



## Thumbs Up Adventure Club Inc.

www.tuac.co.nz

"The Thumbs Up Adventure Club is a social and active group of people who enjoy living life to the fullest"

President:	David Verrall	630 2588	Committee:	
Treasurer:	Libby Lyver	021 137 1488	Alison Philcox	021 257 6741
Secretaries: )	Helene Harper	838 6742	Dianne Chisholm	027 494 1400
)	June Bell	817 3093	Irene Palmer	021 236 9422
New Membership:	Leonie Caskey-Hatton	480 2800	Hillary Scott	021 258 4186
Newsletter/Website:	Alan Grigg	027 493 6850	Jackie Humphrey	021 167 4253
			Raywyn Brinsden	021 455 863
			Gerry Smith	520 5795

**Our account details: ASB Bank 12-3014-0118011-00 - For internet banking - state your name, cost and event you are paying for. Please deposit cheques directly into the Club's bank account and email Libby ([libby.lyver@gmail.com](mailto:libby.lyver@gmail.com)) the same information.**

**CHECK WITH EVENT ORGANISER THAT PLACES ARE AVAILABLE BEFORE MAKING ANY PAYMENT**

**Non members may attend some club events. Members have priority and a surcharge will be applied. Contact the event organiser directly**

**If you have confirmed you wish to go to an event where the ticket is pre-paid by the organiser, please pay by the due date. The ticket is still your responsibility to pay. You can sell it or give it away  
If you cannot attend on the day, please advise the organiser immediately as they may have other people wishing to attend**

## December 2013 – January 2014

### TUAC CHRISTMAS CRUISE

My Hogwash, Pier 2, Westhaven

Saturday 30th November - 8pm-12am

Join us on our Christmas outing. Finger food provided.

Bar open, cash only please. No BYO.

Boarding 20mins prior to departure

**50 PLACES ONLY - BOOK NOW – FILLING FAST**

**Bring:** A sense of fun, be ready to enjoy yourself. Ladies no slimline heels

**Parking:** \$14 for 24hrs. Coins only.

**Cost:** \$22

**Pay by: NOW**

**Contact:** June Bell - 09 817 3093, 021 258 3013 or

[fiveofsix48@hotmail.com](mailto:fiveofsix48@hotmail.com)



### COCA COLA XMAS IN THE PARK REHEARSAL NITE

Auckland Domain - Friday 13th December

Join us for a great night at the rehearsal of this event.

See the full show, easy parking, plenty of space. Come after work

**Bring:** Chair or rug, own eats and drinks.

Meet somewhere in front of stage

**Cost:** Nil

**Contact:** June - 817 3093, 021 258 3013 or Libby 021 137 1488



### POT LUCK BEACH BBQ, KOHIMARAMA BEACH

Saturday 21st December from 5pm onwards

Want to take a break from the hectic rush of Xmas shopping? Come along

for a pot luck beach BBQ at the yacht club end of Kohi beach on Tamaki

Drive. Plenty of parking available. Join in the fun of beach volleyball, frisbee, swim

or just relax with a glass of wine in your beach chair.

**Bring:** Your own meat, salad to share, own cutlery, glass, plate, alcohol and chair

**Cost:** Free

**Confirm by:** Saturday 14th December

**Contact:** David Verrall - 630 2588, 027 203 5508 or email

[gundesenverrall@xtra.co.nz](mailto:gundesenverrall@xtra.co.nz)



### SHAKESPEAR PARK WALK

Meet at the first car park on the left at Army Bay at end of

Whangaparaoa Road

Sunday 1st December - 10.30am

The walk starts in bush with a path along a stream. The remainder

of the walk is essentially over rolling parkland with views north to Kawau, east to

Barrier and Coromandel and south to Rangitoto and the city. After 2 hours arrive at

the bay. Return via another track which ends walking back along the bush walk.

Alternatively walk back along the road or leave a car at the bay before the start of

the walk for a shorter walk. 3 hour walk including time for lunch.

**Bring:** Boots or sturdy footwear, light back pack, suitable wet weather gear if

the forecast is damp, sun block and a picnic lunch and water.

**Contact:** Keith Edwards - 09 528 8696 or [kyted@xtra.co.nz](mailto:kyted@xtra.co.nz)



### OKATAINA WALK/MOUNTAIN BIKE RIDE

Lake Okataina near Rotoiti

Friday 6th to Sunday 8th December

Mountain Bike Ride is a Grade 3.

Bikers do a return trip 2 x 22.5 = 45km.

Walkers do one way – 22.5km. Will have transport at end point

Lake Okareka to get walkers home.

