203 5508 gundesenverrall@xtra.co.nz

NIGHT OUT AT THE MOVIES, NEWMARKET

Saturday 27th July - Meet at 5.30pm

We will decide on the movie on the night, and go for a meal after the movie.

Bring: Yourself and okay to bring a friend

Cost: Pay for own ticket on the night

Contact: raywyn.b@xtra.co.nz or 021 455 863



CARDS - 500 NIGHT, 160 Main Highway, Ellerslie

Saturday 3rd August - 7pm

The thing I remember best about my last year at Thames High, was the fun we had playing 500. Every time the break bell rang, the card school swung into action. I only wish 500 had been part of the official curriculum! This will be a fun night, however it is preferable you have some understanding of the game, even if you are rusty. If you are a complete beginner please let me know.

Bring: Nibbles or finger food to share and BYO drink

Cost: Nil

Contact: Jackie to confirm a place - 525 1164, 021-1674253
or jackiehumphreynz@yahoo.com



COME DINE WITH ME

Held at various members' homes

Choice of dates: 10th August, 24th August, 7th September

An evening of social fun and conversation, enjoying a meal with other club members in a personal environment (The evening can be themed or not).

A show of interest in either being the host or participating as a guest required by 10th July. Numbers are limited to 6 at any one venue but there may be more than one venue per night.

Bring: BYO drinks

Cost: \$20.00 goes to the host/chefs on the night

Pay by: Payable in cash (do not pay into the club account)

Confirm by: 1st August 2013

Contact: Raywyn Brinsden 021 455 863 or raywyn.b@xtra.co.nz



TAHUNA TOREA NATURE RESERVE WALK, Glendowie

Sunday 11th August

Park and meet at Riverside Ave, Point England at 10am

We will walk along the edge of Point England Reserve, through the Wai O Taiki Nature Reserve to the TahunaTorea Nature Reserve, stop for coffee/food at a café at Roberta Ave Reserve, then return along a similar route back to our cars.

TahunaTorea introduces you to 25 hectares of unique wildlife sited on a long sand bank extending out into the Tamaki Estuary. There are bushy areas for birds to hide in, fresh and saltwater wetlands, plants like gorse are left to give shelter to young native trees, and fallen trees and branches are left to break down to add fertility to habitats – all accessed by weaving through the network of tracks.

If weather is doubtful, I will make the decision by 8.30am if the walk will go ahead. Please phone or text after that to check if going ahead.

Bring: Water bottle, maybe rain jacket, money for café,

Wear: Tramping boots or sturdy shoes as track/boardwalks may be slippery

Cost: Walk is free, coffee/food at your cost

Contact: Dianne 0274941400 or diannechisholm@hotmail.com to let me know if you are coming



PARAKAI SWIM NIGHT

Saturday 17th August

Come swim, slide and snack.

Time: From 6 pm onwards

Cost: Pay at pool

Contact: June Bell 817 3093, 021 258 3013
fiveofsix48@hotmail.com



WAIKUMETE CEMETERY VOLUNTEER DAY

Waikumete Road, Glen Eden – 10am

Sunday 25th August

This is a chance to give something back to our community and help restore some of the oldest historical gravesites we have in Auckland. We will be helping The Friends of Waikumete Cemetery weeding around the sites and cleaning the older tombstones. They supply cleaning product for the tombstones. Commentary given by them on the history of the largest cemetery in Australasia.

Park at the back gate of the cemetery at Waikumete Rd and meet at the Chapel at 10 am. Duration 3 hours.

Bring: Sturdy shoes/gumboots, soft hearth brush, garden tools (no weed eaters sorry), hedge clippers, secateurs, garden gloves. Bring drinking water, lunch and snacks. I will bring thermos and tea/coffee.

Further info: Weather call made by 9 am on the day

Confirm by: 18th August

Cost: FREE

Contact: Libby Lyver 021 137 1488 or email libby.lyver@gmail.com



"WICKED", Civic Theatre

Saturday 28th September (revised date)

Extremely successful stage show focusing on the events in Oz pre-Dorothy.

Cost: No group discounts for Fridays or Saturdays,

A Reserve seats - \$109.90;

Book & pay by: Now!

Contact: Pauline Sommerville - paulinesommerville@hotmail.com



LABOUR WEEKEND GETAWAY, Pureora Forest, King Country.

Saturday 26th to Monday 28th October

A walkers and mountain biker's paradise.

Saturday – 5 short local walks through the Pureora Forest viewing the buried forest and historic sites.

