



Thumbs Up Adventure Club Inc.
www.tuac.co.nz

"The Thumbs Up Adventure Club is a social and active group of people who enjoy living life to the fullest"

President:	David Verrall	027 203 5508	Committee:	
Treasurer:	Libby Lyver	021 137 1488	Alison Philcox	021 257 6741
Secretaries:)	Helene Harper	838 6742	Vonnie Hill	021 399 139
)	June Bell	817 3093	Gerry Smith	520 5795
New Membership:	Helene Harper	838 6742	Mike Maran	846 5350
Newsletter	Alan Grigg	027 493 6850	Hillary Scott	021 258 4186
Website:			Peter Gerrard	0276 964 997
			Janice Calvert	0274 605 704
			Ann Melrose	021 157 6005
			Raywyn Brinsden	021 455 863

Our account details: ASB Bank 12-3014-0118011-00

**For internet banking - state the event you are paying for. If paying your subs please enter invoice number
Please deposit cheques directly into the Club's bank account and email Libby (libby.lyver@gmail.com) the same information.**

CHECK WITH EVENT ORGANISER THAT PLACES ARE AVAILABLE BEFORE MAKING ANY PAYMENT

Non members may attend some club events. Members have priority and a surcharge will be applied. Contact the event organiser directly

**If you have confirmed you wish to go to an event where the ticket is pre-paid by the organiser, please pay by the due date.
The ticket is still your responsibility to pay. You can sell it or give it away
If you cannot attend on the day, please advise the organiser immediately as they may have other people wishing to attend**

April 2016 – May 2016

THE BIG EASY, NAPIER – EASTER 2016

Friday 25th March to Monday 28th March 2016

Bring your bike for the 45km Big Easy ride from Havelock North to Napier. This is run on Easter Saturday and includes a concert in one of the vineyards after the ride. Lots of buskers en route while biking along Napier's fabulous bike paths. Other activities will be planned over the weekend.
Contact: Libby Lyver - 021 137 1488 or libby.lyver@gmail.com



*We have recently spent a fabulous 2 days at Thames having demonstrations of making 5 different cheeses. Great for people who have had this on their bucket lists or who are into natural products, foodie things that go with wine...
Carol and David V*

CYCLE RIDE HENDERSON CREEK RIDE & OPANUKU STREAM

Saturday 2nd April 2016 at 9am

Meet and park at the Waitakere Trusts Stadium on Central Park Drive. A 2 hour easy to moderate ride with a variety of scenery, from cycling along the river banks, through some of the back parks to join up with the recently opened cycleway along the North Western motorway. All the cycle ways are on designated shared pathways. The earlier start of 9am is to avoid the afternoon heat.

Option: For those with more energy and enthusiasm we can cycle through the back streets to Ranui with the bike directional road signs clearly marked. There is only 1 short steep hill on Vintage Drive, and no hills on the return.

We can stop for morning tea either in the park, Ranui or in Henderson. Mike and Peter have already done a famil. The ride will be led by both leaders

Bring: Your bike, water, snacks, Hi Vis vest.

Cost: Nil

Contact: Mike Maran - 846 5350 or mikemaran10@gmail.com

or Peter Gerrard - 0276 964 997 or p.gerrard29@gmail.com



CHEESEMAKING DEMONSTRATION COURSES

by Katherine Mowbray - Renowned Cheesemaker

11 Edgewater Grove, Orewa

Friday 8th April 2016 6:30pm to 8:30pm – Mozzarella

Saturday 9th April 10.30am to 2pm - Feta, Halloumi, Ricotta & Mascarpone. All these cheeses are suitable for vegetarians

Friday night - Mozzarella is a wonderful little hand stretched cheese that follows many of the important steps of the cheesemaking process. It only requires 2 litres of milk so that within 1½ hours you can be eating the cheese. Very exciting!

Saturday - Make and eat 4 more cheeses - Feta, Halloumi, Ricotta, Mascarpone.

It's a very social lunch with bread, crackers and a glass of wine

Bring: Pen and paper to add your own notes to provided recipes. BYO wine

Cost: Friday night \$30, Saturday \$120. Attend both sessions for \$150 and you also get Katherine's Making Cheese at Home book worth \$30

Pay by: 23rd March 2016

Confirm by: 23rd March 2016 but please contact David if you are interested so we can get an idea of numbers.

Contact: David Verrall – 027 203 5508, 09 426 9588 preferred if you are leaving a message or gundesenverrall@xtra.co.nz



THE HILLARY TRAIL (Section 2) – WAITAKERES

Saturday 9th April 2016 – Times of meet will be advised

The second section we will be doing is from Karamatura Campground to Whatipu which is 10kms and will take us approx 5 hours.

