



Thumbs Up Adventure Club Inc.
www.tuac.co.nz

"The Thumbs Up Adventure Club is a social and active group of people who enjoy living life to the fullest"

President:	David Verrall	630 2588	Committee:	
Treasurer:	Libby Lyver	021 137 1488	Alison Philcox	021 257 6741
Secretaries:)	Helene Harper	838 6742	Dianne Chisholm	027 494 1400
)	June Bell	817 3093	Irene Palmer	021 236 9422
New Membership:	Leonie Caskey-Hatton	480 2800	Hillary Scott	021 258 4186
Newsletter/Website:	Alan Grigg	027 493 6850	Jackie Humphrey	021 167 4253
			Raywyn Brinsden	021 455 863
			Gerry Smith	520 5795

Our account details: ASB Bank 12-3014-0118011-00 - For internet banking - state your name, cost and event you are paying for. Please deposit cheques directly into the Club's bank account and email Libby (libby.lyver@gmail.com) the same information.

CHECK WITH EVENT ORGANISER THAT PLACES ARE AVAILABLE BEFORE MAKING ANY PAYMENT

Non members may attend some club events. Members have priority and a surcharge will be applied. Contact the event organiser directly

If you have confirmed you wish to go to an event where the ticket is pre-paid by the organiser, please pay by the due date.

The ticket is still your responsibility to pay. You can sell it or give it away

If you cannot attend on the day, please advise the organiser immediately as they may have other people wishing to attend

February - March 2014

PIHA CANYON SCRAMBLE - PIHA

Saturday 1st February 2014

All day trip. Bus will pick us up from the Sky Tower approx 9.30am

Traversing a volcanic rock valley with waterfalls, abseiling slots, jumps, caves and natural rock pools complete with sexy guide

Further info: www.awoladventures.co.nz canyon trips/Piha canyon/full day.

Wetsuits and lunch supplied. Lunch is filled rolls, chocolate and OJ.

Bring: Swimsuit, towel, change of warm clothes, hiking boots or trainers plus a dry pair to put on after, snacks, water

Cost: \$175 per person

Pay by: Now

Contact: irenepalmer@gmail.com - 021 236 9422 or 09 415 9605



WAITAKERE WALK - KITEKITE FALLS, PIHA

Sunday 9th February - 10am

Meet in the car park at end of Glen Esk Road, Piha. Go through the gate. After descending Piha Rd you will turn right into Glen Esk Road. 2½ hour loop walk. Moderate grade.

Bring: Boots, suitable clothing, water
Food for a BBQ lunch in the picnic area after the walk

Contact: June Bell - 817 3093, 021 258 3013 or fiveofsix48@hotmail.com



SCULPTURE IN THE GARDENS, AUCKLAND BOTANIC GARDENS

Sunday 2nd February 2014 - 10am

Sculpture in the Gardens is an outdoor exhibition of 23 large scale sculptures by NZ's best known, most talented and up-and-coming artists. The 2km trail takes you on a delightful walk through the garden collections at the Botanic Gardens.

The outdoor show is complemented by live music, guided walks, gallery exhibition and an indoor exhibition.

Meet at the gardens at 10am. Lunch in the café after the exhibition.

Bring: Walking shoes and coat if weather looks showery

Cost: Free - Lunch at your cost

Contact: Libby Lyver - 021 137 1488 or libby.lyver@gmail.com



CYCLE RIDE & ICE CREAM - PENROSE OR MANGERE BRIDGE

Saturday 15th February 2014 - 10am or 10.30am

Get on that bike and enjoy a mostly flat ride on bike paths with a stop at the strawberry farm for one of their delicious ice creams.

There is a choice of starting points for this ride which will change the kms you cycle. Meet either at the beginning of Hugo Johnstone Drive, Penrose at 10am for the longer ride or at 10.30am at the end of Kiwi Esplanade, Mangere Bridge (Ambury Park end opposite Andes Ave) for the shorter ride.

Kms ridden will depend on which route you want to take to the strawberry farm.

Plenty of options, all biking levels. Parking readily available at both places.

Maps of the area provided.

Purchase fresh vegetables at the strawberry farm - bring a backpack if need be

Optional stop at Mangere Bridge for lunch on return ride.