**Further info:** This is the Western Okataina Trail see

[www.doc.govt.nz](http://www.doc.govt.nz) – Rotorua Recreation Walks and [www.riderotorua.com](http://www.riderotorua.com)

**Bring:** Sleeping bag, camping beds, mobile home (sleeps 4) and bach (sleeps 4+)

Food for breakfast/lunch. We can eat out in the evenings

**Cost:** Meals

**Contact:** Hillary Scott - 09 520 5844, 021 258 4186 or

[hillary.scott.54@gmail.com](mailto:hillary.scott.54@gmail.com)



### HEAPHY TRACK, KAHURANGI NATIONAL PARK

27th to 30th December

Bus out of Nelson on the 26th December. Stay at Browns Hut. Stay at Perry

Saddle Hut on the 27th, James Mackay Hut on 28th and the Heaphy Hut on the

29th. Finish tramp on the 30th. Stay in Rongo Backpackers at Karamea

Bus back to Nelson YHA on the 31st and have New Year in Nelson.

You have to make your own arrangement for flights and book your

accommodation. (Be the fact that some people may want to stay at other

places). I will book the nuts and transport.

**Cost:** Nelson YHA \$32-\$35 a night

Rongo Backpackers \$30-\$35

**Contact:** Alan - 027 493 6850 or [a.grigg@xtra.co.nz](mailto:a.grigg@xtra.co.nz)

### WAIKAREMOANA GREAT WALK

27th to 31st December

Leave Auckland 27th December, travel to Waikaremoana. Stay at either Big

Bush Holiday Park or Waikaremoana Camp, Opourau Bay. Start the walk on

28th Dec reaching Panekire Hut (4 hours). 29th Dec Waioapoa Hut (4

hours). Third day walk 4/5 hours to Marauti Hut. Last day 31st, 4 to 5 hours

walking to the water which will return you to start point/cars. It's your choice

to stay or go on New Year Eve.

**Cost:** 3 nights @ \$22 per hut. Water taxi fee to be advised.

Accommodation depends on your option Plus car pooling/petrol costs.

**Contact:** David [gundesenverrall@xtra.co.nz](mailto:gundesenverrall@xtra.co.nz) - 630 2588 or 027 203 5508



## WINDSURFING, STAND UP PADDLEBOARDING & MELTEMI BEACH CATS



**Madloop Windsurfing, Lake Pupuke, 17 Sylvan Park Ave, Milford Saturday 18<sup>th</sup> January 2014 - 10:30 for an 11am start**

Two hours of fun to do all three if you want, or concentrate on one or two. This includes instruction in a simulator on land first for beginners to wind surfing, wetsuits and life jackets.

When booking please indicate if you want to do all three. Three people can go in the Meltemi Beach cat at a time.

Check out utube <http://www.youtube.com/watch?v=r7KXDEzVjPQ>

Further info: [www.madloop.co.nz](http://www.madloop.co.nz)

Lake Pupuke is an ideal place for water sports as you don't have to contend with the surf or tides. Lots of lunch places to choose from afterwards.

**Bring:** Bathing suit, towel.

**Cost:** Our special discount rate of \$50.00 per person for 2 hours

**Pay by:** Book now to secure a place and pay by 20th December 2013

**Contact:** Alison - 021 257 6741 or [a.philcox@clear.net.nz](mailto:a.philcox@clear.net.nz)

## NORTHLAND EXPLORER GETAWAY

**Auckland Anniversary Weekend - 24<sup>th</sup>-27<sup>th</sup> Jan 2014**

An expression of interest is sought. Discover the Hokianga over 3 days. Wairere Boulders, Tane Mahuta, Sand canyons, Rawene, Kohukohu, Horoeka Mission House, Clendon House and more. I have reserved 2 nights in Opononi with lots of adventures and optional side trips planned. Leaving Auckland after work Friday 24<sup>th</sup> January and overnight in Whangarei (you can leave early Friday if you wish). Contact me for an itinerary of planned events and optional things to do.

**Cost:** TBA

**Pay by:** Would need to pay accommodation for Opononi by end December

**Confirm by:** 15 Dec 2013

**Contact:** Libby Lyver - 021 137 1488 or [libby.lyver@gmail.com](mailto:libby.lyver@gmail.com)

## PIHA CANYON SCRAMBLE - PIHA

**Saturday 1<sup>st</sup> February 2014.**

**All day trip. Bus will pick us up from the Sky Tower approx. 8.00am** Traversing a volcanic rock valley with waterfalls, abseiling slots, jumps, caves and natural rock pools complete with sexy guide

**Further info:** [www.awoladventures.co.nz](http://www.awoladventures.co.nz) canyon trips/Piha canyon/full day. Wetsuits and lunch supplied. Lunch is filled rolls, chocolate and OJ.

**Bring:** Swimsuit, towel, change of warm clothes, hiking boots or trainers plus a dry pair to put on after, snacks, water

**Cost:** \$175 per person

**Pay by:** \$40 deposit to secure your place. Only 20 seats available and will be sold to the public also. Final payment due by 15<sup>th</sup> January

**Contact:** [irenepalmer@gmail.com](mailto:irenepalmer@gmail.com) - 021 236 9422 or 09 415 9605



## SCULPTURE IN THE GARDENS, AUCKLAND BOTANIC GARDENS

**Sunday 2<sup>nd</sup> February 2014 - 10am**

Sculpture in the Gardens is an outdoor exhibition of 23 large scale sculptures by NZ's best known, most talented and up-and-coming artists. The 2km trail takes you on a delightful walk through the garden collections at the Botanic Gardens. The outdoor show is complemented by live music, guided walks, gallery exhibition and an indoor exhibition.

