



Thumbs Up Adventure Club Inc.
www.tuac.co.nz

"The Thumbs Up Adventure Club is a social and active group of people who enjoy living life to the fullest"

President:	David Verrall	027 203 5508	Committee:	
Treasurer:	Libby Lyver	021 137 1488	Alison Philcox	021 257 6741
Secretaries:)	Helene Harper	838 6742	Vonnie Hill	021 399 139
)	June Bell	817 3093	Gerry Smith	520 5795
New Membership:	Raywyn Brinsden	021 455 863	Mike Maran	846 5350
Newsletter	Alan Grigg	027 493 6850	Hillary Scott	021 258 4186
Website:			Peter Gerrard	0276 964 997
			Janice Calvert	0274 605 704
			Ann Melrose	021 157 6005

Our account details: ASB Bank 12-3014-0118011-00

For internet banking - state the event you are paying for. If paying your subs please enter invoice number
Please deposit cheques directly into the Club's bank account and email Libby (libby.lyver@gmail.com) the same information.

CHECK WITH EVENT ORGANISER THAT PLACES ARE AVAILABLE BEFORE MAKING ANY PAYMENT

Non members may attend some club events. Members have priority and a surcharge will be applied. Contact the event organiser directly

If you have confirmed you wish to go to an event where the ticket is pre-paid by the organiser, please pay by the due date.
The ticket is still your responsibility to pay. You can sell it or give it away
If you cannot attend on the day, please advise the organiser immediately as they may have other people wishing to attend

February 2016 – March 2016

TIMBER TRAIL MOUNTAIN BIKE RIDE

Saturday 30th January to Monday 1st February 2016

Pureora Forest, King Country

A mountain biker's paradise.

Saturday – a short loop ride through the Pureora Forest viewing the buried forest and historic sites.

Sunday – mountain bike part of the Timber Trail from Piropiro to Ongarue including the North Island's longest swing bridge.

Monday – short local walk or ride planned then return to Auckland.

Accommodation is Twin share at The Forge, Blackfern Lodge, Waimiha Valley with full kitchen facilities and BBQ available to use.

Carpooling from Auckland arranged – shared cost.

Bring: Own mountain bike and cycling gear, backpack, wet weather gear and hiking boots/shoes. Optional mountain bike hire on site. Price on request. Towel and sleeping bag or sheets and duvet.

Own food for 2 breakfasts, 3 lunches and snacks and own alcohol. Dinner is a choice of BYO for 2 nights or you can order a wonderful home cooked meal. Just the thing after a days' riding. Price on request.

Cost: \$40.00 per night per person twin share (own ensuite). Shuttle from Ongarue to Blackfern Lodge after ride \$40.00 per person. Optional ride to the start of the trail at Piropiro in "Eddie the bush loco" \$5.00 per person.

Confirm by: 15th December 2015. Limited spaces available.

Contact: Libby Lyver - 021 137 1488 or libby.lyver@gmail.com



WAITAKERE WALK AND BBQ

Fairy Falls Scenic Drive

Sunday 7th February 2016

Meet at the carpark opposite the Fairy Falls on Scenic Drive at 1.30pm

We will walk thru to Mountain Road and then up the Coachman Track back to the scenic drive. This will take between 2½hrs to 3hrs. This will be followed by a potluck BBQ at the home of June and Bob in Green Bay. I will let participants know the address.

Bring: Good footwear, pole, (may be a river crossing depending on recent rain), water and snack. Food and drink for BBQ

Confirm by: 5th February

Contact: June Bell - 021 258 3013, 817 3093 or fiveofsix48@hotmail.com

Please enter TUAC in subject line.



DINNER & SHOW – ACOUSTIC GUITAR JACKIE BRISTOL

Uxbridge Theatre, 35 Uxbridge Road, Howick

Dinner La Padella, 503 Pakuranga Rd, Highland Park.