Bring: Own bike, helmet, water

Cost: Free - ice cream and/or lunch at your cost

Confirm by: Thursday 13th February

Contact: Libby Lyver - 021 137 1488 or libby.lyver@gmail.com



WINDSURFING, STAND UP PADDLEBOARDING & MELTEMI BEACH CATS

Madloop Windsurfing, Lake Pupuke, 17 Sylvan Park Avenue, Milford

Saturday 8th February 10.30 for an 11am start.

Two hours of fun to do all three if you want, or concentrate on one or two. This includes instruction in a simulator on land first for beginners to wind surfing, wetsuits and life jackets. When booking please indicate if you want to do all three. Three can go in the Meltemi Beach cat at a time. Check out the clip on youtube <http://www.youtube.com/watch?v=r7KXDEzViPO>

Lake Pupuke is an ideal place for water sports as you don't have to contend with the surf or tides. Lots of lunch places to choose from afterwards.

Further info: www.madloop.co.nz

Bring: Bathing suit, towel.

Cost: Our special discount rate of \$50.00 per person for 2 hours

Pay by: Book now to secure a place and pay by 10th January 2014

Contact: Alison - 021 257 6741 or a.philcox@clear.net.nz



JAZZ IN THE VINES - WEST AUCKLAND HOSPICE FUNDRAISER

Davis Funeral Grounds, 150 Central Park Drive, Henderson

Sunday 16th February 2pm - 5pm

Mark your diary for a relaxing afternoon of entertainment in support of Hospice West Auckland. With the viticulture of the area it looks like a Tuscan vineyard.

LEZA CORBAN is a confirmed performer.

I will have a banner or similar so you can find me.

Wine and drinks can be purchased at the venue. Tea and coffee is free.

Bring: Rug/chairs, something to drink, picnic or nibbles

Cost: \$20 - Tickets can be purchased by calling 0800 BUY TIX (289 849) or go to the website Jazz in the Vines

Contact: Helene Harper - 021 921 068 or heleneh47@xtra.co.nz



MUSIC IN THE PARK WITH MIDGE

Blockhouse Bay Reserve

Friday 21st February 6pm - 9.30pm

Be entertained by Midge Marsden who is New Zealand's pre-eminent rhythm & blues artist. His combination of excellent musicians and unstoppable energy combine to bring you an excellent show. He will be supported by Rick Bryant and the Jive Bombers and The William Brown Band. TUAC banner or similar will be displayed so you can find us. Parking is all around in the streets.

We will have coffee/tea and dessert at Suzanne Caron's afterwards at 9A Matata Street, Blockhouse Bay. House is down a long right of way, first house on your right. Park on the road.

Will send directions when you contact me.

Bring: Rug or chair, picnic and drinks (wine, beer, coffee, soft drinks)

Cost: FREE

Contact: Helene Harper - 021 921 068 or heleneh47@xtra.co.nz



WOODBIDGE GARDENS, COATESVILLE

Saturday 22nd February 10am

A country garden of 10 acres with many interesting features, see website

www.woodbridgegardens.co.nz

Directions: 3km north of Albany, turn left on Highway 28, then 4km to Glenmore Rd (opp Coatesville Store), Woodbridge is 350 meters up Glenmore Rd on the right

Bring: Suitable clothes and drinks for the day

Cost: \$10 payable on the day

Lunch at a local café afterwards. Unable to have a picnic as wedding at 3pm

Contact: June - 817 3093, 021 258 3013 or fiveofsix48@hotmail.com



ELVIS IN THE GARDENS

Botanic Gardens, Hill Rd, Manurewa

Sunday 23rd February 11.30am - 6.30pm

Enjoy timeless music while you relax in the beautiful Auckland Botanic Gardens. Fun, friends, music and rock & roll! Live music by 7 Elvis impersonators from around the world. Starts at 11.30am and runs until 6.30pm

On site free parking Everglades Drive Entrance.

Exit the motorway at Redoubt Road from either South or North, then turn into Everglades Drive. Entrance to event parking is at the end of Everglades.

Note: No parking access to the event is available from North end of Gardens (Hill Road).

Bring: Deck chair, own drinks & food (food and beverage stalls on site)

Cost: Free. Loose change collection taken for Heart Foundation of NZ

Confirm by: Just turn up on the day anytime and text me to find location

Contact: Maureen - 027 533 6363 or Maureen@bodiwellness.co.nz



TAPAPAKANGA REGIONAL PARK CAMPING WEEKEND

Auckland Regional Park, Firth of Thames

Friday 28th Feb to 2nd March 2014

Campsite at Tapapakanga looks with views of the Firth of Thames.