We will all meet at Karamatura Campground. From there we will arrange carpooling once I know how many people are taking part.

This is the second of 6 sections of the Hillary Trail.

Bring: Clothing appropriate for the Waitakeres

Water, snacks and lunch

Confirm by: ASAP no later than 7th April

Contact: Alan Grigg - 0274 936 850 or better still alangrigg11@gmail.com



PRESENTATION BY JEREMY SCOTT

The Commerce Club of Auckland (CT Club)

27- 33 Ohinerau Street, Remuera

Wednesday 6th April 2016

Optional - Meet 6pm for a meal beforehand. Presentation starts at 7pm

Further Info: See Jeremy's website jeremyscott.com.au

<https://www.flickr.com/photos/quinsadventure/albums/72157651694443951>

Bring: Questions to ask him

Cost: \$10 donation to NZ Heart Foundation

Pay by: 1st April

Confirm by: 1st April (so I can let CT club know approximate numbers for the meal)
(Please email me – with 'Presentation' as subject)

Contact: Hillary Scott – 021 258 4186 or hillary.scott.54@gmail.com

TREE ADVENTURE

Boundary Road, Woodhill Forest, Waimauku
Sunday 10th April at 10am

Ever wondered what it felt like to be Tarzan flying through the trees, or wanted to do something to build up confidence with heights, then join us at the Tree Adventures in Woodhill Forest.

After an introduction and instructions about how to hook yourself on you can gradually move through the treetops.

It is very safe and you are attached at all times. There are various levels which you can choose, depending on how comfortable you feel. Tree Hugging, Monkey'n Around, Branching Out, High Flyer and Tarzan's Test.

I thought we would go to the Branching Out level for starters. This can be changed on arrival if there are those who want to be more daring. You will need to do this on arrival and pay \$2 extra for each additional level. Look up the website so you can see exactly what this is about. Just Google Tree Adventures.

Bring: Sturdy shoes (not sandals), water, a light shower jacket if it's raining but you need to be able to move around.

Cost: \$34 to the Branching Out level with a minimum of 10 people.
We will find a place to have some lunch afterwards so bring money for that if you would like to join in.

Pay by: 20th March

Confirm: ASAP so we can ensure this date and time but definitely by 14th March.

Contact: Helene Harper - 021 921 068 or helene47@xtra.co.nz

YOU CAN ALWAYS HAND THEM BACK BY ROGER HALL

Sky City Theatre

Saturday 16th April show starts at 8pm

Maurice and Kath's kids have left home. The nest is empty and a life of gin, golf and overseas jaunts awaits. That is until the grandchildren arrive. With grace and good humour, old rhythms are given a new life as they embrace the delights and demands of bath time, babysitting and bundles of joy. Roger Hall puts the grand into grandparenting in a charming and tuneful collaboration with UK musical legend Peter Skellern. Packed with laughter and tinged with tears, this is a vintage kiwi comedy with a heart of gold that no grandparent will want to miss and no would be grandparent should.

Cost: Adult \$60 – Seniors \$55 (includes \$1 towards booking fee)
This is the early bird and group price so need to pay before 6th March to get this price

Contact Alison Philcox – 021 257 6741 or a.philcox@clear.net.nz



OREWA HALF MARATHON, 10K or 5K FUN RUN/WALK

Orewa Surf Club, Hibiscus Coast Highway, Orewa

Sunday 17th April 2016

Meet at the Orewa Surf Club. Run/Walks start at the following times: Half Marathon 8am, 10K 8.30am, 5K 9.30am, Awards Ceremony 11am
Do the Run/Walk followed by a BBQ at Sheila's home after the prize giving and spot prizes. Book on website:

<https://www.runningcalendar.co.nz/orewa-beach-half-marathon/>
Please advise when you have booked and I will let you know my address.

Bring: Food and drink for BBQ

Confirm by: 15th April

Cost: Half Marathon \$45, 10K \$40, 5K \$30
(includes Racing Event sun visor and drink bottle)

Pay: Online

Contact: Sheila Jenkins - 021 479 256, 09 426 9599 or sheilly.jenkins@gmail.com



BITCHIN BINGO - NOT YOUR NANA'S BINGO!!!

