



Thumbs Up Adventure Club Inc.
www.tuac.co.nz

"The Thumbs Up Adventure Club is a social and active group of people who enjoy living life to the fullest"

President:	David Verrall	027 203 5508	Committee:	
Treasurer:	Libby Lyver	021 137 1488	Alison Philcox	021 257 6741
Secretaries:)	Helene Harper	838 6742	Vonnie Hill	021 399 139
)	June Bell	817 3093	Gerry Smith	520 5795
New Membership:	Raywyn Brinsden	021 455 863	Mike Maran	846 5350
Newsletter	Alan Grigg	027 493 6850	Hillary Scott	021 258 4186
Website:			Peter Gerrard	0276 964 997
			Janice Calvert	0274 605 704
			Suzanne Caron	021 175 6994
			Ann Melrose	021 157 6005

Our account details: ASB Bank 12-3014-0118011-00 - For internet banking - state your name, cost and event you are paying for. Please deposit cheques directly into the Club's bank account and email Libby (libby.lyver@gmail.com) the same information.

CHECK WITH EVENT ORGANISER THAT PLACES ARE AVAILABLE BEFORE MAKING ANY PAYMENT

Non members may attend some club events. Members have priority and a surcharge will be applied. Contact the event organiser directly

If you have confirmed you wish to go to an event where the ticket is pre-paid by the organiser, please pay by the due date. The ticket is still your responsibility to pay. You can sell it or give it away
If you cannot attend on the day, please advise the organiser immediately as they may have other people wishing to attend

August – September 2015

PAKURANGA ROTARY TRAIL CYCLE RIDE

Saturday 25th July at 10am

Park and meet at 10am at the end of Kerswill Place, Pakuranga.

Plenty of parking in the cul de sac

A mostly flat ride beginning on the cycle path, then onto quiet roads through Half Moon Bay Marina and onto Musick Point for wonderful harbour views, returning to the Marina for an early lunch at one of the newly opened cafes. Return along bike path. I will make decision if the ride will go ahead by 8.30am after I check the weather. Please phone or text me after that time to check if ride going ahead if you are unsure of the weather.

Bring: Own bike, water bottle, wet weather gear (just in case), helmet and suitable clothing for cycling

Cost: Ride is free, lunch at your cost

Confirm by: Wednesday 22nd July by email or phone mobile on the day

Contact: Libby Lyver - 021 137 1488 or libby.lyver@gmail.com



MOVIE WITH OPTIONAL DINNER & DRINKS

Rialto Cinema, Broadway, Newmarket

Sunday 26th July at 5pm

Meet at the Rialto Food Court at 5pm. Movies start around 6pm and as there are a choice of theatres, you can choose on the night which movie you would like to see. Movies advertised a week beforehand. An option is going to the local pub for a meal beforehand instead of the food court.

AA members have a 40% discount for Rialto Cinema. Tickets must be pre-purchased. Book online www.aa.co.nz/eventcinemas.

Bring: Yourself and a friend if you like

Cost: Movie (around \$18 or \$11 with AA discount), dinner and drinks

Pay by: On the night

Confirm: Thursday 23rd July for movies and/or dinner

Contact: Raywyn - raywynbrinsden@gmail.com or 021 455 863



MID WINTER FUN CYCLE RIDE

Okoroire Hot Springs Hotel

Sunday 26th July

Choose to ride either the 40km or 70km options on flat to undulating country roads in the Waikato. This will be held regardless of weather unless considered dangerous. Numbers are limited to 1000. Normal road rules apply. I'm doing the 40km ride which is mainly flat, with one reasonable gentle climb into Tirau, then an undulating road back to the Okoroire Hotel. Yes, it is winter, but wrap up warm and accept the challenge. If you want hot roast rolls afterwards these must be prepaid on your entry form. Only \$8.50

Registration from 8am - 9.45am. Riders briefing 9.45am. All must attend this.

Spot prizes drawn at 1.30pm. Further info <http://www.funcycling.net>

Car pooling available

Bring: Warm clothing for the ride and to change into afterwards

Cost: \$60 if paid before 22nd July, \$75 after that.