Facilities include toilets, tables, water, outdoor shower. 5 mins walk through bush to the beach side and historic farm house. Walking and mountain bike tracks.

Fishing, canoeing, safe, sandy swimming tidal beach

See web site <http://www.arc.govt.nz/>

Bring: All camping gear/ tents/ gas stove or BBQ. Swimming togs, walking shoes, bikes and helmets. Own food/drink as nearest shop is Orere Point Campground. Shared meal on Saturday night.

Location: 60 minute drive from Auckland CBD. Drive south on SH1. Take the Manurewa off ramp, head for Clevedon. From Clevedon follow the signs to Kawakawa Bay and turn right at the shop. Go 12.5km (past Orere Point) and turn off into Deery Rd to the Tapapakanga Park.

Cost: \$13 per night per person. Campsite takes 40 people

Pay by: ASAP

Contact: David Verrall - 630 2588, 027 203 5508 or

gundesenverrall@xtra.co.nz



ROUND THE BAYS 2014 - WALK OR RUN

Auckland Waterfront

Sunday 9th March 2014 - 8.30am

Join this iconic 8.4km fund raising walk or run from the city to St Heliers.

Race starts at 9.30am. Register online at www.roundthebays.co.nz

Meet at 8.30am at Goldie St, St Heliers near Vellenoweth Green and catch the shuttle buses to the start.

Alternative meeting point at 9am at the Shell Service Station on Quay St opposite Tangihua Street. Car parking is usually available on Long Drive which is approx. 5 to 10 mins walk to St Heliers.

Lunch afterwards in St Heliers

Cost: Buses cost around \$4.00 (cash only).

Entry fee ranges from \$27 to \$37 depending on when you register.

Lunch at your cost.

Pay by: Pay online when you register

Confirm by: Please let me know when you have entered

Contact: Libby Lyver - 021 137 1488 or libby.lyver@gmail.com



KARIOTAHU BLO CARTING & BEACH BBQ -

KARIOTAHU BEACH

Saturday 15th March 2014 at 12pm

The committee have purchased Grab One tickets for a 1 hour blo carting session on Kariotahi Beach with Aqua Air Adventures

If you do not want to try this yourself, feel free to come along just for the BBQ and watch the others try their hand at getting the cart to go in the right direction!

Limited tickets available - first in gets them

Pot luck beach BBQ beforehand. Meet at beach at 12.00 for lunch.

Blo carting briefing booked for 1.30pm start

Driving directions will be provided.

Bring: Own meat, drink and a plate to share for BBQ.

Togs/towel in case you want to swim.

Comfortable clothes & shoes which you don't mind if they get wet.

Cost: \$35.00

Pay by: On booking

Confirm by: 15th February 2014

Contact: Libby Lyver - 021 137 1488 or libby.lyver@gmail.com



OKURA BUSH WALKWAY - HAIGH ACCESS ROAD

Sunday 16th March at 10am

Meet at the end of Haigh Access Road, off East Coast Road at 10am

2-3 hours bush and coastal walk

Bring: Suitable walking clothes and boots

Swimming togs if you want to swim

Lunch - food and drink - carry in pack

Cost: Nil

Contact: Gerry - 520 5795 or gerry181@xtra.co.nz



ICE SKATING - PARADISE ICE SKATING, BOTANY

490 Ti Rakau Drive, Botany

Saturday 22nd March at 5pm

Have places for 6 people at \$8 each. (Usual price \$17 each) - includes skate hire

For further info see website www.paradise.co.nz

Bring: Warm clothing, socks. Change of clothing if you are likely to fall!

Cost: \$8 cost for meal afterwards

Pay: ASAP (to Hillary)

Contact: Hillary Scott - 021 258 4186



MAGICAL MANGAWHAI - 15TH MANGAWHAI WALKING W/END

Friday 28th March to Sunday 30th March

Join in this annual event - Friday 28th begins with the Troubadour Trail along the coast and cliffs. This is a feast of storytelling, singing, music and magic.

Saturday and Sunday - Walks of your choice

Saturday there is a wine and food festival at the Olive Grove with The Mermaids as entertainment. Jo Cotton is in this group

Check out the walks on www.mangawaiwalkingweekend.co.nz and pricing.

Packed lunches available for \$11 each day - pre booking essential

Book early to secure your place

Free camping available at Mangawhai at Bob Bell's place.