Friday 12th February. Dinner 6pm – Show 8pm

Fabulous singer/songwriter, Jackie has visited Uxbridge several times to great acclaim. She is a talented New Zealander, now based in the US. She has captivated audiences with her soulful, melodies, performed alongside musical heroes such as Bonnie Raitt and featured in top TV shows. This visit 'back home', Jackie will debut songs from her new album, and treat us to old favorites. Whether new to Jackie's work or a confirmed fan, you won't want to miss out on an unforgettable night of music.

Meet at 6pm for dinner beforehand at Italian restaurant, La Padella, 503 Pakuranga Road, Highland Park. Show at Uxbridge Theatre starts 8pm. Tickets always sell out fast for this boutique theatre so get in quick.

You will need to book your ticket direct with Uxbridge Theatre by phone, 09 535 6467, additional charges apply for getting tickets mailed out to you or you can arrange to have them collected.

Please let me know when you have bought your ticket.

Bring: A friend if you wish

Cost: Play \$22 Visa/Mastercard when booking by phone

Dinner at your cost, pay on the night BYO & Licensed

Confirm by: 10th February if coming for dinner

Contact: Raywyn Brinsden - 021 455 863 or raywynbrinsden@gmail.com



CYCLE RIDE HENDERSON CREEK RIDE & OPANUKU STREAM

Saturday 6th February at 9am

Meet and park at the Waitakere Trusts Stadium on Central Park Drive.

A 2 hour easy to moderate ride with a variety of scenery, from cycling along the river banks, through some of the back parks to join up with the recently opened cycleway along the North Western motorway. All the cycle ways are on designated shared pathways. The earlier start of 9am is to avoid the afternoon heat.

Option: For those with more energy and enthusiasm we can cycle through the back streets to Ranui with the bike directional road signs clearly marked. There is only 1 short steep hill on Vintage Drive, and no hills on the return.

We can stop for morning tea either in the park, Ranui or in Henderson. Mike and Peter have already done a famil. The ride will be led by both leaders

Bring: Your bike, water, snacks, Hi Vis vest.

Cost: Nil

Contact: Mike Maran - 846 5350 or mikemaran10@gmail.com

or Peter Gerrard – 0276 964 997 or p.gerrard29@gmail.com



RIVER SLEDGING

Kaituna, Rotorua

Saturday 13th February 2016

No experience necessary as instruction is given. Awesome scenery as you negotiate your way down the river and through rapids propelled by the flippers on your feet and under the care and supervision of our guides. I love it so much I am going back for more! See www.kaitiaki.co.nz/sledging.

Carpooling available

Bring: Bathing suit and towel

Cost: \$109

Pay by: ASAP to confirm place

Contact: Alison Philcox - 021 257 6741 or email a.philcox@clear.net.nz

WORLD'S LONGEST WATERSLIDE

(IT IS IN THE GUINNESS BOOK OF RECORDS)

Jonkers Farm, 130 Jonkers Road, Waitakere

Sunday 14th February, 2016 at 9.30am

Meet at Jonkers Farm at 9.30am. Ticket is for the whole day 10am – 6.00pm. Besides the big slide, there will be at least 2 other slides and inflatable activities. The big slide goes for 600m. It has a 45cm inflatable base so ride is nice and soft. If you want to go faster, you can use some super slick toboggan style mats. The vertical drop measures 102m finishing with a 7m splash pool. There will be live Kiwi music, performances, yoga, meditation, mental health activities and food vendors.

This is an annual fundraiser for 'Live More Awesome' which is a non profit charity and movement dedicated to inspiring, encouraging, informing as well as finding help, for people struggling with depression, anxiety and suicide.

Events are planned in the name of mental health awareness while actually improving mental health at the same time. We all have mental health, we need to acknowledge it and look after it.

Carpooling can be arranged.

Further Info: <http://www.worldsbiggestwaterslide.com/>



World's Biggest Waterslide

www.worldsbiggestwaterslide.com

FUNDRAISE FOR A TICKET. FREE

TICKET! Just refer 5 people...