Pay by: Can register and pay online up to 25th July

Confirm by: Let me know when you have registered

Contact: Alison Philcox - 021 257 6741 or a.philcox@clear.net.nz



DOLPHIN THEATRE - RABBIT HOLE

12 Spring Street, Onehunga

Opening night - Saturday 1st August – Show starts 8pm

This is a mature heart breaking story by David Lindsay-Abaire and directed by Jan Saussey

Further info: Cash bar opens at 7.15pm

Cost: \$25 which includes tea, coffee and biscuits at half time, end of show glass of wine, sandwich and meet the cast

Contact: Ann Melrose – 021 157 6005, 636 5417 or

annmelrose@gmail.com



CROQUET

25 Dignan Street, Pt Chevalier

Sunday 2nd August 2pm – 4.30pm

Drive in and park at the Pt Chevalier Bowling Club carpark or there is plenty of street parking. The Pt Chevalier Croquet club is situated behind the bowling club.

Have a go and get introduced to Croquet. A non-strenuous work out for the brain and body. This is an easy game of skill and tactics. It is an underrated game and everyone will be surprised by how good the game is. Mike has arranged for the club members to be on site to give us some tuition. We can divide up into teams of 2 or 4's.

Bring: Flat sole shoes and sunhat. Croquet mallets and balls supplied.

Cost: \$5pp everything supplied, including tea or coffee in the club rooms after

Contact: Mike Maran – 846 350, 0274 784 779 or

mikemaran10@gmail.com



LAVA CAVING AUCKLAND

84 Landscape Road, Mt Eden
Saturday 8th August at 2pm

Experience a guided lava cave tour under Mt Eden. You will be amazed what is hiding under our roads and houses. Our guide will be Peter Crossely, a caver with over 40 years experience. Duration 1½ hrs. There are no spaces that you need to crawl through, but be prepared to do a bit of caving. You will learn all about the history of this cave system and what has been used for over the years. Be in quick as spaces are limited.

Bring: A TORCH!! Wear all clothes, helmet/beanie, gloves, old shoes or gumboots. Change of clothes; if raining could be some slight dampness.

Cost: \$15 – Limit 10 people (Donation goes to International Missionary d working in worst hit areas in Nepal)

Pay by: 2nd August

Contact: Vonnice Hill – 021 399 139 or aries0333@gmail.com

ALL BLACKS -V- AUSTRALIA & POT LUCK DINNER

Saturday 15th August at 5:30pm

11 Edgewater Grove, Orewa

Come along for Dinner and drinks first, then watch the All Blacks game.

Bring: A pot luck contribution to the meal and your own drinks. Please advise if you are bringing nibbles, a main or dessert.

Cost: Nil

Confirm by: Friday 14th August

Contact: David Verrall - 09 426 9588, 027 203 5508 or

gundesenverrall@xtra.co.nz



TEN PIN BOWLING

AMF Panmure, 523A Ellerslie Panmure Highway

Saturday 22nd August

A fun night out with friendly competition followed by dinner at Spices Thai, 71 Lunn Avenue, Mt Wellington.

I have booked two lanes and two games. Arrive 4.30pm for 5pm start. Random team draw.

Cost: \$9.90 per game or \$14.90 for 2 games

Seniors \$7.90 per game or \$12.90 for 2 games

Pay by: On the night

Confirm by: 7th August

Contact: Peter Gerrard - 027 696 4997 or p.gerrard29@gmail.com



POT LUCK DINNER & PARLOUR GAMES

160 Main Highway, Ellerslie

Saturday 29th August at 6.30pm

After dinner, those who want to can team up to play a modern version of an old parlour game. Lots of laughs guaranteed.

