



Thumbs Up Adventure Club Inc.
www.tuac.co.nz

"The Thumbs Up Adventure Club is a social and active group of people who enjoy living life to the fullest"

President:	Mike Maran	846 5350	Raywyn Brinsden	021 455 863
Treasurer:	Libby Lyver	021 137 1488	Janice Calvert	027 460 5704
Secretaries:	June Bell	817 3093	Vonnie Hill	021 399 139
	Helene Harper	021 921 068	Mary Donald	021 846 066
New Membership:	Helene Harper	021 921 068	David Verrall	027 203 5508
Newsletter:	Alan Grigg	027 493 6850	Guy Phillips	027 603 5549
Committee:	Alison Philcox	021 257 6741	Ann Melrose	021 157 6005
	Peter Gerrard	027 696 4997		

Our account details: ASB Bank 12-3014-0118011-00

For internet banking - state the event you are paying for. If paying your subs please enter invoice number. Please deposit cheques directly into the Club's bank account and email Libby (libby.lyver@gmail.com) the same information.

CHECK WITH EVENT ORGANISER THAT PLACES ARE AVAILABLE BEFORE MAKING ANY PAYMENT

Non members may attend some club events. Members have priority and a surcharge may be applied to non members. Contact the event organiser directly to make a booking for any event.

If you have confirmed you wish to go to an event where the ticket is pre-paid by the organiser or accommodation booked, please pay by the due date. The ticket is still your responsibility to pay. You can sell it or give it away.

If accommodation has been made for you by the organiser, it is your responsibility to either pay the whole amount, or find someone else to take your place. If you cannot attend on the day, please advise the organiser immediately as they may have other people wishing to attend.

February 2017 – March 2017

SOUTH KAIPARA WALK AT MATAIA FARM

Sunday 29th January at 10am

Meet at Mataia homestead, 2791 Kaipara Coast Highway, Glorit. The Mataia 1 day walk is a 12km circular walk passing over rolling farmland alongside salt-marsh wetlands through beautiful coastal forest and native bush with stunning views across the Kaipara Harbour. This newly opened walk is on a private farm and a conservation project and will take about 5 hours return.

Directions: Take the Northwestern motorway to Helensville. Mataia farm is located 17 km past Kaukapakapa. The mailbox number is 2791 Kaipara Coast Highway. Look out for a white double story old villa with a m shaped red roof. Park inside on the property.

For those wanting to car pool, please inform Mike so we can arrange a central pickup. Those that are driving up, I suggest you leave Auckland 8.30 - 8.45am. The traffic on SH 16 for the Sunday Anniversary weekend should be relatively quiet.

The walk will proceed regardless of the weather. The farm owner will give us a brief health and safety meeting together with directional maps before we start.

Bring: Lunch, water, usual day trip gear.

Cost: \$10 pp payable direct to farm owner. If we get a minimum of 15, then the owners will provide us with afternoon tea at the homestead at \$5 pp

Contact: Mike Maran - 846 5350, 0274 784 779 or mikemaran10@gmail.com



WHITE WATER RAFTING

Saturday 11th February 2017 at 10.45am

Vector Wero Whitewater Park, 770 Great South Rd, Wiri
From Auckland city take the Southern Motorway and exit via the Redoubt Road off ramp. Turn right on Redoubt Road. Turn left on Great South Road. The park is 700m to your left. Enter through Gate 3 or 4. From Papakura take Southern Motorway and exit 449A-B for Great South Road. Turn left on Great South Road (signs for Manurewa). The park is 400m to your left. Enter through Gate 3 or 4.

We are doing River Rush which is Grade 3-4. The course is 300m long and has the equivalent of an Olympic swimming pool being pumped down it every 95 seconds, 1-2 m high waves, broken water, stoppers and strong eddies, exposed rocks, and small falls; and have a passage that may be difficult to recognise from the river; and require manoeuvring to negotiate the rapids. Optional 4.5m waterfall at the end.

There is half an hour training then an hour on the water. Seven people plus the guide per raft. Buoyancy aid, safety helmet, paddles and booties are provided. There are showers and changing rooms.