Bring: Bathing suit and towel. Picnic lunch or buy there.

No alcohol allowed

Cost: \$129.00

Pay by: ASAP

Contact: Alison Philcox 021 257 6741 or a.philcox@clear.net.nz

V8 JET BOAT SPRINTS, DRAGWAY ROAD, MEREMERE

Sunday 14th February 11am - 4pm

This is the best action powered sport you will ever see. A day of fast moving spectacular thrills and excitement. The motorised jet boats go round at extreme speeds on a figure 8 and multi bend water canals. The canals on a purpose built natural amphitheatre next to the Waikato River. For the audience there is an excellent vantage and viewing points from all locations.

Further info: Dragway Road is located on the right hand side just past the old Meremere Power Station on State Highway 1. There is plenty of parking on site. For those wanting to carpool, I suggest to arrive at 10am and park at Countdown Greenlane. Let Mike know, He can take 3 extra passengers. For those driving direct, meet at the entrance to Dragway Road at 11am.

Bring: Water, sunscreen, deck chairs, sun umbrella lunch or snacks.

There are food caterers on site.

Cost: \$20 entry includes car parking

Pay by: Direct to gate attendants

Confirm: Please advise Mike if you are driving direct or prefer to car pool.

We can also leave earlier than the last race if you have had your fill of thrills and spills.

Contact: Mike Maran – 846 5350, 0274 784 779 or

mikemaran10@gmail.com

BURGER & OUTDOOR BOWLS, ONEHUNGA BOWLING CLUB

146 Selwyn Street, Onehunga – Off Mt Smart Road

Friday 19th February 2016 at 6pm

Bring: Wear flat shoes

Cost: \$15.00 (Includes bowls, burger and tuition)

Pay into TUAC account

Confirm by: 7th February 2016

Contact: Ann - 021 157 6005, 636 5417 or annmelrose@gmail.com



WIND SURFING AND STAND UP PADDLING

Sylvan Park Car Park at end of Sylvan Park Road, Milford

Saturday 20th February 2016

Meet at 10.30am for an 11am start. Two hours windsurfing or SUP or both.

Instruction is given if required. Wetsuits and equipment are supplied.

Pupuke is a safe environment as there are no big waves or tides to worry about.

Have lunch locally afterwards.

When booking, please indicate what you want to do, your level of ability and if

you want to join us for lunch. See www.madloop.co.nz

Bring: Bathing suit and towel.

Cost: \$50.00. Lunch at your cost

Pay by: 5th February or sooner

Contact: Alison Philcox – 021 257 6741 or a.philcox@clear.net.nz



WALKING 'CAR' RALLY IN WAIKUMETE CEMETERY

Sunday 21st February at 10am

Meet outside the Chapel of the Oaks which is directly opposite the Glen Eden Primary School, Glenview Road, Glen Eden. Park on Glenview Road or Waikumete Road and walk through the gates to the Chapel entrance.

Another opportunity to exercise your brains as well as your legs. Learn about your ancestors and the history of Auckland's largest cemetery. Follow the clues on your sheets and write down the answers to 30 questions.

We will divide into teams of 3 and the walk should take about 2-3 hours depending on how quick you are in discovering what is inscribed on Auckland's past monuments and headstones. The walk through the cemetery is easy and undulating. Prize giving will be held after at the Columbus Coffee Cafe, 142 West Coast Road, Glen Eden. An easy 5 minute walk cross the rail lines and go left. The cafe is opposite the Glen Eden Train station.

Bring: Your intuition, brains, pen, sunhat, sunscreen and walking shoes.

Cost: Undecided yet. We may ask for a 'donation' of \$5pp to cover the cost of prizes.