Bring: Food to share and own drinks. Please advise if you are bringing a main, salad, vegetable dish or dessert

Cost: Nil

Confirm by: 22nd August

Contact: Jackie Humphrey - 525 1164, 021 167 4253 or

jackiehumphreynz@yahoo.com



GRABONE - COROMANDEL ESCAPE

Abbey Court Motel, Coromandel

Saturday 5th to Sunday 6th September

Only 4 spaces left for this trip so be in quick if you want to come. Catch the 360 Discovery ferry at 8.45 am on the Saturday with your bike if you have one, or you can catch the free shuttle into Coromandel if not bringing a bike. Overnight at Abbey Court Motel (shared accommodation). Dinner out on Saturday at a local pub.

Sunday optional kayaking or exploring Coromandel by bike or on foot. Return ferry 4.30 Sunday afternoon (2hr trip). Further details to follow once GrabOne voucher/ticket purchased.

Further info: GrabOne special ends midnight tonight. If you don't have a GrabOne account contact me urgently on Thursday night and I will buy one for you. Can ring me up until 1pm.

Cost: \$45.00 for the return ferry trip if you get the GrabOne special, otherwise full fare is \$90 return. Accommodation around \$46.50 per person. Kayaking around \$35 each for 3 hrs (to be confirmed)

Pay by: GrabOne (by credit card when you buy the voucher if purchasing yourself – otherwise pay to Libby if bought for you). If you have your own GrabOne account, log into www.grabone.co.nz and search for 360 Discovery. Click on the \$45 figure and this will take you to the Buy page. Accommodation and kayaking on arrival in Coromandel.

Confirm by: Please let me know if you book your GrabOne voucher tonight

Contact: Libby Lyver - 021 137 1488 or libby.lyver@gmail.com

CURLING

Paradice Ice Rink, 150 Lansford Crescent, Avondale

Sunday 6th, 13th, 20th or 27th September 5pm - 7pm

Dinner afterwards at Doolan Brothers, 570 Hillsborough Road, Lynfield

Please express your interest to me ASAP - we need a minimum of 8 people.

I will let you know when Paradise come up with an available date

Bring: Wear warm clothing

Cost: \$25 for Curling – fees, equipment and instruction

Pay by: When date confirmed by Paradise

Contact: Hillary - 021 258 4186, 520 5844 or hillary.scott.54@gmail.com

SATURDAY MORNING WALK – ORAKEI BASIN

Saturday 12th September at 10am

Meet at 2/36 Ngapipi Road, Orakei at 10am for a walk around Orakei Basin - around Shore Road to Parnell. We will have lunch at La Cigale market then walk back along Tamaki Drive.

Duration approx. 3 hours

Bring: Jacket and walking shoes, money for market

Cost: Nil

Confirm by: Just arrive

Contact: Gerry – 09 520 5795



HOWICK LITTLE THEATRE – MARY'S WEDDING

1 Sir Lloyd Drive, Lloyd Elsmore Park, Pakuranga.

Saturday 19th September at 8pm

A thunderstorm creates a chance meeting between a young man and woman, both seeking shelter in the same barn in rural Canada. She's an English immigrant, he's a local about to do his duty in World War I. As their love story unfolds through honest, intimate storytelling, *Mary's Wedding* provides an elegant and theatrical look at life, love and war using a captivating dreamscape to weave past and present together.

Cost: \$28.00 (Seniors with Gold Card \$24.00)

Book online at www.hlt.org.nz or ring Theatre ph.534 1406

Confirm by: Saturday 5th September

Contact: Janice Calvert - 027 460 5704 or jcalvert@slingshot.co.nz



COAST TO COAST VIA BUS, WALK AND RAIL

Onehunga to Onehunga

Sunday 20th September at 10am

TUAC event to experience and utilise all forms of Auckland transport. Meet at 10am outside the main entrance at the Onehunga railway station bottom of Onehunga Mall. The rail station carpark has a P60 sign, so you may have to park nearby in the surrounding streets. From here we will walk across the road to catch the 10.10am No 334 bus to Newmarket. We will get off at Newmarket and walk to the city via some of the interesting side streets via Middleton/Basset Road to St Stephens Road and join up on the Tamaki Drive onto the Britomart Rail Station to return back to Onehunga on the new electric trains. The trains depart on the half hour. We can stop for brunch at any of the multitude of cafes on route.