Contact: June Bell for camping details - 817 3093, 021 258 3013 or

fiveofsix48@hotmail.com



OREWA HALF MARATHON & 10KM RUN/WALK

Orewa Beach

Sunday 13th April 2014

Do the walk/run and finish with a BBQ at Sheila Jenkins place

Web-site to book for run/walk -

<http://www.orewabeachhalfmarathon.com/>

Or just support the team and come to the BBQ

Bring: Own food for the BBQ and BYO. Salad will be supplied.

Chair for outside use and togs/towel for a swim

Contact: Sheila Jenkins - 021 479 256, or sjenks@clear.net.nz



EASTER ON THE EAST CAPE - NAPIER

Friday 18th to Monday 21st April 2014

4 day tour of Napier and surrounding region. Mainly focused around biking the cycle trails, including visiting wineries, but the weekend is free for people to choose their own activities.

Optional Gannet Colony tour, either ride or carpool to Clifton Beach where tour departs.

Optional extra days can be added either side of Easter if you want to make the weekend longer. Carpooling arranged. Itinerary available on request.

Accommodation has been booked (twin or triple share/own unit)

Bring: Own bike and helmet

Cost: Approx. \$50 - \$65 per night per person for motel depending on how many in each unit. Share costs carpooling.

Gannet colony tour \$42.00 adults/\$37.00 seniors.

Pay by: To be advised

Confirm by: 1st March 2014

Contact: Libby Lyver - 021 137 1488 or libby.lyver@gmail.com



ROTORUA MARATHON - 50TH MARATHON

Saturday 3rd May 2014

Fancy walking or running a marathon which combines both history and geography in a beautiful piece of NZ

Multiple distances of your choice - marathon, half marathon, 10km or 5km

Check out website and register on www.rotoruarunners.co.nz

Limited accommodation is available at Alpine Motel

Cost: \$125 per night for 2 people with an additional charge of \$20 for each extra adult. Some units will sleep 3. This will be for 2 nights, ie. Friday 2nd May and Saturday 3rd May.

Bring: Plenty of energy

Contact: June - 817 3093, 021 258 3013 or fiveofsix48@hotmail.com



WATCH THIS SPACE FOR POSSIBLE EVENTS

- | | |
|--|-------------|
| ➤ Pirongia Walk | David |
| ➤ Port Waikato weekend | Raywyn |
| ➤ BMW Racing | Irene/Libby |
| ➤ Auckland city events | Gerry |
| ➤ Wanganui River kayaking | Irene |
| ➤ Dance night April | Leonie |
| ➤ Monthly Dance Nights Ponsonby Sailing Club | Helene |

RIDE THE PARADISE TRAIL, LAKE WAKATIPU, QUEENSTOWN

Anniversary W/end Saturday 24th to Tuesday 27th January 2015

Pedal through Paradise - the Most Beautiful Guided Cycle Tour in the World

An expression of interest is sought for a group of 12 people to ride the

Paradise Trail - a 4 day, 3 night fully guided and supported boutique

cycle tour around Lake Wakatipu, through parts of Mt Aspiring and

Fordland National Parks. 3 days cycling, 1 day tramping on the

Routeburn Track with accommodation at historic Kinloch Lodge and

Paradise Homestead.

Further info see website www.revolutiontours.co.nz or contact 0800 274 3348

Bring: Clothes suitable for cycling/tramping

Cost: \$1685 includes 3 nights' accommodation, use of bikes and helmets, all food (including snacks), TSS Earnslaw steamer ride, water taxi transport, support vehicle, luggage transport, and transport back to Queenstown.

10% deposit at time of booking, balance due 28 days before start of tour date

Expressions of interest by 31st May 2014.

Contact: Sheila Jenkins - 021 479 256 or sjenks@clear.net.nz



Congratulations to the Team who tramped the Heaphy in 4 days

Alan, Felicity, Gary, Jayne, Sheila, Rob, Hillary, Jackie, Sue, Irene, Helene, Anita, Betty and Suzanne

MEMBERS – INTRODUCE A NEW MEMBER

If you introduce a new member and they join the Club you will get a credit of \$10 on your next TUAC membership renewal account

"I acknowledge and accept that neither the Thumbs Up Adventure Club ("the club"), nor any other party associated with any activity arranged by or through the club shall have any responsibility for any liability, financial or otherwise, which might arise whether or not by negligence, from any direct or indirect loss, injury or death which might be sustained by me or any other party directly or indirectly associated with me, from my intended or actual participation in any event or its related activities."