Contact: Mike Maran - 846 5350, 0274 784 779 or

mikemaran10@gmail.com

Helene Harper – 838 6742, 021 921 068 or heleneh47@xtra.co.nz



MICHELE A'COURT STUFF I FORGOT TO TELL MY DAUGHTER

Uxbridge Theatre, 35 Uxbridge Road, Howick

Friday 26th February. Dinner 6pm – Show 8pm

When award-winning Comedian Michele's daughter got a job and went flatting, her bereft mother spent months remembering all the things she forgot to tell Holly – from the right way to store ginger, to explaining what feminism is. Based on her best-selling book, Michele's talk is full of hilarious lessons for all of us, for people who have had, might one day have, or who have ever been children, it's an entertaining 'must see'!

Meet at 6pm for dinner beforehand at Italian restaurant, La Padella, 503 Pakuranga Road, Highland Park. Show at Uxbridge Theatre starts 8pm. Tickets always sell out fast for this boutique theatre so get in quick.

You will need to book your ticket direct with Uxbridge Theatre by phone, 09 535 6467, additional charges apply for getting tickets mailed out to you or you can arrange to have them collected.

Please let me know when you have bought your ticket.

Bring: A friend if you wish

Cost: Play \$22 Visa/Mastercard when booking by phone

Dinner at your cost, pay on the night BYO & Licensed

Confirm by: 24th February if coming for dinner

Contact: Raywyn Brinsden - 021 455 863 or raywynbrinsden@gmail.com



SHAKESPEARE'S TWELFTH NIGHT

Pop-Up Globe Theatre (To be built in the carpark at the rear of Q Theatre and The Basement Theatre at 38 Greys Ave.)

Saturday 27th February 2016 at 8pm

Experience Shakespeare's brilliant comedy in the temporary full scale replica of the Globe Theatre that was originally built in 1614. I will book the Gentlemen's room on the middle gallery (up 1 staircase) for the first 6 people that pay. This is a private room overlooking the stage. Catering can be arranged for canapés and cocktails, room service will be available throughout the evening and dessert can be served during the interval. Don't know prices of these extras yet. If that is booked out, then I will book the Upper Gentleman's room on the upper gallery (3rd level up 2 staircases). If that is booked out 3rd option is the B reserve seats as I don't fancy standing for 2 hours in the "Penny stinkards" in the Groundlings. See www.popupglobe.co.nz

Bring: All seated areas are roofed but dress warmly as it may get cold later on.

Cost: \$114.00 each

Pay by: As soon as possible. Seats are going fast.

Contact: Alison Philcox - 021 257 6741 or a.philcox@clear.net.nz



KUAOTUNU CAMPING WEEKEND COROMANDEL

33 Bluff Rd, Kuaotunu (off SH 25)

Friday 4th March to Sunday 6th March 2016

Campervans, campers or cabin hire (2-4 people) each campsite maximum 4 people.

The campsite has fully equipped kitchens, eating areas, BBQ, showers etc. Luke's Kitchen, Café/Pizza place and store in Kuaotunu - 5 mins up the road. Café and shops in Matarangi

Activities: Kayaking, cycling, walking, swimming, skin diving, fishing (bring own equipment).

Optional walk on Saturday morning - Kauri2000, (see video on website below)

<http://www.kauri2000.co.nz/video-kauri2000.html> Walk is 6.4km, lunch en route in the Wetland

Bike Ride 1 possibility - 7-8 km ride to Otama beach. Lunch and walk along beach and same distance back - total 14-16km

Bring: Camping - tents, bedding etc. Food for breakfasts, lunches. Shared BBQ on Saturday night. More details nearer the time.

Cost: Campers and caravans \$20 per person per night. Cabins from \$65 per person in a double unit. Less if 4 in a unit.

Expressions of interest asap. I will organise the shared cabin bookings. Please let me know if willing to share cabins.

Contact: Hillary Scott - 021 258 4186 or hillary.scott.54@gmail.com

PLAY - CENTRAL OTAGO MAN

Howick Little Theatre, 1 Sir Lloyd Drive, Lloyd Elsmore Park

Saturday 12th March at 8pm.