Doolans, Cnr Khyber Pass and Kingdom Street, Newmarket

Wednesday 20th April 2016 at 7.30pm sharp

Optional Classic Pub Grub Dinner at 6.30pm, please confirm if you want dinner prior to show

Bring: A sense of humour

Cost: Meal only

Confirm by: 13th April 2016 or asap

Contact: Ann - 021 157 6005, 636 5417 or annmelrose@gmail.com



EAST AUCKLAND WALK - FISH AND CHIPS

Tahuna Torea and Churchill Park

Saturday 23rd April 2016 at 2pm

Meet at 70c Riddell Road Glendowie, Walk over the hill to Glendowie Park, then onto the Sandspit of Tahuna Torea, and around the circle bush walkway back to the park. Over into Churchill Park for good views over East Auckland and back to the cars for an evening of talking over fish and chips. Walk will take 2-3 hrs. Please park on the road, we are the third place down a driveway marked by a big stone with the word Stoneleigh.

Bring: Good footwear as you will be on some road, beach and pathways.

Cost: Cash for the fish and chips so we can all get one order.

If you do not want fish and chips please bring your own supplies.

Confirm by: 22nd April.

Contact: Bill or Chris Frayling - 021 770 769, 585 1380 or billfrayling@xtra.co.nz



PUHOI RIVER KAYAK

Sunday 24th April at 9.30am

Start at Puhoi opposite the Church of Saints Peter and Paul. Leisurely paddle along the Puhoi River which meanders from the Bohemian village 8km to the scenic Wenderholm Regional Park.

On finishing this river adventure, we can either have lunch at the Puhoi Hotel, or get fish & chips at the next store

Bring: Sunblock, change of clothes, Rain/wind parka, drink, snack and a smile

Cost: \$50 Kayak and lunch money

Confirm by: 10th April. Be quick, places are limited

Contact: David Verrall – 09 426 9588, 027 203 5508 or gundesenverrall@xtra.co.nz



THE HILLARY TRAIL (SECTION 3) WAITAKERES

30th April 2016-times of meet will be advised

The third section will be going from Karekare to Piha which is 9km. This will entail more road tramping than we normally do. We will be carpooling as the first two sections.

Bring: Clothing appropriate for the Waitakeres
Water, snacks and lunch

Confirm: ASAP - no later than 25th April

Contact: Alan Grigg - 0274 936 850 or better still alangrigg11@gmail.com



HOME FRONT – EXPERIENCES OF THE 1ST WORLD WAR

Auckland Museum, Auckland Domain

Sunday 1st May at 10am

Life at home during the First World War was shaped by events half a world away and the experience of absence and loss was almost universal for those who remained at home. Uncertainty pervaded everything. While some communities pulled together, others were torn apart by differences of opinion. Drawing from the museum's collection, the exhibition includes personal keepsakes, family portraits, postcards and letters which tell the stories of NZ families separated from each other by war.

Meet at 10am at the front of the Auckland Museum. Lunch afterwards at the Wintergarden Cafe

Cost: Museum free with either museum card or proof of residence in Auckland ie library card, power bill etc.

Lunch your cost.

Confirm by: Friday 29th April

Contact: Libby Lyver - 021 137 1488 or libby.lyver@gmail.com



YIKE BIKE AND HOVERCRAFT

Pakuranga (Will confirm exact place once you have booked)

Saturday 7th May 2016 at 11.30am

Yike bikes are super light, battery powered, folding Kiwi invention.

It is easy to ride but takes some getting used to. Check out the links below. Everyone will help launch the hovercraft and putting the yike bikes together. This will be followed by a training session on the bikes. Once you have got the hang of that, you will be left to it to take turns on the yike bikes. While that is going on, people will be taken one at a time for an adrenaline fuelled 5 minute blast on the hovercraft. Allow 2 – 3 hours.

Further info: <http://www.yikebike.com> and www.gethigh.co.nz

Bring: Wear shorts or trousers. Helmets are optional but provided

Cost: \$100.00

Pay by: 22nd April (Limited to the first 12 people who book so you may want to pay sooner to secure your place)

Confirm by: 1st April

Contact: Alison Philcox - 021 257 6741 or a.philcox@clear.net.nz



CRIMES OF THE HEART BY BETH HENL

Dolphin Theatre, Spring Street, Onehunga

Saturday 14th May at 8pm

A charming black comedy set in a small Mississippi town which won the 1981 Pulitzer Prize for Drama see www.dolphintheatre.org

Optional dinner at Thai Archer, Campbells Road, Royal Oak at 6.15pm

Cost: \$22 includes tea and coffee at half time, sausage rolls/hot savouries and club sandwiches after show concludes

Please pay on the night

Confirm by: 2nd May 2016

Contact Ann – 021 157 6005, 636 5417 or annmelrose@gmail.com



THE BIG BIKE FILM NIGHT

Academy Theatre, 44 Lorne Street, City

Tuesday 24th May at 8pm

The collection of ten short stories has everything an audience could want, action, drama and plenty of humour, a hint of romance to make you fall in lovewith your bike!!