This trip is rated as easy and suitable for all and should take us up to 3½ hours to complete.

Bring: Walking shoes, water and snacks.

Cost: Cash or your Hop card for the bus and train fare

Contact: Mike Maran – 846 350, 0274 784 779 or mikemaran10@gmail.com



MUSICAL - HAPPY DAYS

Glen Eden Playhouse Theatre, 15 Glendale Road, Glen Eden

Saturday 26th September 2015 at 8pm

Happy Days is a new musical based on the TV series featuring the unforgettable 'King of Cool' Arthur 'The Fonz' Fonzarelli. It includes 21 original songs by Oscar, Grammy and Golden Globe award winning Hall of Fame songwriter Paul Williams including the much loved Happy Days theme song from the TV show. *Happy Days* is guaranteed to get feet tapping, hearts warmed and is bound to rock the night away. We will have dinner at the nearby La Rosa Italian Restaurant at 6pm

Bring: Yourself, a friend and money for dinner

Cost: \$30 for seniors, \$35 for others

Pay by: 1st September 2015

Confirm by: 1st September 2015

Contact: Helene Harper - 021 921 068 or Heleneh47@xtra.co.nz



OREWA BEACH AND ESTUARY WALK & BBQ

Sunday 27th September - Meet at 1.30pm

Meet at Orewa Surf Club beach front parking area, off Hibiscus Coast Highway. Beach and Orewa River estuary walkway. Flat and easy to walk – can be extended for the keen and super fit. Followed by a BBQ at 11 Edgewater Place, Orewa

Bring: Walking shoes, warm clothing and snack/drink for approx 2 hour walk.

Food: If you are staying for the BBQ - BYO meat and drinks and a plate to share – salad/nibbles/dessert

Cost: No cost

Contact: David Verrall - 027 203 5508 or gundesenverrall@xtra.co.nz



TABLE TENNIS ROUND ROBIN - GIVE IT A GO
Auckland Table Tennis Association, 99a Gillies Avenue,
Newmarket (Parking available)
Saturday 3rd October 3pm - 5pm



Meet at 2.30pm. Will play 5 games as single or doubles, depending on numbers
Dinner afterwards at Doolan Brothers, 414 Khyber Pass Road, Newmarket
Bring: Suitable shoes for table tennis
Cost: \$15
Pay by: 1st September 2015
Confirm by: 15th August 2015
Contact: Hillary - 021 258 4186, 520 5844 or hillary.scott.54@gmail.com

WUNDERRUMA JEWELLERY EXHIBITION
Auckland Art Gallery, Corner Wellesley and Kitchener Streets, CBD
Saturday 10th October

Wunderruma: New Zealand Jewellery is curated by two of the country's most prominent jewellers, Karl Fritsch and Warwick Freeman, and displays the largest collection of contemporary New Zealand jewellery. The exhibition shows treasures the curators found in their exploration of adornment in Aotearoa New Zealand. It includes works from more than 75 contemporary artists, as well as Māori taonga (treasure) and Pacific and historical jewellery.
Meet at 10.30 outside front entrance. Optional lunch nearby afterwards
Bring: A friend if you like
Cost: Free
Confirm by: Wed 7th October
Contact: Libby Lyver - 021 137 1488 or libby.lyver@gmail.com

KOWHAI FESTIVAL - WARKWORTH
Saturday 17th October - Meet at 10am, Carpool



Meeting place advised closer to date
The Huge Day Out starts at 9am. Festivities and stalls are set amongst gorgeous scenery, with delicious food and wine, talented artists and musicians. www.kowhaifestival.co.nz to read more.
Cost: Entry by gold coin
Contact: David Verrall - 027 203 5508 or gundesenverrall@xtra.co.nz

AUCKLAND MARATHON, HALF MARATHON & 12KM RUN/WALK
Finish line at Victoria Park
Sunday 1st November 2015