A humorous tale about Central Otago farmer Tryfen Gribilco, who is running a bungy-jumping platform with a young, by-the-book offsider, Marty Wellings. Tryfen is perfectly untouched by the ravages of political correctness and has an opinion on just about everything, which he freely shares with his high-profile clients - an urbane Australian senator and an uptight German UN delegate and her minder.

If anyone is interested, we can meet for a meal beforehand at La Padella, Shop 30, Highland Park Shopping Centre, 505 Pakuranga Road at 6pm.

Cost: Tickets \$28.00 or concession (Seniors) \$24.00

Pay by: Website www.hlt.org.nz, email info@hlt.org.nz or phone 09 534 1406

Confirm by: Monday 29th February

Contact: Janice Calvert - 0274 605 704 or jcalvert@slingshot.co.nz

GIBBS SCULPTURE FARM

2421 Kaipara Coast Highway 16

Thursday 17th March 2016, 10am - 2pm

Visit this amazing farm of artwork, which is the biggest artwork artists have ever produced in NZ in a dazzling landscape. This is a private property open to the general public monthly. Limited to 12 participants

Meet at the Kaukapakapa Hotel at 9:30am. It is a 13km drive to the farm.

Bring: Good walking shoes, water and lunch, and camera.

There are no facilities on the property.

Cost: Free

Confirm by: 10th March 2016

Contact: June Bell - 021 258 3013, 817 3093 or

fiveofsix48@hotmail.com. Please head TUAC

TAWHARANUI REGIONAL PARK CAMPING WEEKEND

Auckland Regional Park, 1181 Takatu Road, Tawharanui

Friday 18th March to Sunday 20th March 2016

Tawharanui Regional Park boasts some of Auckland's most beautiful white sandy beaches, rolling pastures, shingle bays, native coastal forest and regenerating wetlands.

Beachfront campsite facilities include toilets, tables, water, outdoor shower, walking in native sanctuary for NZ birdlife, canoeing and safe sandy swimming tidal beach.

See web site <http://www.arc.govt.nz/>

Bring: All camping gear/ tents/ gas stove or BBQ. Swimming togs, walking shoes, kayak if you want to. Own food/drink as nearest shop is Matakana.

Shared meal on Saturday night.

Cost: \$15 per night per person.

Pay by: Please pay TUAC ASAP as I have only 16 sites booked and paid for already.

Location: Take State Highway 1 North to Warkworth. Follow the signs to Matakana. Just past Matakana turn right at the Omaha turnoff, drive along Takatu Road and the Tawharanui Park is well sign posted.

(Note: The last 6km is narrow gravel road.)

Contact: David Verrall - 09 426 9588, 027 203 5508 or

gundesenverrall@xtra.co.nz



THE BIG EASY, NAPIER

Easter 2016 Friday 25th March to Monday 28th March 2016

Save the date for this event. The motel units are already booked!

Bring your bike for the 45km Big Easy ride from Havelock North to Napier. This is run on Easter Saturday and includes a concert in one of the vineyards after the ride. Lots of buskers en route while biking along Napier's fabulous bike paths. Other activities will be planned over the weekend.

Costs: To be advised when they come to hand

Contact: Libby Lyver - 021 137 1488 or libby.lyver@gmail.com



PRESENTATION BY JEREMY SCOTT - see attached flyer

The Commerce Club of Auckland (CT Club)

27- 33 Ohinerau Street, Remuera

Wednesday 6th April 2016

Optional - Meet 6pm for a meal beforehand. Presentation starts at 7pm

Further Info: See Jeremy's website jeremyscott.com.au

<https://www.flickr.com/photos/quinsadventure/albums/72157651694443951>

Bring: Questions to ask him

Cost: \$10 donation to NZ Heart Foundation

Pay by: 1st April

Confirm by: 1st April (so I can let CT club know approximate numbers for the meal) (Please email me - with 'Presentation' as subject)

Contact: Hillary Scott - 021 258 4186 or hillary.scott.54@gmail.com

We have just spent a fabulous 2 days at Thames having demonstrations of making 5 different cheeses. Great for people who have had this on their bucket lists or who are into natural products, foodie things that go with wine....