Further info: <http://wero.org.nz>

Bring: Wear dri-fit shirt and/or a bathing suit with a wetsuit if you have one. Towel, sunscreen. Don't wear jewellery or other valuables
Cost: \$85.00 + \$10 if to want to do the waterfall +\$10 if you need a wet suit + \$4.50 cash for parking meter + money if you want a locker.

Confirm by: 13th January 2017

Pay by: 13th January 2017

Contact: Alison Philcox – 021 257 6741 or a.philcox@clear.net.nz



TWIN COAST CYCLE RIDE

Opuia, Kawakawa, Kaikohe, Okaihau & Horeke

3rd to 6th February 2017

This lovely ride which passes through lovely scenic towns and countryside and ends at NZ's oldest pub, which still serves a beer! There are options of riding all the trail or just sections. Mountain bike tyres are best for most of this trail.

Departing Auckland early on Friday 3rd February and returning in the late afternoon on the 6th. Twin share accommodation probably at Opononi. Carpooling to be organised for those needing it.

Contact Libby for brochures and cycle route for the various stages or visit <http://nzcycletrail.com/trails/twin-coast-trail/>

Bring: Your own bike and all biking gear.

Cost: Trail is free but there will need to be shuttle rides depending on which sections you want to ride. Prices to follow.

Pay by: Accommodation - to be advised. Shuttles – on the day

Confirm by: 12th December 2016 (due to accommodation)

Contact: Libby Lyver - 021 137 1488 or libby.lyver@gmail.com



2017 ART DECO FESTIVAL - NAPIER

Thursday 16th to Sunday 19th February 2017

Expressions of interest wanted.

The largest of all Art Deco events is the Tremains Art Deco Festival held annually in February. It includes over 250 events, hundreds of 1920s and 30s cars, aerobatic flying displays, railcar rides, great Gatsby picnics, dinner dance extravaganzas and free outdoor concerts to name a few.

Many thousands of guests and locals alike dress in Deco style bringing glamour to the city streets.

You too can feel the atmosphere, live the era of mystique, if only for a few days.

Cost: To be advised closer to programme being published

Contact: Libby Lyver - 021 137 1488 or libby.lyver@gmail.com



SULLIVANS BAY CAMPING WEEKEND - MAHURANGI

Friday & Saturday Nights 17th - 18th February 2017

Sullivans Bay offers white sandy shaded beach front with safe swimming and kayaking.

Drive north on State Highway 1. 12km past Orewa exit, turn right into Mahurangi West Road, after 6km turn right onto Ngaewa Drive and 2km more at the end of the road you arrive at the camp site. Camp site is flat and beachfront. Good walk, the Cudlip Point loop track and my favourite the Te Māhuta Track

Bring: All Camping gear, tent/gas cooker/swimming togs/walking shoes kayak if you wish. Shared meal on Saturday night

Cost: \$15 per night per person.

Pay by: ASAP to TUAC as there are only 18 places

Contact: David Verrall - 027 203 5508 or gundesenverrall@xtra.co.nz



FULLY BOOKED

OREWA BEACH WALK, SWIM, BBQ

Orewa Beach

Saturday 25th February 2017 from 2pm onwards

Want to make the most of summer? Come along to David's Orewa house at 2pm, 11 Edgewater Grove and walk along Orewa Beach.

Swim if you want. Return to David's for a sociable BBQ 5pm

Bring: Your own meat and a plate to share, BYO.

Cost: Free

Confirm by: 23rd February

Contact: David Verrall - 027 203 5508 or gundesenverrall@xtra.co.nz



Cracker Joke

What athlete is warmest in winter?