The Auckland Marathon has several runs/walks to choose from and is a major Auckland event which has overseas entrants from various countries. All events except the 5km Run/Walk go over the Harbour Bridge.
I will be doing the 12km Walk which starts at Smales Farm and will be catching an event bus from Victoria Park at 8am. As everyone goes at their own pace we will organise a meeting place at Victoria Park at the end.
The Marathon and Half Marathon starts in Devonport. This event sells out quickly so you need to book early before entries close.
Cost: \$75 for the 12km Run/Walk which includes a tee shirt.
See Auckland Marathon web page for cost of other events
Pay by: Book on the website
Confirm by: Let me know by 15th October so I can organise meeting places etc
Contact: Helene Harper - 021 921 068 or Heleneh47@xtra.co.nz

WEST COAST WILDERNESS CYCLING TRAIL & ARTHURS PASS DAY WALKS



Saturday 26th December 2015 to 4th January 2015
Anyone keen to join in for part or all of this adventure??
Basic itinerary - 26th December fly to Christchurch, shuttle to Greymouth and spend four days cycling the West Coast Wilderness Trail
31st December - Shuttle to Arthurs Pass and spend four days doing day walks from Arthurs Pass Village or relaxing
For more detailed information contact Jeanette ASAP as flights and accommodation booking up.
Contact: Jeanette - 416 5574 or jeanette@orcon.net.nz

QUEEN CHARLOTTE SOUNDS
Tuesday 29th December 2015 to Saturday 2^d January 2016



We have 18 people already booked in the lodges, so if you are interested, you must get in now.
Details: A standard 5 day Independent Walk Package, 4 days tramping - 3 days tramping (3rd day a long 8 hour tramp) to The Portage, stay for 2 days over New Year then the final day to Anakiwa.
Further info: Packs transported. We will also be staying in lodges at night (no camping I can hear the sigh of relief already!). The track is 70kms long
Package includes water taxi to and from your Picton accommodation to the track, luggage transfers, packed lunch each day and information pack including track guide.
Cost: \$810 pp - single room an additional \$410 pp
A \$200 pp deposit is required with booking with the remainder due one month prior to departure.
Credit card details can be safely submitted on a secure online system at www.wildernessguidesnz.com
Contact: Alan - alangrigg11@gmail.com

JOKE

A bloke goes to the local council to apply for a job in the office
The interviewer asks him, "Are you allergic to anything?"
He replies "Yes, caffeine."
"Have you ever worked for the public service before?"
"Yes, I was in the army," he says, "I was in Iraq for two tours."
The interviewer says, "That will give you 5 extra points toward employment."
Then he asks, "Are you disabled in any way?"
The guy says, "Yes. A mine exploded near me when I was there and I lost both of my testicles".
The interviewer grimaces and then says, "OK, You've got enough points for me to take you on right away. Our normal hours are from 8am to 4pm.... but you can start tomorrow at 10am - and carry on starting at 10am every day."
The bloke is puzzled and asks, "If the work hours are from 8am to 4pm, why don't you want me here until 10am? I'm not looking for any special treatment y'know"
"What you have to understand is that this is a council job" the interviewer says, "for the first two hours, we just stand around drinking coffee and scratching our bollocks. There's no point in you coming in for that."

FOR SALE

Vaque tramping boots US size 10 /41.5 Euro size.
Worn twice in like new condition.
Retail value \$379.00 - Sale price \$130.00
Contact: Helene Harper -021 921 068 or heleneh47@xtra.co.nz



MEMBERS - INTRODUCE A NEW MEMBER

If you introduce a new member and they join the Club you will get a credit of \$10 on your next TUAC membership renewal account

"I acknowledge and accept that neither the Thumbs Up Adventure Club ("the club"), nor any other party associated with any activity arranged by or through the club shall have any responsibility for any liability, financial or otherwise, which might arise whether or not by negligence, from any direct or indirect loss, injury or death which might be sustained by me or any other party directly or indirectly associated with me, from my intended or actual participation in any event or its related activities."