Carol and David V

CHEESEMAKING DEMONSTRATION COURSES

by Katherine Mowbray - Renowned Cheesemaker

11 Edgewater Grove, Orewa

Friday 8th April 2016 6:30pm to 8:30pm - Mozzarella

Saturday 9th April 10:30am to 2pm - Feta, Halloumi, Ricotta & Mascarpone

Friday night - Mozzarella is a wonderful little hand stretched cheese that follows many of the important steps of the cheesemaking process. It only requires 2 litres of milk so that within 1 hour and a half you can be eating the cheese. Very exciting!

Saturday - Make and eat 4 more cheeses - Feta, Halloumi, Ricotta, Mascarpone.

It's a very social lunch with bread, crackers and a glass of wine

Bring: Pen and paper to add your own notes to provided recipes. BYO wine if wanted.

Cost: Friday night \$30

Saturday \$120. Attend both sessions for \$150 and you also get Katherine's Making Cheese at Home book worth \$30

Pay by: 23rd March 2016

Confirm by: 23rd March 2016 but please contact David if you are interested so we can get an idea of numbers.

Contact: David Verrall - 027 203 5508, 09 426 9588 preferred if you are leaving a message or gundesenverrall@xtra.co.nz



YOU CAN ALWAYS HAND THEM BACK BY ROGER HALL

Sky City Theatre

Saturday 16th April show starts at 8pm

Maurice and Kath's kids have left home. The nest is empty and a life of gin, golf and overseas jaunts awaits. That is until the grandchildren arrive. With grace and good humour, old rhythms are given a new life as they embrace the delights and demands of bath time, babysitting and bundles of joy. Roger Hall puts the grand into grandparenting in a charming and tuneful collaboration with UK musical legend Peter Skellern. Packed with laughter and tinged with tears, this is a vintage kiwi comedy with a heart of gold that no grandparent will want to miss and no would be grandparent should.

Cost: Adult \$60 - Seniors \$55 (includes \$1 towards booking fee)

This is the early bird and group price so need to pay before 6th March to get this price

Contact: Alison Philcox - 021 257 6741 or email a.philcox@clear.net.nz



BITCHIN BINGO - NOT YOUR NANA'S BINGO!!!!

Doolans, Cnr Khyber Pass and Kingdom Street, Newmarket

Wednesday 20th April 2016 at 7.30pm sharp

Optional Classic Pub Grub Dinner at 6.30pm, please confirm if you want dinner prior to show

Bring: A sense of humour

Cost: Meal only

Confirm by: 13th April 2016 or asap

Contact: Ann - 021 157 6005, 636 5417 or annmelrose@gmail.com



CRIMES OF THE HEART BY BETH HENL

Dolphin Theatre, Spring Street, Onehunga

Saturday 14th May at 8pm

A charming black comedy set in a small Mississippi town which won the 1981 Pulitzer Prize for Drama see

www.dolphintheatre.org

Optional dinner at Thai Archer, Campbells Road, Royal Oak at 6.15pm

Cost: \$22.00 includes tea and coffee at half time, sausage rolls/hot savouries and club sandwiches after show concludes.

Please pay on the night

Confirm by: 2nd May 2016

Contact Ann – 021 157 6005, 636 5417 or annmelrose@gmail.com



JOKE

One night, this guy come into a bar and asks the bartender for a drink.

Then he asks for another. This goes on for a half an hour and the bartender gets worried.

What's the matter?" the bartender asks.

"My wife and I got into a fight," explained the guy "and now she isn't talking to me for a whole 31 days."