Sunday - Walk Mt Titiraupenga Track - Pureora Forest Parkor mountain bike part of the Timber Trail from Waimiha to Ongarue.

Monday – Short walks planned then return to Auckland.

Accommodation: Blackfern Lodge, Waimiha Valley.

Bring: Own food for 2 breakfasts, 3 lunches, snacks and own food for dinner. Full kitchen facilities available to use. Tea, coffee, milk and sugar provided.

Bring warm clothing, wet weather gear and hiking boots/shoes.

Optional mountain biking available – either bring own bikes or can hire them on site.

Cost: \$58.00 per night twin share or backpackers \$38.00 per night.

Confirm: By 30th September

Contact: David Verrall 027-2035508 gundesenverrall@xtra.co.nz or Libby Lyver 021-1371488 libby.lyver@gmail.com



HEAPHY TRACK, KAHURANGI NATIONAL PARK

27th to 30th December 2013

Stay at YHA in Nelson on the night of the 26th (or other place to your choosing). Bus out of Nelson on the 27th December and go to start of the track. Stay the first night at Perry Saddle Hut. Stay at the James Mackay Hut on the 28th. Stay at the Heaphy Hut on the 29th. Finish tramp on the 30th and stay in Rongo Backpackers at Karamea that night.

Bus back to Nelson YHA on the 31st and have New Year in Nelson

Please familiarize yourself with the track...and know your limits.

You have to make your own arrangement for flights and book your accommodation. (Due to the fact that some people may want to stay at other places). I will book the huts and transport. **THIS TRACK IS VERY POPULAR, SO TO MAKE SURE YOU GET IN YOU HAVE TO BOOK ASAP. I WILL EXPECT PAYMENT AT THE TIME I SEND YOU THE RECEIPT. ANY CANCELLATIONS WILL ENDEAVOUR TO GET YOUR MONEY REFUNDED**

Bring: To be advised

Cost: Nelson YHA \$32-\$35 a night

Rongo Backpackers \$30-35 a night, Track Huts \$32 a night

Transport return to track \$165.

Pay by: When receipt sent to you

Contact: Alan 027-4936850 a.grigg@xtra.co.nz



WAIKAREMOANA GREAT WALK

27th to 31st December

Leave Auckland 27th December, travel to Lake Waikaremoana 6 hours by car, stay at either Big Bush Holiday Park or Waikaremoana Motor Camp, Opourau Bay (backpackers, camping, motel options). Start the walk on the 28th reaching Panekire Hut that night (5 Hours). 29th Waiopaoa Hut (4 hours). Third day walk 4/5 hours to Marauiti Hut. Last day 31st, 4 to 5 hours walking to the water taxi which will return you to start point/cars. It's your choice to stay or go on New Year's Eve. **THIS TRACK IS VERY POPULAR, SO MAKE SURE YOU BOOK IMMEDIATELY ON THE DOC SITE OR CONTACT DAVID ASAP.**

Cost: 3 nights x \$32 per hut. Water taxi fee to be advised.

Accommodation depends on your option \$30 upwards per night.

Plus car pooling petrol costs.

Contact: David gundesenverrall@xtra.co.nz 630 2588 or 0272035508



WATCH THIS SPACE FOR POSSIBLE EVENTS ▶

- Matamata/Hobbits – winter - David
- Matamata Walk/Cycle – mid winter – David
- Pirongia Walk – David
- Port Waikato weekend Oct/Nov – Raywyn
- Waiheke Garden Tour – mid Nov - Libby
- Taniwha walk/bike ride – 9 November – Libby/Dianne
- Camping – Tapapakanga – next year – David
- Waiheke weekend - Gerry

Members - Introduce a New Member:

If you introduce a new member and they join up you will get a credit of \$10 on your next TUAC membership renewal account.

Peak Caps & Visors with TUAC logo for sale

Available in black, white and cream.

If you are interested in buying one (and looking cool like me!) please get in touch with me

\$10 each – Contact Alan A.grigg@xtra.co.nz



TUAC T.Shirts for sale

Ladies shaped or straight (as shown in photos below)

Small, Medium and Large - V or Round neck and a good choice of colors

Logos are embroidered on the t.shirt

only \$32.50 each - Contact: Alan A.grigg@xtra.co.nz



BUY ME?

Tramping Boots - Sito Women's - Grey/Navy - Uppers Leather, Sole Rubber- size US8.5- hardly used \$70 ono

Contact: Betty 444 0174, 021-1173050 bettyr67@vodafone.co.nz