A long jumper

MUSIC IN THE PARK

Myers Park - look for the TUAC flag

Sunday 26th February 12 noon - 5pm

Myers Park Medley including Sal Valentine and the Baby Shakers, Esther Stephens & The Means, Kong Fooye, Hopetoun Brown and The Blackbird Ensemble: Carnivale

Get your feet stomping this summer. It's a little bit different, a little bit K' Road, and it is definitely Myers Park. Renowned for their showmanship, Sal and the Baby Shakers throws classic early rock 'n roll. Hot jazz, bebop and original compositions into a swinging mixer creating one of the country's hottest jazz acts

Bring: Snacks, water, sun protection etc. This is an alcohol free event

Cost: Free

Confirm by: 19th February

Contact: Mary Donald - 021 846 066 mary.don@xtra.co.nz.

David Verrall - 027 203 5508 or gundesenverrall@xtra.co.nz



BURGER AND BOWLS

Onehunga Bowling Club, Selwyn Street

Friday 10th March 2017 at 6pm

Bring: Flat shoes

Cost: \$15.00 includes burger, chips and lawn bowls

Confirm by: 3rd March 2017

Payment: To TUAC account

Contact: Ann Melrose - 021 157 6005, 636 541 or

annmelrose@gmail.com



Cracker Joke

What happened to the man who didn't know the difference between putty and toothpaste?

All his windows fell out

AONGATETE NATURE TRAIL

Wright Road, Aongatete

Saturday 11th March 2017

A 3hour loop walk in a beautiful scenic part of the Kaimai-Mamaku Forest followed by a swim at the hot pools at Sapphire Springs Thermal Pools, 274 Hot Springs Rd, Katikati

Meet at 11am at the Aongatete Outdoor Education Centre on Wright Road (approximately 8 kms, turn right just before the end of the road). Park in parking area in front of the driveway to the Education Centre, next to the fence stile.

Lunch half way round about 12.30pm

Bring: Packed lunch, water, hiking boots, pole, togs & towel, sunscreen

Cost: Hot pools - Adults \$5.50 / Seniors \$4.50

Pay by: On the day

Confirm by: Sunday 5th March

Contact: Guy Phillips - 027 603 5549 or icbm@xtra.co.nz



WALKING 'CAR' RALLY IN THE DOMAIN & VISIT TO THE SPECIAL MUSEUM EXHIBITION MAKING MUSIC IN AOTEAROA.

Sunday 5th March 5 at 10am

Meet at the Domain Grandstand. Park anywhere in the Domain or surrounding streets.

It's time to exercise your brain as well as your legs. Follow the clues and answer the questions. This is our 3rd walking rally and will encompass a treasure hunt of interesting and educational aspects of this area. The walking rally will take about 2 hours and will take you to familiar areas of the Domain and unexpected parts of Parnell. We will divide up into teams of 2 to 4 and leave at 5 minute intervals. Prizes awarded for the most correct answers.

After lunch, for those interested, we will walk up to the museum to the special exhibitions hall to view making music from 1950's to present day in Aotearoa.

Cost: Free entry to the museum and exhibition on proof of ratepayers local ID.

Bring: A pen, sunhat, walking shoes and water.

Contact: Mike Maran - 846 5350, 0274 784 779 or

mikemaran10@gmail.com.

Peter Gerrard - 027 696 4997 p.gerrard29@gmail.com



FAMILY FEUD NIGHT

Friday 17th March at 7pm

Mt Eden War Memorial Hall, Cnr Dominion and Balmoral Road

For those who have watched Family Feud on TV3, this will be a replica for a fun filled evening which includes entertainment and a catered dinner. Every group or family of 4 who buy tickets will automatically go into the draw to be a competing family in the game show. Hopefully TUAC members will be able to enter as a team. More fun will be added on the evening as its St Patricks Day. So, dress up in green. There will be also raffles, spot prizes for the best dressed and a catered meal is included.

The family feud night is a Western Springs Rotary Club project to support the charities of our club - Breast Cancer, Youth Mental Health & Women's Refuge.

Cost: \$60 pp meal inclusive. Drinks extra. Tickets can be booked / purchased through Mike Maran or Eventfinda.

Confirm by: 1st March.

There is a carpark behind Mt Eden Hall or park in one of the side streets.

Contact: Mike Maran - 846 5350, 0274 784 779 or

mikemaran10@gmail.com

Cracker Joke

What happened to the man who stole an Advent Calendar?