After thinking it over in a reassuring tone, the bartender asked

"But, isn't it a good thing that she isn't talking to you?".

"Yeah, except today is the last night."

WEB-SITE GALLERY

For all you Event participants who take wonderful photos -why not share them with everyone else on our web-site

Email your photos to Rob Bell on trekkerrob@gmail.com



BRISBANE CYCLE TOUR

Saturday 20th August to Sunday 28th August 2016

Expressions of interest are wanted for this week long bike tour covering the Brisbane city bike paths and incorporating the Whale Trail Tour. The tour will be personalised for TUAC members by

Bushranger Bikes. Great cycling, fantastic accommodation and food, and a brilliant package that offers the ultimate relaxing cycling adventure holiday, sun, sand, blue water and skies and whales – perfect!

Dates have been firmed up and given to our personal tour guide who is coming up with a plan so work around these dates. Aiming to arrive in Brisbane Sat 20th and depart Sunday 28th. Only a few places left so get in quick.

Further details: Check out their website for more info on the Whale Trail component of this tour.

<http://www.bushrangerbikes.com.au/Southeastqldwhaletrail.htm>

Costs: Work on around \$2000 all-inclusive plus return airfares

Contact: Libby Lyver - 021 137 1488 or libby.lyver@gmail.com

WORLD OF WEARABLE ARTS, WELLINGTON

Friday 30th September to 2nd October 2016

Show is Saturday 1st October at 8pm

We have chosen to go for the best seating possible. When there is a list of participants we will meet to discuss travel dates and accommodation. Some may go on Friday and others Saturday.

Cost: Ticket for show, travel for premium plus seating.

Airfare and accommodation extra.

Pay for ticket by 15th January 2016 to secure your place.

Please remember if you book this event, and find yourself unable to go, it will be your responsibility to find a replacement, and honour your accommodation booking.

Contact: June Bell - 021 258 3013 or fiveofsix48@hotmail.com or

Libby Lyver - 021-137-1488 or libby.lyver@gmail.com



CLOSED

MEMBERS – INTRODUCE A NEW MEMBER

If you introduce a new member and they join the Club you will get a credit of \$10 on your next TUAC membership renewal account

"I acknowledge and accept that neither the Thumbs Up Adventure Club ("the club"), nor any other party associated with any activity arranged by or through the club shall have any responsibility for any liability, financial or otherwise, which might arise whether or not by negligence, from any direct or indirect loss, injury or death which might be sustained by me or any other party directly or indirectly associated with me, from my intended or actual participation in any event or its related activities."

JEREMY SCOTT - ADVENTURER & AUTHOR

EPIC RIDE PRESENTATION



IN ASSOCIATION WITH

THUMBS UP ADVENTURE CLUB

Following life saving open heart surgery, Jeremy reached a stage in life where he felt as if he wasn't being challenged. To rectify the situation, he loaded some panniers onto his bicycle and spent 2 1/2 years pedaling almost 52,000km around the planet.

As a proud supporter of Heart Foundation New Zealand, Jeremy's phenomenal journey highlights what anyone can achieve if they believe in themselves and have the courage to chase their dreams.

Don't miss the opportunity to meet Jeremy
and hear his truly inspirational story.

VENUE: THE COMMERCIAL CLUB OF AUCKLAND
27-33 OHINERAU STREET, REMUERA
WEDNESDAY 6TH APRIL 2016 - START: 19.00PM
ENTRY \$10 - PROCEEDS DONATED TO HEART FOUNDATION NZ

RSVP by 05 April 2016

Phone Hillary 021 258 4186 or Email - hillary.scott.54@gmail.com

Optional: Meet from 18.00pm to have a meal & socialize.

Everyone is welcome to join in the fun.

JeremyScott 
ADVENTURER | AUTHOR | SPEAKER | PHOTOGRAPHER
www.jeremyscott.com.au

TUAC
Thumbs Up Adventure Club