If any TUAC members would like to join our Tuesday bike ride group to see this film. I would need to book online to cover seats as a group booking

Cost: \$20 plus \$1 booking fee each

Confirm by: ASAP – it is only on for 2 nights in Auckland

Payment: TUAC bank account

Contact: Ann – 021 157 6005, 636 5417 or annmelrose@gmail.com



AGM

Tuesday 31st May at 7.15pm

Commerce Club of Auckland (CT Club), 27-33 Ohinerau St, Remuera

Be there at 6pm for a meal first or 7.15pm for the AGM.

Interactive mystery guest speaker at 8.15pm.

Bring: Yourself and a friend

Cost: Free – there is a door prize

Dinner at your cost

Confirm by: Fridy 22nd May if coming for dinner, Monday 25th May if attending AGM only.

Contact: David Verrall – 027 203 5508 or gundesenverrall@xtra.co.nz

MID WINTER MYSTERY BUS TOUR

Sunday 26th June 2016 at 9.30am

Meet CT Club carpark, 27-33 Ohinerau Street Remuera for 9.30am

as we have a timetable for our driver Rob to keep

Bus leaves at 9.30am and return time 6pm

Join in for a fun day out. Sharpen up your brain on recent events for some Trivial Pursuit to win a prize. Bus door prize on the day

Bring: Clothing for the day and flat shoes

A sense of adventure

Cost: \$60 includes bus, lunch and activities. This is a subsidised event for TUAC members. Limited to 30 people

Pay by: 16th June

Confirm by: 16th June

Contact: June Bell 817 3093, 021 258 3013 or fiveofsix48@hotmail.com



BRISBANE CYCLE TOUR

Saturday 20th August to Sunday 28th August 2016

Expressions of interest are wanted for this week long bike tour covering the Brisbane city bike paths and incorporating the Whale Trail Tour. The tour will be personalised for TUAC members by Bushranger Bikes. Great cycling, fantastic accommodation and food, and a package that offers the ultimate relaxing cycling adventure holiday, sun, sand, blue water and skies and whales – perfect!

Dates have been firmed up and given to our personal tour guide who is coming up with a plan so work around these dates. Aiming to arrive in Brisbane Sat 20th and depart Sunday 28th. Only a few places left so get in quick.

Further details: Check out their website for more info on the Whale Trail component of this tour.

<http://www.bushrangerbikes.com.au/Southeastqldwhaletrail.htm>

Costs: Work on around \$2000 all-inclusive plus return airfares

Contact: Libby Lyver - 021 137 1488 or libby.lyver@gmail.com



WORLD OF WEARABLE ARTS, WELLINGTON

Friday 30th September to 2nd October 2016

Show is Saturday 1st October at 8pm

Cost: Ticket for show \$170 - for premium plus seating.

Airfare and accommodation extra.

Pay for ticket by 31st January 2016 to secure your place.

Please remember if you book this event, and find yourself unable to go, it will be your responsibility to find a replacement, and honour your accommodation booking.

Contact: June Bell - 021 258 3013 or fiveofsix48@hotmail.com or

Libby Lyver- 021-137-1488 or libby.lyver@gmail.com



WEB-SITE "GALLERY?"

For all you Event participants who take wonderful photos -why not share them with everyone else on our web-site

Email your photos to Rob Bell on trekkerrob@gmail.com

JOKE

Two hillbillies walk into a restaurant.

While having a bite to eat, they talk about their moonshine operation.

Suddenly, a woman at a nearby table, who is eating a sandwich, begins to cough.

After a minute or so, it becomes apparent that she is in real distress.

One of the hillbillies looks at her and says, 'Kin ya swallar?'

The woman shakes her head no.

Then he asks, 'Kin ya breathe?' The woman begins to turn blue and shakes her head no.

The hillbilly walks over to the woman, lifts up her dress, yanks down her drawers and quickly gives her right-butt cheek a lick with his tongue.

The woman is so shocked that she has a violent spasm and the obstruction flies out of her mouth.

As she begins to breathe again, the Hillbilly walks slowly back to his table.

His partner says, 'Ya know, I'd heerd of that there 'Hind Lick Maneuver' but I ain't niver seed nobody do it!'

CLOSED

MEMBERS – INTRODUCE A NEW MEMBER

If you introduce a new member and they join the Club you will get a credit of \$10 on your next TUAC membership renewal account

"I acknowledge and accept that neither the Thumbs Up Adventure Club ("the club"), nor any other party associated with any activity arranged by or through the club shall have any responsibility for any liability, financial or otherwise, which might arise whether or not by negligence, from any direct or indirect loss, injury or death which might be sustained by me or any other party directly or indirectly associated with me, from my intended or actual participation in any event or its related activities."