Meet at the gardens at 10am. Lunch in the café after the exhibition.

**Bring:** Walking shoes and coat if weather looks showery

**Cost:** Free. Lunch at your cost

**Contact:** Libby Lyver - 021 137 1488 or [libby.lyver@gmail.com](mailto:libby.lyver@gmail.com)



## SAILING ON 'SPITFIRE'

**Waitemata Harbour - Depart from Westhaven**

**Saturday 8<sup>th</sup> February 2014**

Sail down the inner Hauraki Gulf Islands, share in the helming/sailing of the boat if you want to, climb a volcano or two, swim, drink, eat and get a tan.

All activities depend on the weather as to where we go and how many volcanoes we climb, but be assured you will have a great time rain, hail or sunshine.

**Bring:** Togs, towels, snorkel gear and all sun equipment, raincoat if weather looks dodgy (will keep you posted), a packed lunch and refreshments for the day, seasick tablets if so inclined.....keep in mind you are on a boat.....no HUGE picnic hampers unless it will feed all 10 of us.

**Cost:** \$110 per person

**Pay by:** \$30 deposit to secure your spot by 20<sup>th</sup> Dec. There is only room for 9 people so be in quick. Final payment by 1<sup>st</sup> Feb.

**Contact:** [irenepalmer@gmail.com](mailto:irenepalmer@gmail.com) - 09 415 9605 or 021 236 9422



## WAITAKERE WALK - KITEKITE FALLS, PIHA

**Sunday 9<sup>th</sup> February - 10am**

Meet in the car park at end of Glen Esk Road, Piha. Go through the gate.

After descending Piha Rd you will turn right into Glen Esk Rd.

2/12 hour loop walk. Moderate grade

**Bring:** Boots, suitable clothing, water

Food for a BBQ lunch in the picnic area after the walk

**Contact:** June Bell - 817 3093, 021 258 3013 or [fiveofsix48@hotmail.com](mailto:fiveofsix48@hotmail.com)



## TAPAPAKANGA REGIONAL PARK CAMPING WEEKEND

**Auckland Regional Park, Firth of Thames**

**Friday 28<sup>th</sup> Feb to 2<sup>nd</sup> March 2014**

Campsite at Tapapakanga looks out to the sea, with views of the Firth of Thames.

Facilities include toilets, tables, water, outdoor shower. 5 mins walk through bush to the beach side and historic farm house. Walking and mountain bike tracks. Fishing, canoeing, safe, sandy swimming tidal beach.

See web site <http://www.arc.govt.nz/>

Top sea view sites for campervans and tents. Water side sites for tents only.

**Bring:** All camping gear/ tents/ gas stove or BBQ. Swimming togs, walking shoes, bikes and helmets.

Own food and drink as nearest shop is Orere Point Campground.

Shared meal on Saturday night.

**Location:** 60 minute drive from Auckland CBD. Drive south on SH1. Take the Manurewa off ramp, head for Clevedon. From Clevedon follow the signs to Kawakawa Bay and turn right at the shop. Go 12.5km (past Orere Point) and turn off into Deery Rd to the Tapapakanga Park.

**Cost:** \$13 per night per person. Campsite takes 40 people

**Pay by:** ASAP

**Contact:** David Verrall - 630 2588, 027 203 5508 or [gundesenverrall@xtra.co.nz](mailto:gundesenverrall@xtra.co.nz)



## OREWA HALF MARATHON & 10KM RUN/WALK

**Orewa Beach**

**Sunday 13<sup>th</sup> April 2014**

Do the walk/run and finish with a BBQ at Sheila Jenkins' house.

Web-site to book for run/walk - <http://www.orewabeachhalfmarathon.com/>

Or just support the team and come to the BBQ.

**Bring:** Own food for the BBQ and BYO. Salad will be supplied.

Chair for outside use and togs/towel for a swim

**Contact:** Sheila Jenkins - 021 479 256, or [sjenks@clear.net.nz](mailto:sjenks@clear.net.nz)



### WATCH THIS SPACE FOR POSSIBLE EVENTS

> Pirongia Walk	David
> Port Waikato weekend	Raywyn
> BMW Racing	Irene/Libby
> Auckland city events	Gerry
> Wanganui River kayaking	Irene
> Dance night April	Leonie
> Monthly Dance Nights Ponsonby Sailing Club	Helene



**A Very Merry Christmas**

## MEMBERS - INTRODUCE A NEW MEMBER

If you introduce a new member and they join the Club you will get a credit of \$10 on your next TUAC membership renewal account.

"I acknowledge and accept that neither the Thumbs Up Adventure Club ("the club"), nor any other party associated with any activity arranged by or through the club shall have any responsibility for any liability, financial or otherwise, which might arise whether or not by negligence, from any direct or indirect loss, injury or death which might be sustained by me or any other party directly or indirectly associated with me, from my intended or actual participation in any event or its related activities."