He got 25 Days

WHITE NIGHT

Saturday 18th March 6pm - late

Location to be advised

Calling for expressions of interest

A unique opportunity created by the Auckland Arts festival. For one night only, an ever changing roster of artists take over the city bringing you a diverse range of art, music and theatrical events, both on and off the streets and in places you may not even know existed.

Check out further details <http://www.aucklandfestival.co.nz/white-night-2017/>

Events will be staged at several central city areas but we will wait for the final programme expected to be finalised late January.

Our final choice of event will be influenced by those who respond to Mary before 1st March. So, have a browse on the website

Cost: To be advised (dinner somewhere?)

Confirm by: 1st March

Contact: Mary Donald - 021 846 066 or mary.don@xtra.co.nz

KAYAKING - RAGLAN

Saturday 25th and Sunday 26th March

Travel to Raglan Saturday morning. Lunch, then explore the many and varied shops in Raglan. If you don't want to see the shops, there are some walks to do in the Raglan area varying from 3 1/2 hours to short walks around the Raglan Harbour. Dinner on Saturday evening.

On Sunday morning, we will do a kayak trip for 3 hours from 8am to 11am with Raglan Kayak & Paddleboard. After this - we can either have lunch in Raglan then visit the Bridal Veil Falls before travelling back to Auckland or after the kayaking we could travel up to Wrights Waterfall Cafe in Patumahoe for lunch and have a look around the gardens. (There is a \$10/\$12 charge for the gardens.) This would take about 1hr 50mins to get there but is on the way back to Auckland. We can discuss this later.

At this stage I have booked two tourist flats at the Raglan Kopua Holiday Park for Saturday night at \$110 a night for up to 2 people. They sleep up to 4 people (1 dble bed, and a bunk set). There is a kitchen, bathroom with toilet and shower, linen provided.

Other accommodation if required are kitchen cabins (\$85 night) and studio units (\$105 night). Tent sites are available at \$18 a night.

Cost: Kayaking - \$75 per person (includes coffee and snacks)

Accommodation: To be advised depending on numbers.

Confirm by: ASAP due to booking of extra accommodation but no later than Saturday 4th March.

Contact: Janice Calvert - 527 4407, 0274 605 704 or

icalvert@slingshot.co.nz



AUCKLAND HOUSE & GARDEN TOUR

Friday 7th April 2017

Meet at a central location so we can carpool and travel together or drive yourself. Location and address to be advised.



In association with NZ House & Garden magazine and in support of the NZ Breast Cancer Foundation experience a selection of some of our country's most beautiful homes and garden

Cost: \$70pp Each ticket goes into the draw to win a 15 day luxury all-inclusive magnificent Europe river cruise valued at \$20,000 including airfares.

Buy your tickets now at www.nzhouseandgardentours.co.nz

Please inform Mike when you have booked.

Contact: Mike Maran - 846 5350, 0274 784 779 or

mikemaran10@gmail.com

WEB-SITE 'GALLERY?'

For all you Event participants who take wonderful photos -why not share them with everyone else on our web-site. Email your photos to Rob Bell on trekkerrob48@gmail.com

Trade Me

Tramping boots – St elias GTX. Size US 10 or Euro 41 \$80

Walking pole – Fizan Anti shock and locking system \$10

Coleman camp stretcher Free

For more information:

Contact: Helene 021 921 068 or heleneh47@xtra.co.nz.

MEMBERS – INTRODUCE A NEW MEMBER

If you introduce a new member and they join the Club you will get a credit of \$10 on your next TUAC membership renewal account

"I acknowledge and accept that neither the Thumbs Up Adventure Club ("the club"), nor any other party associated with any activity arranged by or through the club shall have any responsibility for any liability, financial or otherwise, which might arise whether or not by negligence, from any direct or indirect loss, injury or death which might be sustained by me or any other party directly or indirectly associated with me, from my intended or actual participation in any event or its related activities."

JOKE

Sex at 62

I just took a leaflet out of my letterbox, informing me that I can have sex at 62!

I am so very happy, because I live at 74 – so it's not too far to walk!